# **CERTIFICATE OF COVERAGE**

LOCAL 802 MUSICIANS

HEALTH FUND 370126- D2 DIRECT HMO

rempireblue com

Si necesita ayuda en español para entender este documento, puede solicitarla sin costo adicional, llamando al número de servicio al cliente que aparece al dorso de su tarjeta de identificación o en el folleto de inscripción.



An Anthem Company

Services provided by English Head of Charles Source Recomplishing Financial Re

35903NYMENERS Rev. 10/25

## HIPAA Notice of Privacy Practices Effective July 1, 2007

# THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

We keep the health and financial information of our current and former members private as required by law, accreditation standards, and our rules. This notice explains your rights. It also explains our legal duties and privacy practices. We are required by federal law to give you this notice.

# YOUR PROTECTED HEALTH INFORMATION

We may collect, use, and share your Protected Health Information (PHI) for the following reasons and others as allowed or required by law, including the HIPAA Privacy rule:

**For Payment:** We use and share PHI to manage your account or benefits; or to pay claims for health care you get through your plan. For example, we keep information about your premium and deductible payments. We may give information to a doctor's office to confirm your benefits.

For Health Care Operations: We use and share PHI for our health care operations. For example, we may use PHI to review the quality of care and services you get. We may also use PHI to provide you with case management or care coordination services for conditions like asthma, diabetes, or traumatic injury.

**For Treatment Activities:** We do not provide treatment. This is the role of a health care provider such as your doctor or a hospital. But, we may share PHI with your health care provider so that the provider may treat you.

**To You:** We must give you access to your own PHI. We may also contact you to let you know about treatment options or other health-related benefits and services. When you or your dependents reach a certain age, we may tell you about other products or programs for which you may be eligible. This may include individual coverage. We may also send you reminders about routine medical checkups and tests.

**To Others:** You may tell us in writing that it is OK for us to give your PHI to someone else for any reason. Also, if you are present, and tell us it is OK, we may give your PHI to a family member, friend or other person. We would do this if it has to do with your current treatment or payment for your treatment. If you are not present, if it is an emergency, or you are not able to tell us it is OK, we may give your PHI to a family member, friend or other person if sharing your PHI is in your best interest.

As Allowed or Required by Law: We may also share your PHI, as allowed by federal law, for many types of activities. PHI can be shared for health oversight activities. It can also be shared for judicial or administrative proceedings, with public health authorities, for law enforcement reasons, and to coroners, funeral directors or medical examiners (about decedents). PHI can also be shared for certain reasons with organ donation groups, for research, and to avoid a serious threat to health or safety. It can be shared for special government functions, for workers' compensation, to respond to requests from the U.S. Department of Health and Human Services and to alert proper authorities if we reasonably believe that you may be a victim of abuse, neglect, domestic violence or other crimes. PHI can also be shared as required by law.

Services provided by Empire HealthChoice HMO, Inc., licensee of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield plans.

If you are enrolled with us through an employer sponsored group health plan, we may share PHI with your group health plan. We and/or your group health plan may share PHI with the sponsor of the plan. Plan sponsors that receive PHI are required by law to have controls in place to keep it from being used for reasons that are not proper.

**Authorization:** We will get an OK from you in writing before we use or share your PHI for any other purpose not stated in this notice. You may take away this OK at any time, in writing. We will then stop using your PHI for that purpose. But, if we have already used or shared your PHI based on your OK, we cannot undo any actions we took before you told us to stop.

#### YOUR RIGHTS

Under federal law, you have the right to:

- Send us a written request to see or get a copy of certain PHI or ask that we correct your PHI that
  you believe is missing or incorrect. If someone else (such as your doctor) gave us the PHI, we will
  let you know so you can ask them to correct it.
- Send us a written request to ask us not to use your PHI for treatment, payment or health care operations activities. We are not required to agree to these requests.
- Give us a verbal or written request to ask us to send your PHI using other means that are reasonable. Also let us know if you want us to send your PHI to an address other than your home if sending it to your home could place you in danger.
- Send us a written request to ask us for a list of certain disclosures of your PHI.

Call Customer Service at the phone number printed on your identification (ID) card to use any of these rights. They can give you the address to send the request. They can also give you any forms we have that may help you with this process.

#### **HOW WE PROTECT INFORMATION**

We are dedicated to protecting your PHI. We set up a number of policies and practices to help make sure your PHI is kept secure.

We keep your oral, written, and electronic PHI safe using physical, electronic, and procedural means. These safeguards follow federal and state laws. Some of the ways we keep your PHI safe include offices that are kept secure, computers that need passwords, and locked storage areas and filing cabinets. We require our employees to protect PHI through written policies and procedures. The policies limit access to PHI to only those employees who need the data to do their job. Employees are also required to wear ID badges to help keep people who do not belong, out of areas where sensitive data is kept. Also, where required by law, our affiliates and non-affiliates must protect the privacy of data we share in the normal course of business. They are not allowed to give PHI to others without your written OK, except as allowed by law.

#### POTENTIAL IMPACT OF OTHER APPLICABLE LAWS

HIPAA (the federal privacy law) generally does not preempt, or override other laws that give people greater privacy protections. As a result, if any state or federal privacy law requires us to provide you with more privacy protections, then we must also follow that law in addition to HIPAA.

#### COMPLAINTS

If you think we have not protected your privacy, you can file a complaint with us. You may also file a complaint with the Office for Civil Rights in the U.S. Department of Health and Human Services. We will not take action against you for filing a complaint.

#### CONTACT INFORMATION

Please call Customer Service at the phone number printed on your ID card. They can help you apply your rights, file a complaint, or talk with you about privacy issues.

#### **COPIES AND CHANGES**

You have the right to get a new copy of this notice at any time. Even if you have agreed to get this notice by electronic means, you still have the right to a paper copy. We reserve the right to change this notice. A revised notice will apply to PHI we already have about you as well as any PHI we may get in the future. We are required by law to follow the privacy notice that is in effect at this time. We may tell you about any changes to our notice in a number of ways. We may tell you about the changes in a member newsletter or post them on our website. We may also mail you a letter that tells you about any changes.

#### STATE NOTICE OF PRIVACY PRACTICES

As we told you in our HIPAA notice, we must follow state laws that are more strict than the federal HIPAA privacy law. This notice explains your rights and our legal duties under state law.

## YOUR PERSONAL INFORMATION

We may collect, use and share your nonpublic personal information (PI) as described in this notice. PI identifies a person and is often gathered in an insurance matter. PI could also be used to make judgments about your health, finances, character, habits, hobbies, reputation, career, and credit.

We may collect PI about you from other persons or entities such as doctors, hospitals, or other carriers.

We may share PI with persons or entities outside of our company without your OK in some cases.

If we take part in an activity that would require us to give you a chance to opt-out, we will contact you. We will tell you how you can let us know that you do not want us to use or share your PI for a given activity.

You have the right to access and correct your Pl.

We take reasonable safety measures to protect the PI we have about you.

A more detailed state notice is available upon request. Please call the phone number printed on your ID card.



## **GROUP CONTRACT**

This Group Contract ("Contract") is entered into by and between LOCAL 802 MUSICIANS HEALTH FUND

("Group") and Empire HealthChoice HMO, Inc. d/b/a Empire BLUE CROSS BLUE SHIELD

("Empire") (individually referred to as "Party" and together collectively referred to as the "Parties") upon the following terms and conditions:

#### **ARTICLE 1 - PURPOSE**

Group has requested Empire provide health insurance coverage to its eligible Employees or other individuals as described in the Certificate of Coverage. Upon Empire's receipt and acceptance of Group's signed application and payment of the first Premium, this Contract will be deemed executed by Group. This Contract supersedes any prior agreements between the Parties regarding the subject matter of this Contract. Empire's standard policies and procedures, as they may be amended from time to time, will be used in the performance of services specified in this Contract and the provision of benefits contained in the Certificate of Coverage. Those policies and procedures will not be contrary to the description of the benefits in the Certificate of Coverage.

#### **ARTICLE 2 – DEFINITIONS**

In this Contract, the following terms will have the meanings shown below. Capitalized terms used in this Contract that are not defined below are defined in the Certificate of Coverage.

- A. Anniversary Date. The date that this Contract will renew shall be: 05/01
- B. Certificate of Coverage. The document that describes the medical or other health care benefits provided by Empire, including any amendments or schedules.
- C. Contract. The entire agreement between the Parties including: (1) this Contract and any amendments and schedules; (2) the Certificate of Coverage and any amendments; (3) the Group application; and, (4) any individual enrollment information, as each may be updated from time to time.
- D. Employee. Actively employed individuals, owners, partners or other individuals designated by Group who meet the eligibility criteria in the Certificate of Coverage and any additional eligibility criteria set forth by the Group. These individuals must complete any probationary period required by Group and satisfy Empire's eligibility guidelines, consistent with applicable laws. Retirees are also eligible for coverage under this Contract, if applicable.
- E. Group Health Plan or Plan. A benefits plan established by the Group as described in the plan documents, which includes the Certificate of Coverage.
- F. **Member.** An individual, including the Subscriber and any Dependents, that meets the eligibility criteria and has enrolled for coverage under this Contract.
- G. **Subscriber**. An [Employee; Union Member; Association Member; Plan Participant] that meets the eligibility criteria and has enrolled for coverage under this Contract.

Services provided by Empire HealthChoice HMO, Inc., licensee of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield plans.

#### ARTICLE 3 - OBLIGATIONS OF EMPIRE

- A. Empire will provide medical or other health care benefits under the terms of this Contract and the Certificate of Coverage. Empire will not provide benefits for health care services provided: (1) before a Member's first day of coverage under this Contract; (2) after the termination of coverage; or, (3) during any period that full Premium has not been paid, except as required by law.
- B. Empire will provide either electronic or paper copy of materials such as Certificates of Coverage, ID cards and Provider directories, as permitted under applicable law. Group will assist in the distribution of materials if requested by Empire. Empire will provide paper copies of electronic materials, upon request.
- C. Empire will process the enrollment of eligible individuals, subject to the terms of this Contract and receipt of applicable Premium. Empire will maintain current Member eligibility information submitted by Group.
- D. Empire will process claims, including investigating and reviewing the claims to determine what amount, if any, is due and payable according to the terms and conditions of this Contract and the Certificate of Coverage. Empire has the right to make benefit payments to either Providers or Members as described in the Certificate of Coverage. Empire will coordinate with other payors, including Medicare, as described in the Certificate of Coverage. Empire will give notice in writing when a claim for benefits has been denied. The notice will provide the reasons for the denial and the right to an Appeal of the denial under the terms of the Certificate of Coverage.
- E. Empire is responsible for pursuing recoveries of claim payments as appropriate. Empire shall determine which recoveries it will pursue. However, Empire will not pursue a recovery if the cost of collection is likely to exceed the recovery amount, or if the recovery is prohibited by law or an agreement with a Provider or other vendor.
- F. Group is responsible for complying with Employee Retirement Income Security Act ("ERISA") reporting requirements, as applicable; however, Empire will provide Group available data necessary for preparation of the ERISA Form 5500. The Certificate of Coverage provided by Empire does not satisfy all requirements of ERISA for a Summary Plan Description, but may be incorporated into the Summary Plan Description issued by Group. Empire is under no obligation to provide any other type of data reports to Group, except as otherwise agreed to by the Parties or required by law.
- G. Empire may facilitate the provision of wellness programs offered by Group, as described in the Certificate of Coverage. Group will pay any fees for these wellness programs, if indicated in the Quote Summary.
- H. Empire shall not: (1) adjust Premiums based on genetic information; (2) request genetic testing, except to determine medical appropriateness; (3) collect genetic information from a Member in connection with enrollment; or, (4) collect genetic information for any other purpose.

#### **ARTICLE 4 – OBLIGATIONS OF GROUP**

A. Group will provide initial eligibility information in the format agreed to by the Parties, as well as notice of additions, deletions, and changes to enrollment. Group will also provide any information reasonably required by Empire to administer this Contract, including information regarding: (1) eligibility for enrollment and termination of Members; (2) changes in single or family coverage status; (3) changes due to Medicare eligibility; or, (4) contribution and participation levels. If the Group fails to so advise Us, the Group will be responsible for the cost of any claims paid by Us as a result of such failure. In no event will retroactive additions to or deletions from coverage be made for periods in excess of thirty (30) days.

- B. Group will notify each Plan Participant as the Plan Participant becomes eligible for enrollment, and will collect and submit to Empire enrollment or waiver of coverage information. Group will also keep a record of Plan Participants who do not apply. All information provided by Group to Empire will be true, accurate and complete to the best of its knowledge. In addition, Group will provide an open enrollment period as agreed to by the Parties and consistent with state and federal law.
- C. Group will timely notify Empire of any Member termination or loss of eligibility for coverage. Empire may limit retroactive terminations to a maximum of 60 days prior to the date notice is received. Also, if Empire has provided benefits for individuals no longer eligible, Empire may collect from Group any paid claim amounts not otherwise recovered by Empire.
- D. Group must comply with Empire's applicable underwriting rules that are consistent with applicable laws.
- E. Group will promptly notify Empire if there is a change in Group's status as either a large group or small group, as defined under applicable law. In such event, Group will provide all information requested by Empire about its status.
- F. If Group maintains a Grandfathered Health Plan, as that term is used in the Patient Protection and Affordable Care Act ("PPACA"), Group will not make any changes to such Plan, including changes to Group contribution levels, without giving Empire advance written notice of the intent to change such Plan. Also, at Empire's request, Group will confirm in writing that it has not made changes to its Plan that would cause the Plan to lose its grandfathered status. If Group makes changes to a Grandfathered Health Plan without notice to Empire, the Plan may lose grandfathered status, and significant penalties or fines may be assessed against Group and Empire. If Group makes changes to its Plan and does not provide advance notice to Empire, Group agrees to reimburse Empire for any penalties, fines or other costs assessed against Empire.
- G. Group agrees to distribute and deliver to its Plan Participant and Dependents, the Summary of Benefits and Coverage ("SBC") provided by Empire as required by federal law. The SBC must be provided with open enrollment materials or, if Group does not hold an open enrollment, at least 30 days prior to the Anniversary Date. Group will issue an updated SBC if the benefits change between the time of original distribution and the effective date of coverage. SBCs must also be provided to new enrollees and special enrollees. Group may distribute the SBC either electronically or by paper, subject to the requirements of applicable law. If requested by Empire, Group will certify its compliance with the SBC distribution requirements. Group agrees to reimburse Empire for any penalties, fines or other costs assessed against Empire, if Group fails to comply with these requirements.

Group will timely notify Empire of requested benefit changes prior to the Anniversary Date. A request for benefit changes after the renewal of this Contract may delay the effective date of the benefit changes by at least 60 days and require a notice of material modification.

- H. Group is responsible for all applicable requirements pertaining to COBRA administration, unless otherwise agreed to in writing by Empire. If Empire has agreed to perform any COBRA administration duties on behalf of Group, such arrangement will be described in a separate agreement.
- PPACA requires a group benefit design to meet certain minimum levels of actuarial value. The amount of Group's contribution to any HRA, HSA or Wrap Plan is included in the calculation of these actuarial values. Group must notify Empire if it changes its contribution amount to any HRA, HSA or Wrap Plan, and agrees to reimburse Empire for any penalties, fines or other costs assessed against Empire resulting from Group's change in contribution.
- J. If Group offers multiple benefit plans insured by more than one carrier, Group will offer Empire coverage to all Plan Participants at terms and contribution levels that are no less favorable than those offered by other carriers.

## ARTICLE 5 - CHANGES TO CONTRACT AND CERTIFICATE OF COVERAGE

- A. Empire may modify the terms of the Certificate of Coverage, upon renewal, by giving at least 60 days advanced written notice prior to the Anniversary Date of this Contract. Group can also propose changes to the terms of the Certificate of Coverage at any time by giving written notice of any such requested change to Empire. The effective date of such requested changes to the Certificate of Coverage shall be agreed to by the Parties. In addition, Empire may modify the terms of this Contract, other than the terms of the Certificate of Coverage and the Premium rates, upon renewal, by giving 30 days advanced written notice to Group of such changes.
- B. Empire may change the Premium rates or other amounts due under this Contract, upon renewal, by providing written notice to Group at least 60 days before the effective date of such change. However, such notice requirement will not apply to changes in Premium rates that are the result of changes in benefit provisions requested by Group.
- C. An amendment to this Contract will not be effective unless signed by an officer of Empire. If any change to the Contract or the Certificate of Coverage, including Premium amounts, is unacceptable to Group, Group has the right to terminate coverage under this Contract by giving written notice of termination to Empire before the effective date of the change. Payment of the new amount in the event of a Premium rate change, or continued payment of the current amounts in the event of a Contract or Certificate of Coverage change only, will constitute acceptance of the change by Group, without the necessity of securing Group's signature on the schedule or amendment. The schedule or amendment will then become a part of this Contract.

## ARTICLE 6 - PREMIUM AND GRACE PERIOD

- A. The Premium rates for coverage under this Contract are provided in the Quote Summary. Premium rates are based on the data provided by Group, consistent with applicable laws. Empire may retroactively modify the Premium rates, consistent with applicable law, if the data provided by Group, is inaccurate or new data is submitted that varies from the data previously provided to Empire.
- B. The full invoice amount, including Premium, taxes, fees or assessments, must be paid in advance by Group on or before the invoice due date. Empire does not have an obligation to accept a partial payment. Group must make payments regardless of any contributions to those payments by Subscribers. Even if Group has not received an invoice from Empire, Group is still obligated to pay, at a minimum, the prior invoice amount.
- C. Group is entitled to a 31 day period beginning on the invoice due date (the "Grace Period"), for the payment of any Premium or other amounts due. If, during the Grace Period, Group pays the full amounts owed, this Contract will remain in force.
- D. Empire may assess additional fees or charges if indicated in the Quote Summary.
- E. For any rebate due and payable by Empire as a result of the medical loss ratio ("MLR") requirements of PPACA or applicable state law, all such rebates paid will constitute a return of Premium. Group will promptly provide Empire with any information needed to calculate the rebate amount upon request. Empire reserves the right to pay the rebate to either Group or Subscribers.

If Empire pays the rebate to Group, Group will promptly refund to each Subscriber his or her proportional share of the rebate according to the requirements of PPACA. On request, Group will provide to Empire documentation required under PPACA of the distribution of the rebate to Subscribers. Group agrees to provide such documentation within the time frame designated by Empire.

If Empire receives a claim relating to the amount of the Subscriber's rebate, Group will cooperate with Empire and provide Empire with information required to investigate the claim. If Empire is required to pay additional amounts to a Subscriber due to Group's failure to provide accurate information, make a refund, or refund less than the amount due, Group must reimburse Empire for such additional amounts paid. This provision survives the termination of the Contract.

#### **ARTICLE 7 - TERMINATION**

Coverage under this Contract will automatically be terminated on the first of the following to apply. In all cases of termination, unless otherwise noted below, Empire will provide at least 30 days prior written notice to the Group.

- 1. The Group and/or Subscriber has failed to pay Premiums within 30 days of when Premiums are due. Coverage will terminate as of the last day for which Premiums were paid.
- 2. The date on which the Subscriber ceases to meet the eligibility requirements as defined by the Group.
- 3. Upon the Subscriber's death, coverage will terminate unless the Subscriber has coverage for Dependents. If the Subscriber has coverage for Dependents, then coverage will terminate as of the last day of the month for which the Premium has been paid.
- 4. For Spouses in cases of divorce, the date of the divorce.
- 5. For Children, until the Child turns the maximum age indicated on the Schedule of Benefits section of this Contract.
- 6. For all other Dependents, the day in which the Dependent ceases to be eligible.
- 7. The end of the month during which the Group or Subscriber provides written notice to Us requesting termination of coverage, or on such later date requested for such termination by the notice.
- 8. If the Subscriber has performed an act that constitutes fraud or made an intentional misrepresentation of material fact in writing on his or her enrollment application, or in order to obtain coverage for a service, coverage will terminate immediately upon written notice of termination delivered by Us to the Subscriber. However, if the Subscriber makes an intentional misrepresentation of material fact in writing on his or her enrollment application we will rescind coverage if the facts misrepresented would have led Us to refuse to issue the coverage. Rescission means that the termination of Your coverage will have a retroactive effect of up to Your enrollment under the Contract.
- 9. The date that the Group Contract is terminated. If We terminate and/or decide to stop offering a particular class of group contracts, without regard to claims experience or health related status, to which this Contract belongs, We will provide the Group and Subscribers at least 90 days' prior written notice.
- 10. If We elect to terminate or cease offering all hospital, surgical and medical expense coverage in the small group market in this state, We will provide written notice to the Group and Subscriber at least 180 days prior to when the coverage will cease.
- 11. The Group has performed an act or practice that constitutes fraud or made an intentional misrepresentation of material fact under the terms of the coverage.

- 12. The Group has failed to comply with a material plan provision relating to Group participation rules. We will provide written notice to the Group and Subscriber at least 30 days prior to when the coverage will cease.
- 13. The Group ceases to meet the statutory requirements to be defined as a group for the purposes of obtaining coverage. We will provide written notice to the Group and Subscriber at least 30 days prior to when the coverage will cease.
- 14. The date there is no longer any enrollee who lives, resides, or works in Our Service Area.

No termination of coverage shall prejudice the right to a claim for benefits which arose prior to such termination.

#### **ARTICLE 8 - NOTICES**

- A. Any required notice under this Contract will be deemed sufficient when made in writing and delivered by first class mail; personal delivery; electronic mail, as permitted by law; or overnight delivery with confirmation capability. Such notice will be deemed to have been given as of the date of the mailing. Empire will provide notice to Group's principal place of business as shown on Empire's records. Group will provide notice to its designated Empire representative.
- B. If requested by Empire, Group will distribute notices and other communications to Members. Group will notify all Members of the termination of this Contract.
- C. Empire's receipt and deposit of a payment through its automatic payment procedures or other procedures will not be deemed acceptance of a late payment or waiver of termination. Group will promptly notify Members that this Contract is or will be terminated, and will provide any notice regarding a Member's right to other coverage. Empire will not provide benefits coverage for medical services rendered after the effective date of termination, except as otherwise provided in the Certificate of Coverage or required by law.
- D. If this Contract terminates for nonpayment of an invoice amount due, Group may request reinstatement of this Contract according to Empire's policies and procedures, which may include the payment of a reinstatement fee. Empire will determine whether the Contract will be reinstated, and notify Group of its decision. If Empire reinstates the Contract, the coverage will resume as of the date the Contract terminated. If Empire does not reinstate the Contract, it will return any unearned Premium to Group.
- E. In addition, this Contract may also be terminated in the following circumstances:
  - 1. with written notice to Group, if Group commits fraud or makes an intentional misrepresentation of material fact with respect to this Contract.
  - with written notice to Group, as required by applicable law, that the Contract will be terminated because Empire is discontinuing the particular type of health benefits product elected by Group, Empire will no longer issue group health coverage within the large group market, or for any other reason permitted by law.
  - with written notice to Group, if there is no longer any Subscriber under the Plan who lives or works in Empire's Service Area.
  - 4. as of the date Group membership in an association, labor union or other entity applicable to Group coverage ceases, or the date that entity's coverage with Empire ceases.

# ARTICLE 9 - LIMITATION ON ACTIONS AND GOVERNING LAW

- A. No action may be brought to recover benefits for any service covered under this Contract unless the required notice or proof of claim has been given to Empire within the time frame required under the Certificate of Coverage, and such action is commenced no later than 2 years following the date that the notice or proof of claim has or should have been provided to Empire.
- B. Except to the extent preempted by ERISA or any other applicable federal law, this Contract will be governed by and construed according to the laws of New York. All claims or actions arising under this Contract will be heard in a court of competent jurisdiction in New York.

## **ARTICLE 10 - NO WAIVER**

The waiver by any party of any breach of any provision of the Certificate will not be construed as a waiver of any subsequent breach of the same or any other provision. The failure to exercise any right hereunder will not operate as a waiver of such right. No course of dealing between Group and Empire will operate as a waiver of any right or obligation under this Contract.

## **ARTICLE 11 - ASSIGNMENT**

Neither Party may assign all or part of this Contract without first obtaining the written consent of the other Party. However, subject to applicable laws, Empire may assign all or part of its duties and obligations to: (1) another qualified insurance carrier under an assumption reinsurance arrangement; (2) any affiliate or successor in interest of Empire; or, (3) another qualified insurance carrier surviving a merger, reorganization, sale, or similar event involving Empire or Empire's assets. Any assignee under this Contract must continue to fulfill all Contract obligations.

#### **ARTICLE 12 - SERVICE MARKS**

This Contract constitutes a contract solely between Group and Empire. Empire is an independent corporation operating under a license with the Blue Cross and Blue Shield Association ("Association"), an association of independent Blue Cross and Blue Shield Plans, permitting Empire to use the Blue Cross and/or Blue Shield Service Marks in a portion of the State of New York. Empire is not contracting as the agent of the Association. Group has not entered into this Contract based upon representations by any person other than Empire. No person, entity, or organization other than Empire will be held accountable or liable to Group for any of Empire's obligations provided under this Contract. This paragraph will not create any additional obligations on the part of Empire, other than those obligations contained in this Contract.

#### **ARTICLE 13 - CONTRACT ADMINISTRATION**

- A. Empire has the authority to determine eligibility for benefits under the Contract. Empire also has the authority to resolve all questions arising under the Certificate of Coverage and to establish and amend the policies and procedures with regard to the administration of benefits under the Certificate of Coverage. In addition, Empire has all powers necessary or appropriate to carry out its duties in connection with the performance of services under this Contract. Empire's authority to determine eligibility for benefits shall be exercised consistently with the provisions of the Contract, the Certificate of Coverage, Provider agreements, and applicable law.
- B. Empire may waive or modify any Referral, authorization, or certification requirements, benefit limits, or other processes contained in the Certificate of Coverage if such waiver is in the best interest of the Member or will facilitate effective and efficient claims administration.
- C. Empire may institute, from time to time, pilot or test programs regarding disease management, utilization management, case management or wellness initiatives. A pilot or test program may impact some, but not all Members. Empire reserves the right to discontinue a pilot or test program at any time without notice.

- D. Empire will have sole responsibility for resolving Appeals from claim decisions, consistent with state and federal law. If Group receives a question or complaint regarding benefits under this Contract, Group will advise the Member to contact Empire.
- E. All statements made by Group and any Member will be considered representations and not warranties.
- F. Empire assumes only those responsibilities that are expressly stated in this Contract. Nothing contained in this Contract will be construed to deem Empire as Plan Sponsor, Plan Administrator or a Named Fiduciary for purposes of ERISA.
- G. Empire may delegate any of its responsibilities under this Contract without the consent of Group. Empire shall remain responsible to Group for fulfilling its obligations under this Contract.

#### ARTICLE 14 - RELATIONSHIP OF THE PARTIES

Group and Empire are separate legal entities. Nothing in this Contract will cause either Party to be deemed a partner, agent or representative of the other Party. Neither Party will have the expressed or implied right or authority to assume or create any obligation on behalf of the other Party.

#### **ARTICLE 15 - INTERPLAN PROGRAMS**

A. Out-of-Area Services – Empire has a variety of relationships with other Blue Cross and/or Blue Shield Licensees referred to generally as "Inter-Plan Programs." Whenever Members access Covered Services outside the geographic area Empire serves, the claim for those Covered Services may be processed through one of these Inter-Plan Programs and presented to Empire for payment in accordance with the rules of the Inter-Plan Programs policies then in effect. The Inter-Plan Programs available to Members are described in the Certificate of Coverage.

Typically, when a Member obtains medical care outside Empire's geographic service area, the Member accesses care from a Provider that has a contractual agreement (i.e., are "participating providers") with the local Blue Cross and/or Blue Shield Licensee in that other geographic area ("Host Blue"). In some instances, Members may obtain care from non-participating providers. Depending on the Member's benefit plan, Empire may cover only a limited number of services, such as emergency or urgent care, outside of Empire's geographic service area. Please refer to the Certificate of Coverage for more information on what services are covered outside of Empire's geographic service area.

- B. BlueCard® Program Under the BlueCard Program, when Members access Covered Services within the geographic area served by a Host Blue, Empire will remain responsible to Group for fulfilling Empire's contractual obligations. However, in accordance with applicable Inter-Plan Programs policies then in effect, the Host Blue will be responsible for providing such services as contracting and handling substantially all interactions with its participating providers. The financial terms of the BlueCard Program are described generally below. Individual circumstances may arise that are not directly covered by this description; however, in those instances, our action will be consistent with the spirit of this description.
- C. Liability Calculation Method Per Claim The calculation of the Member liability on claims for Covered Services processed through the BlueCard Program will be based on the lower of the participating provider's billed covered charges or the negotiated price made available to Empire by the Host Blue. Host Blues may use various methods to determine a negotiated price, depending on the terms of each Host Blue's provider contract. This is described in more detail in the Certificate of Coverage. Note: When negotiated pricing applies, the BlueCard Program requires that the price submitted by a Host Blue to Empire is a final price irrespective of any future adjustments based on the use of estimated or average pricing.

D. Return of Overpayments – Under the BlueCard Program, recoveries from a Host Blue or its participating providers can arise in several ways, including, but not limited to, anti-fraud and abuse recoveries, healthcare provider/hospital audits, credit balance audits, utilization review refunds, and unsolicited refunds. In some cases, the Host Blue will engage a third party to assist in identification or collection of recovery amounts. Recovery amounts determined in these ways will be applied in accordance with applicable Inter-Plan Programs policies, which generally require correction on a claim-by-claim or prospective basis.

## ARTICLE 16 - HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT

- A. All capitalized terms used in this Article have the same meaning as defined in the Health Insurance Portability and Accountability Act of 1996 ("HIPAA").
- B. Empire may disclose Summary Health Information to Group for purposes of obtaining Premium bids from other carriers or third party payers, or amending or terminaling the Plan.
- C. Empire may disclose Personal Health Information ("PHI") to Group for it to carry out Plan administration functions, but such disclosure may occur only after receipt of certification from Group that: (1) Group's Plan documents comply with the privacy requirements of HIPAA; (2) Group has provided notice to affected individuals as required by HIPAA; and (3) PHI will not be used for the purpose of employment-related actions or other actions not related to administration of benefits under the Plan.
- D. Empire will comply with any additional disclosure restrictions required by state and federal law.

#### **ARTICLE 17 - MISCELLANEOUS**

- A. Empire agrees to treat all proprietary information about Group's operations and its Plan in a confidential manner. Group agrees to treat all information about Empire's business operations, discount information, and other proprietary data in a confidential manner. Neither Party will disclose any such information to any other person without the prior written consent of the Party to whom the information pertains. However, Empire may disclose such information to its legal advisors, lenders, business advisors, and other third parties for commercial or research purposes. Empire may also make such disclosures as required or appropriate under applicable securities laws. If a Party is required by law to make a disclosure of any proprietary information, the disclosing Party will immediately provide written notice to the other Party detailing the circumstances of and extent of the disclosure.
- B. Each Party retains ownership of the materials and processes it develops in connection with the services provided under this Contract, and neither conveys ownership rights in its materials and processes nor acquires ownership rights in the other Party's materials and processes by entering into this Contract or performing its obligations under this Contract. Nothing in this Contract shall impair or limit a Party's right to use and disclose its materials and processes for its own lawful business purposes.
- C. By performing the services under this Contract, Empire is not engaged in the practice of medicine; it merely makes decisions regarding the coverage of services. Providers participating in Empire networks are not restricted from exercising independent medical judgment regarding the treatment of their patients, regardless of Empire's coverage determinations.

D. If any provision of this Contract is found to be invalid, illegal or unenforceable under applicable law, order, judgment or settlement, such provision will be excluded from the Contract and the remainder of this Contract will be enforceable and interpreted as if such provision is excluded.

Laurence D. Schrieben

Lawrence G. Schreiber President



This is Your

## DIRECT HMO CERTIFICATE OF COVERAGE

**GROUP NAME: LOCAL 802 MUSICIANS** 

**HEALTH FUND** 

**GROUP NUMBER:** 370126- D2 **EFFECTIVE DATE:** 05/01/2016

Issued by Empire HealthChoice HMO, Inc.

This Certificate of Coverage ("Certificate") explains the benefits available to You under a Group Contract between Empire HealthChoice HMO, Inc. (hereinafter referred to as "We", "Us", or "Our") and the Group. This Certificate is not a contract between You and Us. Amendments, riders or endorsements may be delivered with the Certificate or added thereafter.

**In-Network Benefits.** This Certificate only covers in-network benefits. To receive in-network benefits You must receive care exclusively from Participating Providers in the Network applicable to Your plan as indicated in the Schedule of Benefits section of this Certificate. Except for care for an Emergency or urgent Condition described in the Emergency Services and Urgent Care section of this Certificate, You will be responsible for paying the cost of all care that is provided by Non-Participating Providers.

READ THIS ENTIRE CERTIFICATE CAREFULLY. IT DESCRIBES THE BENEFITS AVAILABLE UNDER THE GROUP CONTRACT. IT IS YOUR RESPONSIBILITY TO UNDERSTAND THE TERMS AND CONDITIONS IN THIS CERTIFICATE.

This Certificate is governed by the laws of New York State.

Jay H. Wagner Corporate Secretary

Jay 71. Wagner

Lawrence G. Schreiber President

Laurence S. Schreiber

# **SCHEDULE OF BENEFITS**

Dependent Child(ren) age limit:	Coverage lasts until the end of the month in which the Child turns 26.
Dependent Child(ren) coverage through Age 29:	Not applicable, see age limit listed above
Provider Network applicable to this Certificate	HMO Network
Benefit Period	Calendar Year

COST-SHARING	Participating Provider  Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	
Individual     Family	None None	Non-Participating Provider services are not covered except as required for Emergency Care.	
Out-of-Pocket Limit Individual Family	\$0 \$0	Non-Participating Provider services are not covered except as required for Emergency Care.	,
OFFICE VISITS	Participating Provider  Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Primary Care Office Visits (or Home Visits)	\$20 Copayment	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
Medications Administered in Office	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	
Specialist Office Visits (or Home Visits)	\$20 Copayment	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
Medications Administered in Office	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	
Telemedicine Program	\$20 Copayment	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description

PF	REVENTIVE CARE	Participating Provider	Non-Participating Provider	Limits
		Member Responsibility for Cost-Sharing	Member Responsibility for Cost-Sharing	
•	Well Child Visits and Immunizations*	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
•	Adult Annual Physical Examinations*	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
•	Adult Immunizations*	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
•	Routine Gynecological Services/Well Woman Exams*	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
•	Mammography Screenings*	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
•	Sterilization Procedures for Women*	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
•	Vasectomy	Use Cost-Sharing for appropriate Service	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
•	Bone Density Testing*	Use Cost-Sharing for appropriate Service	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
• .	Screening for Prostate Cancer	Use Cost-Sharing for appropriate Service	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
•	All other preventive services required by USPSTF and HRSA.	Use Cost-Sharing for appropriate Service	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
ser pro with guid	hen preventive vices are not vided in accordance the comprehensive delines supported by PSTF and HRSA.	Use Cost-Sharing for appropriate Service	Non-Participating Provider services are not covered and You pay the full cost	

EMERGENCY CARE	Participating Provider  Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Pre-Hospital Emergency Medical Services (Ambulance Services)	Covered in full	Covered in full	See benefit for description
Non-Emergency Ambulance Services	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
Emergency Department Copayment waived if Hospital admission	\$50 Copayment	\$50 Copayment	See benefit for description
Urgent Care Center	\$35 Copayment	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description Out-of-network
			covered same as in-network for an Emergency Condition
PROFESSIONAL SERVICES and OUTPATIENT CARE	Participating Provider  Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
Acupuncture	\$20 Copayment	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
Advanced Imaging Services  Performed in a Freestanding Radiology Facility or Office Setting	\$20 Copayment	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
Performed as     Outpatient Hospital     Services	\$20 Copayment	Non-Participating Provider services are not covered and You pay the full cost	

Allergy Testing and	· _ · · · · · · · · · · · · · · · · · ·		O b C(C
Treatment			See benefit for
Testing	·		description
- Performed in a	Covered in full	Non-Participating Provider	
PCP Office	Govered III Idii	services are not covered	
, 5. 555		and You pay the full cost	
	1	and rou pay the fall cost	
<ul> <li>Performed in a</li> </ul>	Covered in full	Non-Participating Provider	
Specialist Office		services are not covered	,
		and You pay the full cost	
Treatment			
<ul> <li>Performed in a</li> </ul>	Covered in full	Non-Participating Provider	
PCP Office	Í	services are not covered	
		and You pay the full cost	
D. C.	0		
- Performed in a	Covered in full	Non-Participating Provider	
Specialist Office		services are not covered	
		and You pay the full cost	
Ambulatory Surgical	\$0	Non-Participating Provider	See benefit for
Center Facility Fee	Copayment	services are not covered	description
22.110. 7 20.1113 7 20	Образіноні	and You pay the full cost	description
		and roa pay the fall cost	
Anesthesia Services	Covered in full	Non-Participating Provider	See benefit for
(all settings)	·	services are not covered	description
		and You pay the full cost	
	-		·
Autologous Blood	Use Cost-Sharing for	Non-Participating Provider	See benefit for
Banking	appropriate Service	services are not covered	description
		and You pay the full cost	
Cardiac and Pulmonary			0
Rehabilitation	1		See benefit for
Kenabilitation			description
Performed in a	Covered in full	Non-Participating Provider	
Specialist Office	2370100 III IUII	services are not covered	·
Oposiano: Otinos		and You pay the full cost	
•			
<ul> <li>Performed as</li> </ul>	Covered in full	Non-Participating Provider	
Outpatient Hospital		services are not covered	
Services		and You pay the full cost	1.
<ul> <li>Performed as</li> </ul>	Included as part of inpatient	Non-Participating Provider	
Inpatient Hospital	Hospital service Cost-	services are not covered	
Services	Sharing	and You pay the full cost	

Chemotherapy	1		See benefit for
,		·	description
<ul> <li>Performed in a PCP</li> </ul>	Covered in full	Non-Participating Provider	
Office	·	services are not covered	
		and You pay the full cost	
Performed in a	Covered in full	Non-Participating Provider	
Specialist Office	Ostolog III Idii	services are not covered	
Specialist Since		and You pay the full cost	
<ul> <li>Performed as</li> </ul>	Covered in full	Non-Participating Provider	
Outpatient Hospital	<u> </u>	services are not covered	
Services		and You pay the full cost	
Chiropractic Services			See benefit for
Chinopraduo Corvidos			description
Performed in an	\$20	Non-Participating Provider	
Office Setting	Copayment	services are not covered	
	·	and You pay the full cost	
Doutonood	\$20	Non Participating Provider	}
Performed as     Outpetient Hespital	क्रिया Copayment	Non-Participating Provider services are not covered	
Outpatient Hospital Services	Copayment	and You pay the full cost	
Jei vices		and rou pay the full cost	,
Clinical Trials	Use Cost-Sharing for	Use Cost-Sharing for	See benefit for
	Appropriate Service	Appropriate Service	description
D1		* ***	One boards for
Diagnostic Testing			See benefit for description
Performed in a PCP	\$20 Copayment	Non-Participating Provider	aesonphon
Office		services are not covered	
J		and You pay the full cost	
	,		
Performed in a	\$20 Copayment	Non-Participating Provider	
Specialist Office		services are not covered	
		and You pay the full cost	•
Performed as	\$20 Copayment	Non-Participating Provider	
Outpatient Hospital	was copaymone	services are not covered	
Services	·	and You pay the full cost	

B. L.:			See benefit for
Dialysis			description
Performed in a PCP     Office	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	Dialysis performed by Non-Participating Providers is limited to 10 visits per Benefit Period
Performed in a     Specialist Office	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	
Performed in a     Freestanding     Center	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	
Performed as     Outpatient Hospital     Services	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	·
Home Health Care	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	200 visits per Benefit Period
Infertility Services	Use Cost-Sharing for appropriate Service	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
Infusion Therapy			See benefit for description
Performed in a PCP     Office	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	
Performed in a     Specialist Office	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	
Performed as     Outpatient Hospital     Services	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	
Home Infusion     Therapy	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	Home Infusion provided by Home Health Agency counts toward Home Health Care visit limits
*			iii iii

Inpatient Medical Visits	Covered in full		
inpatient weutcar visits	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
Laboratory Procedures			See benefit for
Performed in a PCP Office	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	description
Performed in a Specialist Office	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	
Performed in a     Freestanding     Laboratory Facility	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	
Performed as     Outpatient Hospital     Services	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	
Maternity and Newborn Care			See benefit for
Prenatal Care	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	description
Inpatient Hospital     Services and     Birthing Center	Included as part of Inpatient Hospital service Cost-Sharing	Non-Participating Provider services are not covered and You pay the full cost	1 home care visit is covered at no Cost-Sharing if mother is discharged from Hospital early
Physician and Midwife Services for Delivery	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	
Breast Pump	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	Covered for duration of breast feeding
Postnatal Care	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	
Outpatient Hospital Surgery Facility Charge	\$0 Copayment	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description

Covered in full	Non-Participating Provider	See benefit for
	services are not covered and You pay the full cost	description
		See benefit for description
\$20 Copayment	Non-Participating Provider services are not covered and You pay the full cost	
\$20 Copayment	Non-Participating Provider services are not covered and You pay the full cost	
\$20 Copayment	Non-Participating Provider services are not covered and You pay the full cost	
\$20 Copayment	Non-Participating Provider services are not covered and You pay the full cost	
		See benefit for description
Covered in full	Non-Participating Provider services are not covered and You pay the full cost	
Covered in full	Non-Participating Provider services are not covered and You pay the full cost	
Covered in full	Non-Participating Provider services are not covered and You pay the full cost	•
		30 visits per Benefit Period
\$20 Copayment	Non-Participating Provider services are not covered and You pay the full cost	
\$20 Copayment	Non-Participating Provider services are not covered and You pay the full cost	
Covered in full	Non-Participating Provider services are not covered and You pay the full cost	
	\$20 Copayment  \$20 Copayment  \$20 Copayment  Covered in full  Covered in full  S20 Copayment  \$20 Copayment  \$20 Copayment	\$20 Copayment  \$20 Copayment  Non-Participating Provider services are not covered and You pay the full cost  \$20 Copayment  Non-Participating Provider services are not covered and You pay the full cost  \$20 Copayment  Non-Participating Provider services are not covered and You pay the full cost  Non-Participating Provider services are not covered and You pay the full cost  Non-Participating Provider services are not covered and You pay the full cost  Non-Participating Provider services are not covered and You pay the full cost  Non-Participating Provider services are not covered and You pay the full cost  Non-Participating Provider services are not covered and You pay the full cost  Non-Participating Provider services are not covered and You pay the full cost  Non-Participating Provider services are not covered and You pay the full cost  Non-Participating Provider services are not covered and You pay the full cost  Non-Participating Provider services are not covered and You pay the full cost  Non-Participating Provider services are not covered and You pay the full cost  Non-Participating Provider services are not covered and You pay the full cost  Non-Participating Provider services are not covered and You pay the full cost  Non-Participating Provider services are not covered and You pay the full cost

	ccupational and			30
S	peech Therapies			combined visits
	.08t f			per Benefit
	i înê	•		Period
	Darfarra dia DOD	000	N. B. U. in aline Boundales	·
•	Performed in a PCP	\$20	Non-Participating Provider	
	Office	Copayment	services are not covered	
			and You pay the full cost	
	Performed in a	\$20	Non-Participating Provider	
•	Specialist Office	Copayment	services are not covered	
	Obecigiist Office	Copayment	and You pay the full cost	
			and Tod pay the rull cost	
	Performed as	Covered in full	Non-Participating Provider	
	Outpatient Hospital		services are not covered	
	Services		and You pay the full cost	
			and roups, me tan out	
Se	cond Opinions on the		Second opinions on	See benefit for
	agnosis of Cancer,		diagnosis of cancer are	description
	rgery and Other		Covered at Participating	
	0 ,		Cost-Sharing for Non-	
			Participating Specialist	
			when a Referral is	
	•		obtained.	
•	Performed in a PCP	\$20	Non-Participating Provider	·
	Office	Copayment	services are not covered	
			and You pay the full cost	
•	Performed in a	\$20	Non-Participating Provider	
ĺ	Specialist Office	Copayment	services are not covered	
			and You pay the full cost	
	<b>5</b>	Coursed in full	Non Doublein stine Dreviden	
• 、	Performed as	Covered in full	Non-Participating Provider services are not covered	
	Outpatient Hospital		l l	
	Services		and You pay the full cost	
Q	gical Services			See benefit for
	luding Oral Surgery;			description
	constructive Breast			description
	gery; Other			
	constructive and			
	rective Surgery; and			
	nsplants			
•	Inpatient Hospital	Covered in full	Non-Participating Provider	
-	Surgery		services are not covered	
			and You pay the full cost	
			, ,	
•	Outpatient Hospital	Covered in full	Non-Participating Provider	
	Surgery		services are not covered	
	· ,		and You pay the full cost	

	10	T.:	<del></del>
Surgery Performed	Covered in full	Non-Participating Provider	
at an Ambulatory		services are not covered	
Surgical Center		and You pay the full cost	
Surgery Performed	\$20	Non-Participating Provider	
in a PCP Office	Copayment	services are not covered	
		and You pay the full cost	
			,
Surgery Performed	\$20	Non-Participating Provider	
in a Specialist Office	Copayment	services are not covered	
		and You pay the full cost	
ADDITIONAL	Participating Provider	Non-Participating	Limits
SERVICES,		Provider Member	
EQUIPMENT and	Member Responsibility	Responsibility for Cost-	
DEVICES	for Cost-Sharing	Sharing	
·			
ABA Treatment for	\$20	Non-Participating Provider	See benefit for
Autism Spectrum	Copayment	services are not covered	description
Disorder		and You pay the full cost	
Assistive	\$20	Non-Participating Provider	See benefit for
Communication Devices	Copayment	services are not covered	description
for Autism Spectrum	, -	and You pay the full cost	· ·
Disorder			
	·		
Diabetic Equipment,			See benefit for
Supplies and Self-			description
Management Education			
<ul> <li>Diabetic Equipment,</li> </ul>	\$20 Copayment	Non-Participating Provider	
Supplies and Insulin	for first 52 items up to a 52	services are not covered	
(30-day supply)	copayment maximum	and You pay the full cost	
(or any supply)	oopaymone maximam	, , , , , , , , , , , , , , , , , , , ,	
Diabetic Education			
Performed in a	\$20 Copayment	Non-Participating Provider	
PCP Office	for first 52 items up to a 52	services are not covered	
i oi oince	copayment maximum	and You pay the full cost	
	copaymont maximum	and rou pay the fall cost	
<ul> <li>Performed in a</li> </ul>	\$20 Copayment	Non-Participating Provider	
Specialist Office	for first 52 items up to a 52	services are not covered	
Opecialist Office	copayment maximum	and You pay the full cost	
	оораутноги тахинат	and rou pay the full cost	
<ul> <li>Performed as</li> </ul>	\$20 Copayment	Non-Participating Provider	
Outpatient	for first 52 items up to a 52	services are not covered	
Hospital	copayment maximum	and You pay the full cost	
Services	сораушені шахішин	and rou pay the full tost	
SELVICES			
Durable Medical	20% Coincurance	Non-Participating Provides	Coo honeft for
	20% Coinsurance	Non-Participating Provider	See benefit for
Equipment and Braces		services are not covered	description
		and You pay the full cost	
			*

Hanning Care		<u></u>	040 -
Hospice Care			210 days per lifetime
			5 visits for family bereavement counseling
• Inpatient	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	
Outpatient	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	
Medical Supplies	\$20 Copayment	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
Orthotics	20% Coinsurance	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
Prosthetic Devices	20% Coinsurance	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
INPATIENT SERVICES and FACILITIES	Participating Provider	Non-Participating Provider	Limits
	Member Responsibility for Cost-Sharing	Member Responsibility for Cost-Sharing	
Inpatient Hospital for a Continuous Confinement (including an Inpatient Stay for Mastectomy Care, Cardiac and Pulmonary Rehabilitation, and End of Life Care)	\$0 Copayment per admission, up to \$0 Copayment maximum per Benefit Period	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
Observation Stay	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
Skilled Nursing Facility (including Cardiac and Pulmonary Rehabilitation)	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	60 days per Benefit Period

Inpatient Rehabilitation Services (Physical, Speech and Occupational Therapy)  MENTAL HEALTH and SUBSTANCE USE DISORDER SERVICES	\$0 Copayment per admission, up to \$0 Copayment maximum per Benefit Period  Participating Provider	Non-Participating Provider services are not covered and You pay the full cost  Non-Participating Provider	30 days per Benefit Period
DIOONDEN GENVICES	Member Responsibility for Cost-Sharing	Member Responsibility for Cost-Sharing	
Inpatient Mental Health Care (for a continuous confinement when in a Hospital)	\$0 Copayment per admission, up to \$0 Copayment maximum per Benefit Period	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
Outpatient Mental Health Care Treatment (including Partial Hospitalization and Intensive Outpatient Program Services)			See benefit for description
Performed in a PCP     Office	\$20 Copayment	Non-Participating Provider services are not covered and You pay the full cost	
Performed in a     Specialist Office	\$20 Copayment	Non-Participating Provider services are not covered and You pay the full cost	
Performed as     Outpatient Hospital     Services	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	
Inpatient Substance Use Treatment (for a continuous confinement when in a Hospital)	\$0 Copayment per admission, up to \$0 Copayment maximum per Benefit Period	Non-Participating Provider services are not covered and You pay the full cost	See benefit for description

Outpatient Substance Use Treatment			Unlimited visits
			Up to 20 visits per Benefit Period may be used for family counseling
Performed in a PCP     Office	\$20 Copayment	Non-Participating Provider services are not covered and You pay the full cost	
Performed in a     Specialist Office	\$20 Copayment	Non-Participating Provider services are not covered and You pay the full cost	
Performed as     Outpatient Hospital     Services	Covered in full	Non-Participating Provider services are not covered and You pay the full cost	

#### PREAUTHORIZATION SCHEDULE

A. Services Subject To Preauthorization. Our Preauthorization is required before You receive certain Covered Services. You are responsible for requesting Preauthorization for the following services:

Our Preauthorization is required before You receive certain Covered Services. Your PCP or Participating Provider is responsible for requesting Preauthorization for in-network services listed below.

- All inpatient admissions, including maternity admissions and admissions for illness or injury to newborns:
- Inpatient Mental Health Care, Substance Abuse Care and Alcohol Detoxification;
- Outpatient/Ambulatory Surgical Treatments (certain procedures);
- Chiropractic Care;
- Physical, Occupational and Speech Therapy;
- Diagnostics;
- Outpatient Treatments;
- Air Ambulance;
- High tech radiology services: MRI, MRA, PET, CAT, Nuclear Technology services;
- Durable Medical Equipment;
- Prosthetics and Orthotics; and
- Assistive Communication Devices.
- **B. Notification Procedure.** If You seek coverage for services that require notification, You or Your Provider must call Us or Our vendor at the number indicated on Your ID card.

You must contact Us to provide notification as follows:

- As soon as reasonably possible when air ambulance services are rendered for an Emergency Condition.
- If You are hospitalized in cases of an Emergency Condition, You must call Us within 48 hours after Your admission or as soon thereafter as reasonably possible.

After receiving a request for approval, We will review the reasons for Your planned treatment and determine if benefits are available. Criteria will be based on multiple sources which may include medical policy, clinical guidelines, and pharmacy and therapeutic guidelines.

C. Failure to Seek Preauthorization or Provide Notification. If You fail to provide notification for benefits subject to this section, We will pay only 50% of the amount We would otherwise have paid for the care, up to \$5,000. You must pay the remaining charges. We will pay the amount specified above only if We determine the care was Medically Necessary even though You did not seek Our Preauthorization or provide notification. If We determine that the services were not Medically Necessary, You will be responsible for paying the entire charge for the service. The penalty listed above will not apply to Medically Necessary inpatient Facility services from a BlueCard Provider.

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#### **SECTION I. DEFINITIONS**

Defined terms will appear capitalized throughout this Certificate.

**Acute:** The onset of disease or injury, or a change in the Member's condition that would require prompt medical attention.

**Allowed Amount:** The maximum amount on which Our payment is based for Covered Services. See the Cost Sharing Expenses and Allowed Amount section of this Certificate for a description of how the Allowed Amount is calculated.

**Ambulatory Surgical Center:** A Facility currently licensed by the appropriate state regulatory agency for the provision of surgical and related medical services on an outpatient basis.

Appeal: A request for Us to review a Utilization Review decision or a Grievance again.

**Balance Billing:** When a Non-Participating Provider bills You for the difference between the Non-Participating Provider's charge and the Allowed Amount. A Participating Provider may not Balance Bill You for Covered Services.

**Benefit Period:** The length of time We will cover benefits for Covered Services. The Schedule of Benefits section of this Certificate shows if Your Plan's Benefit Period is a Calendar Year or a Plan Year. If Your coverage ends before the end of the year, then Your Benefit Period also ends.

**Calendar Year:** A period beginning 12:01 a.m. on January 1 and ending midnight on December 31 of the same year.

**Certificate:** This Certificate issued by Empire HealthChoice HMO, Inc., including the Schedule of Benefits and any attached riders.

**Child, Children:** The Subscriber's Children, including any natural, adopted or step-children, unmarried disabled Children, newborn Children, or any other Children as described in the Who is Covered section of this Certificate.

**Coinsurance:** Your share of the costs of a Covered Service, calculated as a percent of the Allowed Amount for the service that You are required to pay to a Provider. The amount can vary by the type of Covered Service.

**Copayment:** A fixed amount You pay directly to a Provider for a Covered Service when You receive the service. The amount can vary by the type of Covered Service.

**Cost-Sharing:** Amounts You must pay for Covered Services, expressed as Copayments, Deductibles and/or Coinsurance.

**Cover, Covered or Covered Services:** The Medically Necessary services paid for, arranged or authorized for You by Us under the terms and conditions of this Certificate.

**Deductible:** The amount You owe before We begin to pay for Covered Services. The Deductible applies before any Copayments or Coinsurance are applied. The Deductible may not apply to all Covered Services. You may also have a Deductible that applies to a specific Covered Service (e.g., a Prescription Drug Deductible) that You owe before We begin to pay for a particular Covered Service.

Dependents: The Subscriber's Spouse and Children.

Durable Medical Equipment ("DME"): Durable Medical Equipment is equipment which is:

- Designed and intended for repeated use;
- Primarily and customarily used to serve a medical purpose;
- Generally not useful to a person in the absence of disease or injury; and
- Appropriate for use in the home.

**Emergency Condition:** A medical or behavioral condition that manifests itself by Acute symptoms of sufficient severity, including severe pain, such that a prudent layperson, possessing an average knowledge of medicine and health, could reasonably expect the absence of immediate medical attention to result in:

- Placing the health of the person afflicted with such condition or, with respect to a pregnant woman, the health of the woman or her unborn child in serious jeopardy, or in the case of a behavioral condition, placing the health of such person or others in serious jeopardy;
- Serious impairment to such person's bodily functions;
- · Serious dysfunction of any bodily organ or part of such person; or
- · Serious disfigurement of such person.

Emergency Department Care: Emergency Services You get in a Hospital emergency department.

Emergency Services: A medical screening examination which is within the capability of the emergency department of a Hospital, including ancillary services routinely available to the emergency department to evaluate such Emergency Condition; and within the capabilities of the staff and facilities available at the Hospital, such further medical examination and treatment as are required to stabilize the patient. "To stabilize" is to provide such medical treatment of an Emergency Condition as may be necessary to assure that, within reasonable medical probability, no material deterioration of the condition is likely to result from or occur during the transfer of the patient from a Facility, or to deliver a newborn child (including the placenta).

Exclusions: Health care services that We do not pay for or Cover.

**External Appeal Agent:** An entity that has been certified by the New York State Department of Financial Services to perform external appeals in accordance with New York law.

Facility: A Hospital; Ambulatory Surgical Center; birthing center; dialysis center; rehabilitation Facility; Skilled Nursing Facility; hospice; Home Health Agency or home care services agency certified or licensed under Article 36 of the New York Public Health Law; a comprehensive care center for eating disorders pursuant to Article 27-J of the New York Public Health Law; and a Facility defined in New York Mental Hygiene Law Sections 1.03(10) and (33), certified by the New York State Office of Alcoholism and Substance Abuse Services, or certified under Article 28 of the New York Public Health Law (or in other states, a similarly licensed or certified Facility). If You receive treatment for substance use disorder outside of New York State, a Facility also includes one which is accredited by the Joint Commission to provide a substance use disorder treatment program.

**Grievance:** A complaint that You communicate to Us that does not involve a Utilization Review determination.

Group: The employer or party that has entered into an agreement with Us as a contractholder.

Health Care Professional: An appropriately licensed, registered or certified Physician; dentist; optometrist; chiropractor; psychologist; social worker; podiatrist; physical therapist; occupational therapist; midwife; speech-language pathologist; audiologist; pharmacist; behavior analyst; or any other licensed, registered or certified Health Care Professional under Title 8 of the New York Education Law (or other comparable state law, if applicable) that the New York Insurance Law requires to be recognized who charges and bills patients for Covered Services. The Health Care Professional's services must be

rendered within the lawful scope of practice for that type of Provider in order to be covered under this Certificate.

**Home Health Agency:** An organization currently certified or licensed by the State of New York or the state in which it operates and renders home health care services.

**Hospice Care:** Care to provide comfort and support for persons in the last stages of a terminal illness and their families that are provided by a hospice organization certified pursuant to Article 40 of the New York Public Health Law or under a similar certification process required by the state in which the hospice organization is located.

Hospital: A short term, acute, general Hospital, which:

- Is primarily engaged in providing, by or under the continuous supervision of Physicians, to
  patients, diagnostic services and therapeutic services for diagnosis, treatment and care of injured
  or sick persons;
- Has organized departments of medicine and major surgery;
- Has a requirement that every patient must be under the care of a Physician or dentist;
- Provides 24-hour nursing service by or under the supervision of a registered professional nurse (R.N.);
- If located in New York State, has in effect a Hospitalization review plan applicable to all patients which meets at least the standards set forth in 42 U.S.C. Section 1395x(k);
- Is duly licensed by the agency responsible for licensing such Hospitals; and
- Is not, other than incidentally, a place of rest, a place primarily for the treatment of tuberculosis, a
  place for the aged, a place for drug addicts, alcoholics, or a place for convalescent, custodial,
  educational, or rehabilitory care.

Hospital does not mean health resorts, spas, or infirmaries at schools or camps.

**Hospitalization:** Care in a Hospital that requires admission as an inpatient and usually requires an overnight stay.

Hospital Outpatient Care: Care in a Hospital that usually doesn't require an overnight stay.

**Local Network Area:** The 28 counties in eastern New York State that comprise the Service Area, and the following Connecticut counties, which are located in the service area of Empire's affiliate, Anthem Blue Cross and Blue Shield, Connecticut: Fairfield, Hartford, Litchfield, Middlesex, New Haven, New London, Tolland and Windham.

Medically Necessary: See the How Your Coverage Works section of this Certificate for the definition.

Medicare: Title XVIII of the Social Security Act, as amended.

**Member:** The Subscriber or a covered Dependent for whom required Premiums have been paid. Whenever a Member is required to provide a notice pursuant to a Grievance or emergency department visit or admission, "Member" also means the Member's designee.

**Non-Participating Provider:** A Provider who doesn't have a contract with Us to provide services to You. The services of Non-Participating Providers are Covered only for Emergency Services, Urgent Care or when authorized by Us.

**Out-of-Pocket Limit:** The most You pay during a Benefit Period in Cost-Sharing before We begin to pay 100% of the Allowed Amount for Covered Services. This limit never includes Your Prescription Drug Cost Shares, Premium, Balance Billing charges or the cost of health care services We do not Cover.

**Participating Provider:** A Provider who has a contract with Us or another Blue Cross and/or Blue Shield plan to provide services to You. A list of Participating Providers and their locations is available on Our website at <a href="https://www.empireblue.com">www.empireblue.com</a> or upon Your request to Us. The list will be revised from time to time by Us.

**Physician or Physician Services:** Health care services a licensed medical Physician (M.D. – Medical Doctor or D.O. – Doctor of Osteopathic Medicine) provides or coordinates.

**Plan Year:** The 12-month period beginning on the effective date of the Certificate or any anniversary date thereafter, during which the Certificate is in effect.

**Preauthorization**: A decision by Us prior to Your receipt of a Covered Service, procedure, treatment plan, device, or Prescription Drug that the Covered Service, procedure, treatment plan, device or Prescription Drug is Medically Necessary. We indicate which Covered Services require Preauthorization in the Schedule of Benefits section of this Certificate.

Premium: The amount that must be paid for Your health insurance coverage.

**Prescription Drugs:** A medication, product or device that has been approved by the Food and Drug Administration ("FDA") and that can, under federal or state law, be dispensed only pursuant to a prescription order or refill and is on Our formulary. A Prescription Drug includes a medication that, due to its characteristics, is appropriate for self administration or administration by a non-skilled caregiver.

**Primary Care Physician ("PCP"):** A participating Physician who typically is an internal medicine, family practice or pediatric Physician and who directly provides or coordinates a range of health care services for You.

**Provider:** A Physician, Health Care Professional or Facility licensed, registered, certified or accredited as required by state law. A Provider also includes a vendor or dispenser of diabetic equipment and supplies, durable medical equipment, medical supplies, or any other equipment or supplies that are Covered under this Certificate that is licensed, registered, certified or accredited as required by state law.

**Referral:** An authorization given to one Participating Provider from another Participating Provider (usually from a PCP to a Participating Specialist) in order to arrange for additional care for a Member. A Referral can be transmitted electronically or by Your Provider completing a paper Referral form. Except as provided in the Access to Care and Transitional Care section of this Certificate or as otherwise authorized by Us, a Referral will not be made to a Non-Participating Provider.

**Rehabilitation Services:** Health care services that help a person keep, get back, or improve skills and functioning for daily living that have been lost or impaired because a person was sick, hurt, or disabled. These services consist of physical therapy, occupational therapy, and speech therapy in an inpatient and/or outpatient setting.

**Schedule of Benefits**: The section of this Certificate that describes the Copayments, Deductibles, Coinsurance, Out-of-Pocket Limits and other limits on Covered Services.

Service Area: The geographical area, designated by Us and approved by the State of New York in which We provide coverage. Our Service Area consists of the following 28 counties in eastern New York State: Albany, Bronx, Clinton, Columbia, Delaware, Dutchess, Essex, Fulton, Greene, Kings, Montgomery, Nassau, New York, Orange, Putnam, Queens, Rensselaer, Richmond, Rockland, Saratoga, Schenectady, Schoharie, Suffolk, Sullivan, Ulster, Warren, Washington and Westchester.

**Skilled Nursing Facility:** An institution or a distinct part of an institution that is: currently licensed or approved under state or local law; primarily engaged in providing skilled nursing care and related services as a Skilled Nursing Facility, extended care Facility, or nursing care Facility approved by the Joint

Commission, or the Bureau of Hospitals of the American Osteopathic Association, or as a Skilled Nursing Facility under Medicare; or as otherwise determined by Us to meet the standards of any of these authorities.

**Specialist:** A Physician who focuses on a specific area of medicine or a group of patients to diagnose, manage, prevent or treat certain types of symptoms and conditions.

Spouse: The person to whom the Subscriber is legally married, including a same sex Spouse.

Subscriber: The person to whom this Certificate is issued.

**UCR** (**Usual**, **Customary and Reasonable**): The cost of a medical service in a geographic area based on what Providers in the area usually charge for the same or similar medical service.

**Urgent Care:** Medical care for an illness, injury or condition serious enough that a reasonable person would seek care right away, but not so severe as to require Emergency Department Care. Urgent Care may be rendered in a Physician's office or Urgent Care Center.

Urgent Care Center: A licensed Facility (other than a Hospital) that provides Urgent Care.

**Us, We, Our:** Empire HealthChoice HMO, Inc. and anyone to whom We legally delegate performance, on Our behalf, under this Certificate.

**Utilization Review:** The review to determine whether services are or were Medically Necessary or experimental or investigational (i.e., treatment for a rare disease or a clinical trial).

You, Your: The Member.

### SECTION II. HOW YOUR COVERAGE WORKS

- A. Your Coverage Under this Certificate. Your employer (referred to as the "Group") has purchased a Group HMO Contract from Us. We will provide the benefits described in this Certificate to covered Members of the Group, that is, to employees of the Group and their covered Dependents. However, this Certificate is not a contract between You and Us. You should keep this Certificate with Your other important papers so that it is available for Your future reference.
- B. Covered Services. You will receive Covered Services under the terms and conditions of this Certificate only when the Covered Service is:
  - Medically Necessary;
  - Provided by a Participating Provider;
  - Listed as a Covered Service:
  - Not in excess of any benefit limitations described in the Schedule of Benefits section of this Certificate; and
  - Received while Your Certificate is in force.

When You are outside Our Local Network Area, coverage is limited to Emergency Services, Pre-Hospital Emergency Medical Services and ambulance services to treat Your Emergency Condition and Urgent Care.

- **C.** Participating Providers. To find out if a Provider is a Participating Provider, and for details about licensure and training:
  - · Check Your Provider directory, available at Your request;
  - · Call the number on Your ID card; or
  - Visit Our website at www.empireblue.com.
- D. The Role of Primary Care Physicians. This Certificate does not have a gatekeeper, usually known as a Primary Care Physician ("PCP"). You do not need a Referral from a PCP before receiving Specialist care.
  - Access to Providers and Changing Providers. Sometimes Providers in Our Provider directory
    are not available. Prior to notifying Us of the PCP You selected, You should call the PCP to make
    sure he or she is accepting new patients.

To see a Provider, call his or her office and tell the Provider that You are an Empire Member, and explain the reason for Your visit. Have Your ID card available. The Provider's office may ask You for Your Group or Member ID number. When You go to the Provider's office, bring Your ID card with You.

• You may change Your PCP at any time by calling Member Services at the number on the back of Your ID card, or by visiting Our website at <a href="https://www.empireblue.com">www.empireblue.com</a>. Generally, this can be done with changes effective immediately.

You must inform Member Services of Your choice otherwise You may be responsible for the full cost of Your visit. Member Services needs to keep an up-to-date record of Your PCP.

- E. Services Subject to Preauthorization. Our Preauthorization is required before You receive certain Covered Services. Your Participating Provider is responsible for requesting Preauthorization.
- F. Notification Procedure. If You seek coverage for services that require notification, You or Your Provider must call Us at the number on Your ID card.

You must contact Us to provide notification as follows:

- As soon as reasonably possible when air ambulance services are rendered for an Emergency Condition.
- If You are hospitalized in cases of an Emergency Condition, You must call Us within 48 hours after Your admission or as soon thereafter as reasonably possible.

After receiving a request for approval, We will review the reasons for Your planned treatment and determine if benefits are available. Criteria will be based on multiple sources which may include medical policy, clinical guidelines, and pharmacy and therapeutic guidelines.

- G. Failure to Provide Notification. If You fail to provide notification for benefits subject to this section, We will pay only 50% of the amount We would otherwise have paid for the care, up to the maximum penalty amount indicated on the Preauthorization Schedule section of this Certificate. You must pay the remaining charges. We will pay the amount specified above only if We determine the care was Medically Necessary even though You did not provide notification. If We determine that the services were not Medically Necessary, You will be responsible for paying the entire charge for the service. The penalty listed above will not apply to Medically Necessary inpatient Facility services from a BlueCard Provider.
- H. Medical Management. The benefits available to You under this Certificate are subject to pre-service, concurrent and retrospective reviews to determine when services should be covered by Us. The purpose of these reviews is to promote the delivery of cost-effective medical care by reviewing the use of procedures and, where appropriate, the setting or place the services are performed. Covered Services must be Medically Necessary for benefits to be provided.
- I. Medical-Necessity. We Cover-benefits described in this-Gertificate as long as the health-care service, procedure, treatment, test, device, Prescription Drug or supply (collectively, "service") is Medically Necessary. The fact that a Provider has furnished, prescribed, ordered, recommended, or approved the service does not make it Medically Necessary or mean that We have to Cover it.

We may base Our decision on a review of:

- · Your medical records;
- · Our medical policies and clinical guidelines;
- Medical opinions of a professional society, peer review committee or other groups of Physicians;
- Reports in peer-reviewed medical literature;
- Reports and guidelines published by nationally-recognized health care organizations that include supporting scientific data;
- Professional standards of safety and effectiveness, which are generally-recognized in the United States for diagnosis, care, or treatment;
- The opinion of Health Care Professionals in the generally-recognized health specialty involved; and
- The opinion of the attending Providers, which have credence but do not overrule contrary opinions.

Services will be deemed Medically Necessary only if:

- They are clinically appropriate in terms of type, frequency, extent, site, and duration, and considered effective for Your illness, injury, or disease;
- They are required for the direct care and treatment or management of that condition;
- Your condition would be adversely affected if the services were not provided;
- They are provided in accordance with generally-accepted standards of medical practice:
- They are not primarily for the convenience of You, Your family, or Your Provider;
- They are not more costly than an alternative service or sequence of services, that is at least
  as likely to produce equivalent therapeutic or diagnostic results;

 When setting or place of service is part of the review, services that can be safely provided to You in a lower cost setting will not be Medically Necessary if they are performed in a higher cass setting. For example we will not provide coverage for an inpatient admission for surgery if the surgery could have been performed on an outpatient basis.

See the Utilization Review and External Appeal sections of this Certificate for Your right to an internal Appeal and external Appeal of Our determination that a service is not Medically Necessary.

- J. Protection from Surprise Bills. A surprise bill is a bill You receive for Covered Services in the following circumstances:
  - For services performed by a non-participating Physician at a participating Hospital or Ambulatory Surgical Center, when:
    - A participating Physician is unavailable at the time the health care services are performed;
    - A non-participating Physician performs services without Your knowledge; or
    - Unforeseen medical issues or services arise at the time the health care services are performed.

A surprise bill does not include a bill for health care services when a participating Physician is available and You elected to receive services from a non-participating Physician.

- You were referred by a participating Physician to a Non-Participating Provider without Your explicit written consent acknowledging that the Referral is to a Non-Participating Provider and it may result in costs not covered by Us. For a surprise bill, a referral to a Non-Participating Provider means:
  - o Covered Services are performed by a Non-Participating Provider in the participating Physician's office or practice during the same visit;
  - The participating Physician sends a specimen taken from You in the participating Physician's office to a non-participating laboratory or pathologist; or
  - o For any other Covered Services performed by a Non-Participating Provider at the participating Physician's request, when Referrals are required under Your Certificate.

You will be held harmless for any Non-Participating Provider charges for the surprise bill that exceed Your Copayment, Deductible or Coinsurance if You assign benefits to the Non-Participating Provider in writing. In such cases, the Non-Participating Provider may only bill You for Your Copayment, Deductible or Coinsurance.

The assignment of benefits form for surprise bills is available at <a href="www.dfs.ny.gov">www.dfs.ny.gov</a> or You can visit Our website at <a href="www.empireblue.com">www.empireblue.com</a> for a copy of the form. You need to mail a copy of the assignment of benefits form to Us at the address on Your ID card and to Your Provider.

- Independent Dispute Resolution Process. Either We or a Provider may submit a dispute
  involving a surprise bill to an independent dispute resolution entity ("IDRE") assigned by the
  state. Disputes are submitted by completing the IDRE application form, which can be found
  at www.dfs.ny.gov. The IDRE will determine whether Our payment or the Provider's charge
  is reasonable within 30 days of receiving the dispute.
- K. Delivery of Covered Services Using Telehealth. If Your Participating Provider offers Covered Services using telehealth, We will not deny the Covered Services because they are delivered using telehealth. Covered Services delivered using telehealth may be subject to utilization review and quality assurance requirements and other terms and conditions of this Certificate that are at least as favorable as those requirements for the same service when not delivered using telehealth. "Telehealth" means the use of electronic information and communication technologies by a Participating Provider to deliver Covered Services to You while Your location is different than Your Provider's location.

L. Case Management. Case management helps coordinate services for Members with health care needs due to serious, complex, and/or chronic health conditions. Our programs coordinate benefits and educate Members who agree to take part in the case management program to help meet their health-related needs.

Our case management programs are confidential and voluntary. These programs are given at no extra cost to You and do not change Covered Services. If You meet program criteria and agree to take part, We will help You meet Your identified health care needs. This is reached through contact and team work with You and/or Your authorized representative, treating Physician(s), and other Providers. In addition, We may assist in coordinating care with existing community-based programs and services to meet Your needs, which may include giving You information about external agencies and community-based programs and services.

In certain cases of severe or chronic illness or injury, We may provide benefits for alternate care through Our case management program that is not listed as a Covered Service. We may also extend Covered Services beyond the benefit maximums of this Certificate. We will make Our decision on a case-by-case basis if We determine the alternate or extended benefit is in the best interest of You and Us.

Nothing in this provision shall prevent You from appealing Our decision. A decision to provide extended benefits or approve alternate care in one case does not obligate Us to provide the same benefits again to You or to any other Member. We reserve the right, at any time, to alter or stop providing extended benefits or approving alternate care. In such case, We will notify You or Your representative in writing.

# M. Important Telephone Numbers and Addresses

CLAIMS

Refer to the address on Your ID card

- COMPLAINTS, GRIEVANCES AND UTILIZATION REVIEW APPEALS
   Call the number on Your ID card
- ASSIGNMENT OF BENEFITS FORM

Refer to the address on Your ID card (Submit assignment of benefits forms for surprise bills to this address.)

MEDICAL EMERGENCIES AND URGENT CARE

Call the number on Your ID card

MEMBER SERVICES

Call the number on Your ID card Member Services Representatives are available Monday – Friday 8:30 a.m. – 5:00 p.m. E.S.T.

PREAUTHORIZATION

Call the number on Your ID card

OUR WEBSITE

www.empireblue.com

# SECTION III. ACCESS TO CARE AND TRANSITIONAL CARE

- A. Authorization to a Non-Participating Provider. If We determine that We do not have a Participating Provider that has the appropriate training and experience to treat Your condition, We will approve an authorization to an appropriate Non-Participating Provider. Your Participating Provider must request prior approval of the authorization to a specific Non-Participating Provider. Approvals of authorizations to Non-Participating Providers will not be made for the convenience of You or another treating Provider and may not necessarily be to the specific Non-Participating Provider You requested. If We approve the authorization, all services performed by the Non-Participating Provider are subject to a treatment plan approved by Us in consultation with Your PCP, the Non-Participating Provider and You. Covered Services rendered by the Non-Participating Provider will be paid as if they were provided by a Participating Provider. You will be responsible only for any applicable in-network Cost-Sharing. In the event an authorization is not approved, any services rendered by a Non-Participating Provider will not be Covered.
- B. When a Specialist Can Be Your Primary Care Physician. If You have a life-threatening condition or disease or a degenerative and disabling condition or disease that requires specialty care over a long period of time, You may ask that a Specialist who is a Participating Provider be Your PCP. We will consult with the Specialist and Your PCP and decide whether the Specialist should be Your PCP. Any Referral will be pursuant to a treatment plan approved by Us in consultation with Your PCP, the Specialist and You. We will not approve a non-participating Specialist unless We determine that We do not have an appropriate Provider in Our network. If We approve a non-participating Specialist, Covered Services rendered by the non-participating Specialist pursuant to the approved treatment plan will be paid as if they were provided by a Participating Provider. You will only be responsible for any applicable in-network Cost-Sharing.
- C. Specialty Care Center. If You have a life-threatening condition or disease or a degenerative and disabling condition or disease that requires specialty care over a long period of time, You may request an authorization to a specialty care center with expertise in treating Your condition or disease. A specialty care center is a center that has an accreditation or designation from a state agency, the federal government or a national health organization as having special expertise to treat Your disease or condition. We will consult with Your PCP, Your Specialist, and the specialty care center to decide whether to approve such an authorization. Any authorization will be pursuant to a treatment plan developed by the specialty care center, and approved by Us in consultation with Your PCP or Specialist and You. We will not approve an authorization to a non-participating specialty care center in Our network. If We approve an authorization to a non-participating specialty care center, Covered Services rendered by the non-participating specialty care center pursuant to the approved treatment plan will be paid as if they were provided by a participating specialty care center. You will be responsible only for any applicable in-network Cost-Sharing.
- D. When Your Provider Leaves the Network. If You are in an ongoing course of treatment when Your Provider leaves Our network, then You may be able to continue to receive Covered Services for the ongoing treatment from the former Participating Provider for up to 90 days from the date Your Provider's contractual obligation to provide services to You terminates. If You are pregnant and in Your second or third trimester, You may be able to continue care with a former Participating Provider through delivery and any postpartum care directly related to the delivery.

In order for You to continue to receive Covered Services for up to 90 days or through a pregnancy with a former Participating Provider, the Provider must agree to accept as payment the negotiated fee that was in effect just prior to the termination of Our relationship with the Provider. The Provider must also agree to provide Us necessary medical information related to Your care and adhere to Our policies and procedures, including those for assuring quality of care, obtaining Preauthorization, authorizations, and a treatment plan approved by Us. If the Provider agrees to these conditions, You will receive the Covered Services as if they were being provided by a Participating Provider. You will be responsible only for any applicable in-network Cost-Sharing. Please note that if the Provider was

terminated by Us due to fraud, imminent harm to patients or final disciplinary action by a state board or agency that impairs the Provider's ability to practice, continued treatment with that Provider is not available.

E. New Members In a Course of Treatment. If You are in an ongoing course of treatment with a Non-Participating Provider when Your coverage under this Certificate becomes effective, You may be able to receive Covered Services for the ongoing treatment from the Non-Participating Provider for up to 60 days from the effective date of Your coverage under this Certificate. This course of treatment must be for a life-threatening disease or condition or a degenerative and disabling condition or disease. You may also continue care with a Non-Participating Provider if You are in the second or third trimester of a pregnancy when Your coverage under this Certificate becomes effective. You may continue care through delivery and any post-partum services directly related to the delivery.

In order for You to continue to receive Covered Services for up to 60 days or through pregnancy, the Non-Participating Provider must agree to accept as payment Our fees for such services. The Provider must also agree to provide Us necessary medical information related to Your care and to adhere to Our policies and procedures including those for assuring quality of care, obtaining Preauthorization, Referrals, and a treatment plan approved by Us. If the Provider agrees to these conditions, You will receive the Covered Services as if they were being provided by a Participating Provider. You will be responsible only for any applicable in-network Cost-Sharing.

# SECTION IV. COST-SHARING EXPENSES AND ALLOWED AMOUNT

- A. Deductible. There is no Deductible for Covered Services under this Certificate during each Benefit Period.
- **B.** Copayments. Except where stated otherwise, You must pay the Copayments, or fixed amounts, in the Schedule of Benefits section of this Certificate for Covered Services. However, when the Allowed Amount for a service is less than the Copayment, You are responsible for the lesser amount.
- Coinsurance. Except where stated otherwise, after You have satisfied the Deductible described above, You must pay a percentage of the Allowed Amount for Covered Services. We will pay the remaining percentage of the Allowed Amount as Your benefit as shown in the Schedule of Benefits section of this Certificate.
- D. Out-of-Pocket Limit. When You have met Your Out-of-Pocket Limit in payment of Copayments, Deductibles and Coinsurance for a Benefit Period in the Schedule of Benefits section of this Certificate, We will provide coverage for 100% of the Allowed Amount for Covered Services for the remainder of that Benefit Period. If You have other than individual coverage, the individual Out-of-Pocket Limit applies to each person covered under this Certificate. Once a person within a family meets the individual Out-of-Pocket Limit, We will provide coverage for 100% of the Allowed Amount for the rest of that Benefit Period for that person. If other than individual coverage applies, when persons in the same family covered under this Certificate have collectively met the family Out-of-Pocket Limit in payment of Copayments, Deductibles and Coinsurance for a Benefit Period in the Schedule of Benefits section of this Certificate, We will provide coverage for 100% of the Allowed Amount for the rest of that Benefit Period.

Cost-Sharing for out-of-network services, except for Emergency Services and out-of-network dialysis, does not apply toward Your Out-of-Pocket Limit. The Preauthorization penalty described in the How Your Coverage Works section of this Certificate does not apply toward Your Out-of-Pocket Limit.

E. Allowed Amount. "Allowed Amount" means the maximum amount We will pay for the services or supplies covered under this Certificate, before any applicable Copayment, Deductible and Coinsurance amounts are subtracted. We determine Our Allowed Amount as follows:

The Allowed Amount for Participating Providers will be the amount We have negotiated with the Participating Provider, or the amount approved by another Host Plan, or the Participating Provider's charge, if less.

See the Emergency Services section of this Certificate for the Allowed Amount for an Emergency Condition.

Our payments to Participating Providers may include financial incentives to help improve the quality of care and promote the delivery of Covered Services in a cost-efficient manner. Payments under this financial incentive program are not made as payment for a specific Covered Service provided to You. Your Cost-Sharing will not change based on any payments made to or received from Participating Providers as part of the financial incentive program.

#### F. Inter-Plan Programs

 Out-of-Area Covered Healthcare Services. Empire has a variety of relationships with other Blue Cross and/or Blue Shield Licensees referred to generally as "Inter-Plan Programs." Whenever You obtain healthcare services outside of Empire's Local Network Area, the claims for these services may be processed through one of these Inter-Plan Programs. Typically, when accessing care outside Empire's Local Network Area, You will obtain care from healthcare providers that have a contractual agreement (i.e., are "participating providers") with the local Blue Cross and/or Blue Shield Licensee in that other geographic area ("Host Blue"). In some instances, You may obtain care from nonparticipating healthcare providers. Empire's payment practices in both instances are described below.

Empire covers only limited healthcare services received outside of Empire's Local Network Area. As used in this section, "Out-of-Area Covered Healthcare Services" include emergency care, urgent care, and authorized services obtained outside the geographic area Empire serves. Any other services will not be covered when processed through any Inter-Plan Programs arrangements. These "other services" must be provided or authorized by your Primary Care Physician ("PCP").

2. BlueCard® Program. Under the BlueCard® Program, when You obtain Out-of-Area Covered Healthcare Services within the geographic area served by a Host Blue, Empire will remain responsible for fulfilling Empire's contractual obligations. However, the Host Blue is responsible for contracting with and generally handling all interactions with its participating healthcare providers.

The BlueCard Program enables You to obtain Out-of-Area Covered Healthcare Services, as defined above, from a healthcare provider participating with a Host Blue, where available. The participating healthcare provider will automatically file a claim for the Out-of-Area Covered Healthcare Services provided to You, so there are no claim forms for You to fill out. You will be responsible for the applicable Member Cost Share amount, as stated in Your Schedule of Benefits.

Emergency Care Services: If You experience a Medical Emergency while traveling outside Empire's Local Network Area, go to the nearest Emergency, or Urgent Care facility.

Whenever You access covered healthcare services outside Empire's Local Network Area and, if applicable, Empire's corporate parent's service area and the claim is processed through the BlueCard Program, the amount You pay for covered healthcare services, if not a flat dollar Copayment, is calculated based on the lower of:

- The billed covered charges for Your Covered Services; or
- The negotiated price that the Host Blue makes available to Empire.

Often, this "negotiated price" will be a simple discount that reflects an actual price that the Host Blue pays to Your healthcare provider. Sometimes, it is an estimated price that takes into account special arrangements with Your healthcare provider or provider group that may include types of settlements, incentive payments, and/or other credits or charges. Occasionally, it may be an average price, based on a discount that results in expected average savings for similar types of healthcare providers after taking into account the same types of transactions as with an estimated price.

Estimated pricing and average pricing, going forward, also take into account adjustments to correct for over- or underestimation of modifications of past pricing for the types of transaction modifications noted above. However, such adjustments will not affect the price Empire uses for Your claim because they will not be applied retroactively to claims already paid.

Laws in a small number of states may require the Host Blue to add a surcharge to Your calculation. If any state laws mandate other liability calculation methods, including a surcharge, We would then calculate Your liability for any covered healthcare services according to applicable law.

Under certain circumstances, if Empire pays the healthcare provider amounts that are Your responsibility, such as Deductibles, Copayments or Coinsurance, Empire may collect such amounts directly from You. You agree that Empire has the right to collect such amounts from You.

## SECTION V. WHO IS COVERED

- A. Who is Covered Under this Certificate. You, the Subscriber to whom this Certificate is issued, are covered under this Certificate. You must live, work, or reside in Our Local Network Area to be covered under this Certificate. Members of Your family may also be covered depending on the type of coverage You selected.
- B. Types of Coverage. We offer the following types of coverage:
  - 1. Individual. If You selected individual coverage, then You are covered.
  - 2. Individual and Spouse. If You selected individual and Spouse coverage, then You and Your Spouse are covered.
  - 3. Parent and Child/Children. If You selected parent and child/children coverage, then You and Your Child or Children, as described below, are covered.
  - 4. Family. If You selected family coverage, then You and Your Spouse and Your Child or Children, as described below, are covered.
- C. Children Covered Under This Certificate. If You selected parent and child/children or family coverage, Children covered under this Certificate include Your natural Children, legally adopted Children, step Children, and Children for whom You are the proposed adoptive parent without regard to financial dependence, residency with You, student status or employment. A proposed adopted Child is eligible for coverage on the same basis as a natural Child during any waiting period prior to the finalization of the Child's adoption. Coverage lasts until the age set forth in the Schedule of Benefits section of this Certificate. Coverage also includes Children for whom You are a legal guardian if the Children are chiefly dependent upon You for support and You have been appointed the legal guardian by a court order. Foster Children and grandchildren are not Covered.

Any unmarried dependent Child, regardless of age, who is incapable of self-sustaining employment by reason of mental illness, developmental disability, mental retardation (as defined in the New York Mental Hygiene Law), or physical handicap and who became so incapable prior to attainment of the age at which the Child's coverage would otherwise terminate and who is chiefly dependent upon You for support and maintenance, will remain covered while Your insurance remains in force and Your Child remains in such condition. You have 31 days from the date of Your Child's attainment of the termination age to submit an application to request that the Child be included in Your coverage and proof of the Child's incapacity. We have the right to check whether a Child is and continues to qualify under this section.

We have the right to request and be furnished with such proof as may be needed to determine eligibility status of a prospective or covered Subscriber and all other prospective or covered Members in relation to eligibility for coverage under this Certificate at any time.

- D. When Coverage Begins. Coverage under this Certificate will begin as follows:
  - 1. If You, the Subscriber elect coverage before becoming eligible, or within 30 days of becoming eligible for other than a special enrollment period, coverage begins on the date You become eligible, or on the date determined by Your Group. Groups cannot impose waiting periods that exceed 90 days.
  - 2. If You, the Subscriber do not elect coverage upon becoming eligible or within 30 days of becoming eligible for other than a special enrollment period, You must wait until the Group's next open enrollment period to enroll, except as provided below.
  - 3. If You, the Subscriber, marry while covered, and We receive notice of such marriage within 30 days thereafter, coverage for Your Spouse starts on the date of such marriage. If We do not receive notice within 30 days of the marriage, You must wait until the Group's next open enrollment period to add Your Spouse.

- 4. If You, the Subscriber, have a newborn or adopted newborn Child and We receive notice of such birth within 60 days thereafter, coverage for Your newborn starts at the moment of birth; otherwise, coverage begins on the date on which We receive notice. Your adopted newborn Child will be covered from the moment of birth if You take physical custody of the infant as soon as the infant is released from the Hospital after birth and You file a petition pursuant to Section 115-c of the New York Domestic Relations Law within 60 days of the infant's birth; and provided further that no notice of revocation to the adoption has been filed pursuant to Section 115-b of the New York Domestic Relations Law, and consent to the adoption has not been revoked. However, We will not provide Hospital benefits for the adopted newborn's initial Hospital stay if one of the infant's natural parents has coverage for the newborn's initial Hospital stay. If You have individual or individual and Spouse coverage, You must also notify Us of Your desire to switch to parent and child/children or family coverage and pay any additional Premium within 60 days of the birth or adoption in order for coverage to start at the moment of birth. Otherwise, coverage begins on the date on which We receive notice and provided that You pay any additional Premium when due.
- E. Special Enrollment Periods. You, Your Spouse or Child, can also enroll for coverage within 30 days of the loss of coverage in another group health plan if coverage was terminated because You, Your Spouse or Child are no longer eligible for coverage under the other group health plan due to:
  - 1. Termination of employment;
  - 2. Termination of the other group health plan;
  - 3. Death of the Spouse;
  - 4. Legal separation, divorce or annulment;
  - 5. Reduction of hours of employment;
  - 6. Employer contributions toward the group health plan were terminated; or
  - 7. A Child no longer qualifies for coverage as a Child under the other group health plan.

You, Your Spouse or Child can also enroll 30 days from exhaustion of Your COBRA or continuation coverage.

We must receive notice and Premium payment within 30 days of the loss of coverage. The effective date of Your coverage will depend on when We receive Your application. If Your application is received between the first and fifteenth day of the month, Your coverage will begin on the first day of the following month. If Your application is received between the sixteenth day and the last day of the month, Your coverage will begin on the first day of the second month.

In addition, You, Your Spouse or Child, can also enroll for coverage within 60 days of the occurrence of one of the following events:

- 1. You or Your Spouse or Child loses eligibility for Medicaid or a state child health plan; or
- 2. You or Your Spouse or Child becomes eligible for Medicaid or a state child health plan.

We must receive notice and premium payment within 60 days of one of these events. The effective date of Your coverage will depend on when We receive Your application. If Your application is received between the first and fifteenth day of the month, Your coverage will begin on the first day of the following month. If Your application is received between the sixteenth day and the last day of the month, Your coverage will begin on the first day of the second month.

#### SECTION VI. PREVENTIVE CARE

Please refer to the Schedule of Benefits section of this Certificate for Cost-Sharing requirements, day or visit limits, and any Preauthorization requirements that apply to these benefits.

Preventive Care. We Cover the following services for the purpose of promoting good health and early detection of disease. Preventive services are not subject to Cost-Sharing (Copayments, Deductibles or Coinsurance) when performed by a Participating Provider and provided in accordance with the comprehensive guidelines supported by the Health Resources and Services Administration ("HRSA"), or if the items or services have an "A" or "B" rating from the United States Preventive Services Task Force ("USPSTF"), or if the immunizations are recommended by the Advisory Committee on Immunization Practices ("ACIP"). However, Cost-Sharing may apply to services provided during the same visit as the preventive services. Also, if a preventive service is provided during an office visit wherein the preventive service is not the primary purpose of the visit, the Cost-Sharing amount that would otherwise apply to the office visit will still apply. You may contact Us at the number on Your ID card or visit Our website at www.empireblue.com for a copy of the comprehensive guidelines supported by HRSA, items or services with an "A" or "B" rating from USPSTF, and immunizations recommended by ACIP.

- A. Well-Baby and Well-Child Care. We Cover well-baby and well-child care which consists of routine physical examinations including vision screenings and hearing screenings, developmental assessment, anticipatory guidance, and laboratory tests ordered at the time of the visit as recommended by the American Academy of Pediatrics. We also Cover preventive care and screenings as provided for in the comprehensive guidelines supported by HRSA and items or services with an "A" or "B" rating from USPSTF. If the schedule of well-child visits referenced above permits one (1) well-child visit per calendar year, We will not deny a well-child visit if 365 days have not passed since the previous well-child visit. Immunizations and boosters as required by ACIP are also Covered. This benefit is provided to Members from birth through attainment of age 19 and is not subject to Copayments, Deductibles or Coinsurance when provided by a Participating Provider.
- B. Adult Annual Physical Examinations. We Cover adult annual physical examinations and preventive care and screenings as provided for in the comprehensive guidelines supported by HRSA and items or services with an "A" or "B" rating from USPSTF.

Examples of items or services with an "A" or "B" rating from USPSTF include, but are not limited to, blood pressure screening for adults, cholesterol screening, colorectal cancer screening and diabetes screening. A complete list of the Covered preventive Services is available on Our website at www.empireblue.com, or will be mailed to You upon request.

You are eligible for a physical examination once every Calendar Year, regardless of whether or not 365 days have passed since the previous physical examination visit. Vision screenings do not include refractions.

This benefit is not subject to Copayments, Deductibles or Coinsurance when provided in accordance with the comprehensive guidelines supported by HRSA and items or services with an "A" or "B" rating from USPSTF and when provided by a Participating Provider.

- C. Adult Immunizations. We Cover adult immunizations as recommended by ACIP. This benefit is not subject to Copayments, Deductibles or Coinsurance when provided in accordance with the recommendations of ACIP and when provided by a Participating Provider.
- D. Well-Woman Examinations. We Cover well-woman examinations which consist of a routine gynecological examination, breast examination and annual Pap smear, including laboratory and diagnostic services in connection with evaluating the Pap smear. We also Cover preventive care and screenings as provided for in the comprehensive guidelines supported by HRSA and items or services with an "A" or "B" rating from USPSTF. A complete list of the Covered preventive Services is available on Our website at <a href="https://www.empireblue.com">www.empireblue.com</a>, or will be mailed to You upon request.

This benefit is not subject to Copayments, Deductibles or Coinsurance when provided in accordance with the comprehensive guidelines supported by HRSA and items or services with an "A" or "B" rating from USPSTF, which may be less frequent than described above, and when provided by a Participating Provider.

- E. Mammograms. We Cover mammograms for the screening of breast cancer as follows:
  - One (1) baseline screening mammogram for women age 35 through 39; and
  - One (1) baseline screening mammogram annually for women age 40 and over.

If a woman of any age has a history of breast cancer or her first degree relative has a history of breast cancer, We Cover mammograms as recommended by her Provider. However, in no event will more than one (1) preventive screening per Plan Year be Covered.

Mammograms for the screening of breast cancer are not subject to Copayments, Deductibles or Coinsurance when provided in accordance with the comprehensive guidelines supported by HRSA and items or services with an "A" or "B" rating from USPSTF, which may be less frequent than the above schedule, and when provided by a Participating Provider.

Diagnostic mammograms (mammograms that are performed in connection with the treatment or follow-up of breast cancer) are unlimited and are Covered whenever they are Medically Necessary. However, diagnostic mammograms may be subject to Copayments, Deductibles or Coinsurance.

F. Family Planning and Reproductive Health Services. We Cover family planning services which consist of FDA-approved contraceptive methods prescribed by a Provider, not otherwise Covered under the Prescription Drug Coverage section of this Certificate, counseling on use of contraceptives, and related topics, and sterilization procedures for women. Such services are not subject to Copayments, Deductibles or Coinsurance when provided in accordance with the comprehensive guidelines supported by HRSA and items or services with an "A" or "B" rating from USPSTF and when provided by a Participating Provider.

We also Cover vasectomies subject to Copayments, Deductibles or Coinsurance.

We do not Cover services related to the reversal of elective sterilizations.

- G. Bone Mineral Density Measurements or Testing. We Cover bone mineral density measurements or tests, and Prescription Drugs and devices approved by the FDA or generic equivalents as approved substitutes. Coverage of Prescription Drugs is subject to the Prescription Drug Coverage section of this Certificate. Bone mineral density measurements or tests, drugs or devices shall include those covered for individuals meeting the criteria under the federal Medicare program and those in accordance with the criteria of the National Institutes of Health. You will also qualify for Coverage of bone mineral density measurements and testing if You meet any of the following:
  - · Previously diagnosed as having osteoporosis or having a family history of osteoporosis;
  - · With symptoms or conditions indicative of the presence or significant risk of osteoporosis;
  - On a prescribed drug regimen posing a significant risk of osteoporosis;
  - With lifestyle factors to a degree as posing a significant risk of osteoporosis; or
  - With such age, gender, and/or other physiological characteristics which pose a significant risk for osteoporosis.

We also Cover bone mineral density measurements or tests, and Prescription Drugs and devices as provided for in the comprehensive guidelines supported by HRSA and items or services with an "A" or "B" rating from USPSTF.

This benefit is not subject to Copayments, Deductibles or Coinsurance when provided in accordance with the comprehensive guidelines supported by HRSA and items or services with an "A" or "B" rating from USPSTF, which may not include all of the above services such as drugs and devices and when provided by a Participating Provider.

H. Screening for Prostate Cancer. We Cover an annual standard diagnostic examination including, but not limited to, a digital rectal examination and a prostate specific antigen test for men age 50 and over who are asymptomatic and for men age 40 and over with a family history of prostate cancer or other prostate cancer risk factors. We also Cover standard diagnostic testing including, but not limited to, a digital rectal examination and a prostate-specific antigen test, at any age for men having a prior history of prostate cancer.

This benefit is not subject to Copayments, Deductibles or Coinsurance when provided by a Participating Provider.

### SECTION VII. AMBULANCE AND PRE-HOSPITAL EMERGENCY MEDICAL SERVICES

Please refer to the Schedule of Benefits section of this Certificate for Cost-Sharing requirements, day or visit limits, and any Preauthorization requirements that apply to these benefits. Pre-Hospital Emergency Medical Services and ambulance services for the treatment of an Emergency Condition do not require Preauthorization.

**A. Emergency Ambulance Transportation.** We Cover Pre-Hospital Emergency Medical Services for the treatment of an Emergency Condition when such services are provided by an ambulance service.

"Pre-Hospital Emergency Medical Services" means the prompt evaluation and treatment of an Emergency Condition and/or non-airborne transportation to a Hospital. The services must be provided by an ambulance service issued a certificate under the New York Public Health Law. We will, however, only Cover transportation to a Hospital provided by such an ambulance service when a prudent layperson, possessing an average knowledge of medicine and health, could reasonably expect the absence of such transportation to result in:

- Placing the health of the person afflicted with such condition or, with respect to a pregnant woman, the health of the woman or her unborn child in serious jeopardy, or in the case of a behavioral condition, placing the health of such person or others in serious jeopardy;
- Serious impairment to such person's bodily functions;
- · Serious dysfunction of any bodily organ or part of such person; or
- · Serious disfigurement of such person.

An ambulance service may not charge or seek reimbursement from You for Pre-Hospital Emergency Medical Services except for the collection of any applicable Copayment, Deductible or Coinsurance.

We also Cover emergency ambulance transportation by a licensed ambulance service (either ground, water or air ambulance) to the nearest Hospital where Emergency Services can be performed.

We Cover Pre-Hospital Emergency Medical Services and emergency ambulance transportation worldwide.

- **B.** Non-Emergency Ambulance Transportation. We Cover non-emergency ambulance transportation by a licensed ambulance service (either ground or air ambulance, as appropriate) between Facilities when the transport is any of the following:
  - From a non-participating Hospital to a participating Hospital;
  - To a Hospital that provides a higher level of care that was not available at the original Hospital:
  - To a more cost-effective Acute care Facility; or
  - From an Acute care Facility to a sub-Acute setting.

## C. Limitations/Terms of Coverage.

- We do not Cover travel or transportation expenses unless connected to an Emergency Condition or due to a Facility transfer approved by Us, even though prescribed by a Physician.
- We do not Cover non-ambulance transportation such as ambulette, van or taxi cab.
- Coverage for air ambulance related to an Emergency Condition or air ambulance related to non-emergency transportation is provided when Your medical condition is such that transportation by land ambulance is not appropriate; and Your medical condition requires immediate and rapid ambulance transportation that cannot be provided by land ambulance; and one (1) of the following is met:
  - o The point of pick-up is inaccessible by land vehicle: or
  - o Great distances or other obstacles (e.g., heavy traffic) prevent Your timely transfer to the nearest Hospital with appropriate facilities.

# SECTION VIII. EMERGENCY SERVICES AND URGENT CARE

Please refer to the Schedule of Benefits section of this Certificate for Cost-Sharing requirements, day or visit limits, and any Preauthorization requirements that apply to these benefits.

A. Emergency Services. We Cover Emergency Services for the treatment of an Emergency Condition in a Hospital.

We define an "Emergency Condition" to mean: A medical or behavioral condition that manifests itself by Acute symptoms of sufficient severity, including severe pain, such that a prudent layperson, possessing an average knowledge of medicine and health, could reasonably expect the absence of immediate medical attention to result in:

- Placing the health of the person afflicted with such condition or, with respect to a pregnant woman, the health of the woman or her unborn child in serious jeopardy, or in the case of a behavioral condition, placing the health of such person or others in serious jeopardy;
- Serious impairment to such person's bodily functions;
- Serious dysfunction of any bodily organ or part of such person; or
- Serious disfigurement of such person.

For example, an Emergency Condition may include, but is not limited to, the following conditions:

- Severe chest pain
- Severe or multiple injuries
- Severe shortness of breath
- Sudden change in mental status (e.g., disorientation)
- Severe bleeding
- Acute pain or conditions requiring immediate attention such as suspected heart attack or appendicitis
- Poisonings
- Convulsions

Coverage of Emergency Services for treatment of Your Emergency Condition will be provided regardless of whether the Provider is a Participating Provider. We will also Cover Emergency Services to treat Your Emergency Condition worldwide. However, We will Cover only those Emergency Services and supplies that are Medically Necessary and are performed to treat or stabilize Your Emergency Condition in a Hospital.

Please follow the instructions listed below regardless of whether or not You are in Our Local Network Area at the time Your Emergency Condition occurs:

 Hospital Emergency Department Visits. In the event that You require treatment for an Emergency Condition, seek immediate care at the nearest Hospital emergency department or call 911. Emergency Department Care does not require Preauthorization. However, only Emergency Services for the treatment of an Emergency Condition are Covered in an emergency department.

We do not Cover follow-up care or routine care provided in a Hospital emergency department.

2. Emergency Hospital Admissions. In the event that You are admitted to the Hospital, You or someone on Your behalf must notify Us at the number on Your ID card within 48 hours of Your admission, or as soon as is reasonably possible.

We Cover inpatient Hospital services at a non-participating Hospital at the in-network Cost-Sharing for as long as Your medical condition prevents Your transfer to a participating Hospital, If Your medical condition permits Your transfer to a participating Hospital, We will notify You and arrange the transfer. Any inpatient Hospital services received from a non-participating Hospital after We have notified You and arranged for a transfer to a participating Hospital will not be Covered.

3. Payments Relating to Emergency Services Rendered. The amount We pay a Non-Participating Provider for Emergency Services will be the greater of: 1) the amount We have negotiated with Participating Providers for the Emergency Service (and if more than one amount is negotiated, the median of the amounts); 2) 100% of the Allowed Amount for services provided by a Non-Participating Provider (i.e., the amount We would pay in the absence of any Cost-Sharing that would otherwise apply for services of Non-Participating Providers); or 3) the amount that would be paid under Medicare. The amounts described above exclude any Copayment or Coinsurance that applies to Emergency Services provided by a Participating Provider.

You are responsible for any Copayment, Deductible or Coinsurance. You will be held harmless for any Non-Participating Provider charges that exceed Your Copayment, Deductible or Coinsurance.

- B. Urgent Care. Urgent Care is medical care for an illness, injury or condition serious enough that a reasonable person would seek care right away, but not so severe as to require Emergency Department Care. Urgent Care is Covered in or out of Our Local Network Area.
  - 1. In-Network. We Cover Urgent Care from a participating Physician or a participating Urgent Care Center. You do not need to contact Us prior to, or after Your visit.
  - 2. Out-of-Network. We Cover Urgent Care from a non-participating Urgent Care Center or Physician outside Our Local Network Area.

If Urgent Care results in an emergency admission, please follow the instructions for emergency Hospital admissions described above.

## SECTION IX. OUTPATIENT AND PROFESSIONAL SERVICES

(for other than Mental Health and Substance Use)

Please refer to the Schedule of Benefits section of this Certificate for Cost-Sharing requirements, day or visit limits, and any Preauthorization requirements that apply to these benefits.

- **A. Acupuncture**. We Cover acupuncture services rendered by a Health Care Professional licensed to provide such services.
- B. Advanced Imaging Services. We Cover PET scans, MRI, nuclear medicine, and CAT scans.
- C. Allergy Testing and Treatment. We Cover testing and evaluations including injections, and scratch and prick tests to determine the existence of an allergy. We also Cover allergy treatment, including desensitization treatments, routine allergy injections and serums.
- **D.** Ambulatory Surgical Center Services. We Cover surgical procedures performed at Ambulatory Surgical Centers including services and supplies provided by the center the day the surgery is performed.
- E. Chemotherapy. We Cover chemotherapy in an outpatient Facility or in a Health Care Professional's office. Orally-administered anti-cancer drugs are Covered under the Prescription Drug Coverage section of this Certificate.
- F. Chiropractic Services. We Cover chiropractic care when performed by a Doctor of Chiropractic ("chiropractor") in connection with the detection or correction by manual or mechanical means of structural imbalance, distortion or subluxation in the human body for the purpose of removing nerve interference and the effects thereof, where such interference is the result of or related to distortion, misalignment or subluxation of the vertebral column. This includes assessment, manipulation and any modalities. Any laboratory tests will be Covered in accordance with the terms and conditions of this Certificate.
- **G.** Clinical Trials. We Cover the routine patient costs for Your participation in an approved clinical trial and such coverage shall not be subject to Utilization Review if You are:
  - Eligible to participate in an approved clinical trial to treat either cancer or other life-threatening disease or condition; and
  - Referred by a Participating Provider who has concluded that Your participation in the approved clinical trial would be appropriate.

All other clinical trials, including when You do not have cancer or other life-threatening disease or condition, may be subject to the Utilization Review and External Appeal sections of this Certificate.

We do not Cover: the costs of the investigational drugs or devices; the costs of non-health services required for You to receive the treatment; the costs of managing the research; or costs that would not be covered under this Certificate for non-investigational treatments provided in the clinical trial.

An "approved clinical trial" means a phase I, II III, or IV clinical trial that is:

- A federally funded or approved trial;
- Conducted under an investigational drug application reviewed by the federal Food and Drug Administration; or
- A drug trial that is exempt from having to make an investigational new drug application.
- H. Dialysis. We Cover dialysis treatments of an Acute or chronic kidney ailment. We also Cover dialysis treatments provided by a Non-Participating Provider subject to all the following conditions:
  - The Non-Participating Provider is duly licensed to practice and authorized to provide such treatment.

- The Non-Participating Provider is located outside Our Local Network Area.
- The Participating Provider who is treating You has issued a written order indicating that dialysis treatment by the Non-Participating Provider is necessary.
- You notify Us in writing at least 30 days in advance of the proposed treatment date(s) and
  include the written order referred to above. The 30-day advance notice period may be
  shortened when You need to travel on sudden notice due to a family or other emergency,
  provided that We have a reasonable opportunity to review Your travel and treatment plans.
- We have the right to Preauthorize the dialysis treatment and schedule.
- We will provide benefits for no more than ten (10) dialysis treatments by a Non-Participating Provider per Member per Benefit Period.
- Benefits for services of a Non-Participating Provider are Covered when all the above
  conditions are met and are subject to any applicable Cost-Sharing that applies to dialysis
  treatments by a Participating Provider. However, You are also responsible for paying any
  difference between the amount We would have paid had the service been provided by a
  Participating Provider and the Non-Participating Provider's charge.
- I. Home Health Care. We Cover care provided in Your home by a Home Health Agency certified or licensed by the appropriate state agency. The care must be provided pursuant to Your Physician's written treatment plan and must be in lieu of Hospitalization or confinement in a Skilled Nursing Facility. Home care includes:
  - Part-time or intermittent nursing care by or under the supervision of a registered professional nurse;
  - Part-time or intermittent services of a home health aide;
  - Physical, occupational or speech therapy provided by the Home Health Agency; and
  - Medical supplies, Prescription Drugs, and medications prescribed by a Physician, and laboratory services by or on behalf of the Home Health Agency to the extent such items would have been Covered during a Hospitalization or confinement in a Skilled Nursing Facility.

Home Health Care is limited to the number of visits on the Schedule of Benefits section of this Certificate. Each visit by a member of the Home Health Agency is considered one (1) visit. Each visit of up to four (4) hours by a home health aide is considered one (1) visit. Any Rehabilitation Services received under this benefit will not reduce the amount of services available under the Rehabilitation Services benefits.

- J. Infertility Treatment. We Cover services for the diagnosis and treatment (surgical and medical) of infertility when such infertility is the result of malformation, disease, or dysfunction. Such Coverage is available as follows:
  - Basic Infertility Services. Basic infertility services will be provided to a Member who is an
    appropriate candidate for infertility treatment. In order to determine eligibility, We will use
    guidelines established by the American College of Obstetricians and Gynecologists, the American
    Society for Reproductive Medicine, and the State of New York.
    - Basic infertility services include:
    - Initial evaluation:
    - Semen analysis;
    - Laboratory evaluation;
    - Evaluation of ovulatory function;
    - Postcoital test;
    - Endometrial biopsy;
    - Pelvic ultra sound;
    - Hysterosalpingogram;
    - Sono-hystogram;
    - Testis biopsy;
    - · Blood tests; and

Medically appropriate treatment of ovulatory dysfunction.

Additional tests may be Covered if the tests are determined to be Medically Necessary.

2. Comprehensive infertility Services. If the basic infertility services do not result in increased fertility, We Cover comprehensive infertility services.

Comprehensive infertility services include:

- Ovulation induction and monitoring;
- Pelvic ultra sound;
- Artificial insemination;
- Hysteroscopy;
- Laparoscopy; and
- Laparotomy.
- 3. Exclusions and Limitations. We do not Cover:
  - In vitro fertilization, gamete intrafallopian tube transfers or zygote intrafallopian tube transfers;
  - Costs for an ovum donor or donor sperm;
  - Sperm storage costs;
  - Cryopreservation and storage of embryos:
  - Ovulation predictor kits;
  - · Reversal of tubal ligations;
  - · Reversal of vasectomies:
  - Costs for and relating to surrogate motherhood (maternity services are Covered for Members acting as surrogate mothers);
  - Cloning; or
  - Medical and surgical procedures that are experimental or investigational, unless Our denial is overturned by an External Appeal Agent.

All services must be provided by Providers who are qualified to provide such services in accordance with the guidelines established and adopted by the American Society for Reproductive Medicine.

- K. Infusion Therapy. We Cover infusion therapy which is the administration of drugs using specialized delivery systems which otherwise would have required You to be hospitalized. Drugs or nutrients administered directly into the veins are considered infusion therapy. Drugs taken by mouth or self-injected are not considered infusion therapy. The services must be ordered by a Physician or other authorized Health Care Professional and provided in an office or by an agency licensed or certified to provide infusion therapy. Any visits for home infusion therapy count toward Your home health care visit limit.
- L. Interruption of Pregnancy. We Cover therapeutic abortions. We also Cover non-therapeutic abortions in cases of rape, incest or fetal malformation. We Cover elective abortions for one (1) procedure per Member, per Benefit Period.
- M. Laboratory Procedures, Diagnostic Testing and Radiology Services. We Cover x-ray, laboratory procedures and diagnostic testing, services and materials, including diagnostic x-rays, x-ray therapy, fluoroscopy, electrocardiograms, electroencephalograms, laboratory tests, and therapeutic radiology services.
- N. Maternity and Newborn Care. We Cover services for maternity care provided by a Physician or midwife, nurse practitioner, Hospital or birthing center. We Cover prenatal care (including one (1) visit for genetic testing), postnatal care, delivery, and complications of pregnancy. In order for services of

a midwife to be Covered, the midwife must be licensed pursuant to Article 140 of the New York Education Law, practicing consistent with Section 6951 of the New York Education Law and affiliated or practicing in conjunction with a Facility licensed pursuant to Article 28 of the New York Public Health Law. We will not pay for duplicative routine services provided by both a midwife and a Physician. See the Inpatient Services section of this Certificate for Coverage of inpatient maternity care.

We Cover the cost of renting one (1) breast pump per year.

- O. Medications for Use in the Office. We Cover medications and injectables (excluding self-injectables) used by Your Provider in the Provider's office for preventive and therapeutic purposes. This benefit applies when Your Provider orders the Prescription Drug and administers it to You. When Prescription Drugs are Covered under this benefit, they will not be Covered under the Prescription Drug Coverage section of this Certificate.
- P. Office Visits. We Cover office visits for the diagnosis and treatment of injury, disease and medical conditions. Office visits may include house calls.
- Q. Outpatient Hospital Services. We Cover Hospital services and supplies as described in the Inpatient Services section of this Certificate that can be provided to You while being treated in an outpatient Facility. For example, Covered Services include but are not limited to inhalation therapy, pulmonary rehabilitation, infusion therapy and cardiac rehabilitation.
- R. Preadmission Testing. We Cover preadmission testing ordered by Your Physician and performed in Hospital outpatient facilities Facilities prior to a scheduled surgery in the same Hospital provided that:
  - The tests are necessary for and consistent with the diagnosis and treatment of the condition for which the surgery is to be performed;
  - Reservations for a Hospital bed and operating room were made prior to the performance of the tests:
  - Surgery takes place within seven (7) days of the tests; and
  - The patient is physically present at the Hospital for the tests.
- S. Rehabilitation Services. We Cover Rehabilitation Services consisting of physical therapy, speech therapy and occupational therapy in the outpatient department of a Facility or in a Health Care Professional's office for up to the number of visits listed on the Schedule of Benefits section of this Certificate.

## T. Second Opinions.

- 1. Second Cancer Opinion. We Cover a second medical opinion by an appropriate Specialist, including but not limited to a Specialist affiliated with a specialty care center, in the event of a positive or negative diagnosis of cancer or a recurrence of cancer or a recommendation of a course of treatment for cancer. You may obtain a second opinion from a Non-Participating Provider on an in-network basis when Your attending Physician provides a written authorization to a non-participating Specialist.
- 2. Second Surgical Opinion. We Cover a second surgical opinion by a qualified Physician on the need for surgery.
- 3. Required Second Surgical Opinion. We may require a second opinion before We preauthorize a surgical procedure. There is no cost to You when We request a second opinion.
  - The second opinion must be given by a board certified Specialist who personally examines You.
  - If the first and second opinions do not agree You may obtain a third opinion.
  - The second and third surgical opinion consultants may not perform the surgery on You.

- 4. Second Opinions in Other Cases. There may be other instances when You will disagree with a Provider's recommended course of treatment. In such cases, You may request that we designate another Provider to render a second opinion. If the first and second opinions do not agree, We will designate another Provider to render a third opinion. After completion of the second opinion process, We will preauthorize Covered Services supported by a majority of the Providers reviewing Your case.
- U. Surgical Services. We Cover Physicians' services for surgical procedures, including operating and cutting procedures for the treatment of a sickness or injury, and closed reduction of fractures and dislocations of bones, endoscopies, incisions, or punctures of the skin on an inpatient and outpatient basis, including the services of the surgeon or Specialist, assistant (including a Physician's assistant or a nurse practitioner), and anesthetist or anesthesiologist, together with preoperative and post-operative care. Benefits are not available for anesthesia services provided as part of a surgical procedure when rendered by the surgeon or the surgeon's assistant.

Sometimes two (2) or more surgical procedures can be performed during the same operation.

- 1. Through the Same Incision. If Covered multiple surgical procedures are performed through the same incision, We will pay for the procedure with the highest Allowed Amount.
- 2. Through Different Incisions. If Covered multiple surgical procedures are performed during the same operative session but through different incisions, We will pay:
  - For the procedure with the highest Allowed Amount; and
  - 50% of the amount We would otherwise pay for the other procedures.
- V. Oral Surgery. We Cover the following limited dental and oral surgical procedures:
  - Oral surgical procedures for jaw bones or surrounding tissue and dental services for the repair or replacement of sound natural teeth that are required due to accidental injury.
     Replacement is Covered only when repair is not possible. Dental services must be obtained within 12 months of the injury.
  - Oral surgical procedures for jaw bones or surrounding tissue and dental services necessary due to congenital disease or anomaly.
  - Oral surgical procedures required for the correction of a non-dental physiological condition which has resulted in a severe functional impairment.
  - Removal of tumors and cysts requiring pathological examination of the jaws, cheeks, lips, tongue, roof and floor of the mouth. Cysts related to teeth are not Covered.
  - Surgical/nonsurgical medical procedures for temporomandibular joint disorders and orthognathic surgery.
- W. Reconstructive Breast Surgery. We Cover breast reconstruction surgery after a mastectomy or partial mastectomy. Coverage includes: all stages of reconstruction of the breast on which the mastectomy or partial mastectomy has been performed; surgery and reconstruction of the other breast to produce a symmetrical appearance; and physical complications of the mastectomy or partial mastectomy, including lymphedemas, in a manner determined by You and Your attending Physician to be appropriate. We also Cover implanted breast prostheses following a mastectomy or partial mastectomy.
- X. Other Reconstructive and Corrective Surgery. We Cover reconstructive and corrective surgery other than reconstructive breast surgery only when it is:
  - Performed to correct a congenital birth defect of a covered Child which has resulted in a functional defect; or
  - Incidental to surgery or follows surgery that was necessitated by trauma, infection or disease
    of the involved part; or
  - Otherwise Medically Necessary.

- Y. Telemedicine Program. We Cover online internet consultations between You and Providers who participate in Our telemedicine program for medical conditions that are not an Emergency Condition. Not all Participating Providers participate in Our telemedicine program. You can check Our Provider directory or contact Us for a listing of the Providers that participate in Our telemedicine program.
  - Online visits. Your coverage includes online physician office visits. Covered Services include a medical consultation using the internet via a webcam with online chat or voice functions. Services are provided by board certified, licensed Primary Care Physicians. Online visits are not for specialist care. Common types of diagnoses and conditions treated online are: cough, fever, headaches, sore throat, routine child health issues, influenza, upper respiratory infections, sinusitis, bronchitis and urinary tract infections, when uncomplicated in nature.

**Member Access.** To begin the online visit, log on to [www.livehealthonline.com] and establish an online account by providing some basic information about You and Your insurance plan. Before You connect to a Doctor, You will be asked to identify: the kind of condition You want to discuss with the Doctor, list Your local pharmacy, provide information for the credit card You want Your cost share for the visit to be billed to, agree to the terms of use, and select an available Physician. If You are not in New York State when You seek an online visit, You will need to check to be sure an online Doctor is available in the state You are in because online Doctors are not available in every state.

The visit with the Physician will not start until You provide the above information and click "connect." The visit will be documented in an electronic health record. You may access Your records and print them, and may email or fax them to Your Primary Care Physician.

**Note about Covered Services.** Online visits are not meant for the following purposes:

- To get reports of normal lab or other test results;
- To request an office appointment;
- · To ask billing, insurance coverage or payment questions;
- To ask for a referral to a specialist Doctor;
- · To request precertification for a benefit under your health Plan; or
- To ask the Physician to consult with another Physician.
- Z. Transplants. We Cover only those transplants determined to be non-experimental and non-investigational. Covered transplants include but are not limited to: kidney, corneal, liver, heart, and heart/lung transplants; and bone marrow transplants for aplastic anemia, leukemia, severe combined immunodeficiency disease and Wiskott-Aldrich Syndrome.

## All transplants must be prescribed by Your Specialist(s).

We Cover the Hospital and medical expenses, including donor search fees, of the Member-recipient. We Cover transplant services required by You when You serve as an organ donor only if the recipient is a Member. We do not Cover the medical expenses of a non-Member acting as a donor for You if the non-Member's expenses will be Covered under another health plan or program.

To maximize Your benefits, You should call Our Transplant Department to as soon as You think You may need a transplant to talk about Your benefit options. You must do this before You have an evaluation and/or work-up for a transplant. We will help You maximize Your benefits by giving You coverage information, including details on what is Covered and if any clinical coverage guidelines, medical policies, In-Network Transplant Provider rules, or Exclusions apply. Call the Member Services number on the back of Your ID card and ask for the transplant coordinator. Even if We give a prior approval for the Covered Transplant Procedure, You or Your Provider must

call Our Transplant Department for Precertification prior to the transplant whether this is performed in an Inpatient or Outpatient setting.

Precertification is required for a transplant. Your Doctor must certify, and We must agree, that the transplant is Medically Necessary. Your Doctor should send a written request for Precertification to Us as soon as possible to start this process.

Please note that there are cases where Your Provider asks for approval for HLA testing, donor searches and/or a harvest and storage of stem cells prior to the final decision as to what transplant procedure will be needed. In these cases, the HLA testing and donor search charges will be Covered as routine diagnostic tests. The harvest and storage request will be reviewed for Medical Necessity and may be approved. However, such an approval for HLA testing, donor search and/or harvest and storage is NOT an approval for the later transplant. A separate Medical Necessity decision will be needed for the transplant.

We do not Cover: travel expenses, lodging, meals, or other accommodations for donors or guests; donor fees in connection with organ transplant surgery; or routine harvesting and storage of stem cells from newborn cord blood.

## SECTION X. ADDITIONAL BENEFITS, EQUIPMENT AND DEVICES

Please refer to the Schedule of Benefits section of this Certificate for Cost-Sharing requirements, day or visit limits, and any Preauthorization requirements that apply to these benefits.

- A. Autism Spectrum Disorder. We Cover the following services when such services are prescribed or ordered by a licensed Physician or a licensed psychologist and are determined by Us to be Medically Necessary for the screening, diagnosis, and treatment of autism spectrum disorder. For purposes of this benefit, "autism spectrum disorder" means any pervasive developmental disorder defined in the most recent edition of the Diagnostic and Statistical Manual of Mental Disorders at the time services are rendered.
  - 1. **Screening and Diagnosis.** We Cover assessments, evaluations, and tests to determine whether someone has autism spectrum disorder.
  - 2. Assistive Communication Devices. We Cover a formal evaluation by a speech-language pathologist to determine the need for an assistive communication device. Based on the formal evaluation, We Cover the rental or purchase of assistive communication devices when ordered or prescribed by a licensed Physician or a licensed psychologist if You are unable to communicate through normal means (i.e., speech or writing) when the evaluation indicates that an assistive communication device is likely to provide You with improved communication. Examples of assistive communication devices include communication boards and speech-generating devices. Coverage is limited to dedicated devices. We will only Cover devices that generally are not useful to a person in the absence of a communication impairment. We do not Cover items, such as, but not limited to, laptop, desktop, or tablet computers. We Cover software and/or applications that enable a laptop, desktop, or tablet computer to function as a speech-generating device. Installation of the program and/or technical support is not separately reimbursable. We will determine whether the device should be purchased or rented.

We Cover repair, replacement fitting and adjustments of such devices when made necessary by normal wear and tear or significant change in Your physical condition. We do not Cover the cost of repair or replacement made necessary because of loss or damage caused by misuse, mistreatment, or theft. Coverage will be provided for the device most appropriate to Your current functional level. We do not Cover delivery or service charges or routine maintenance.

- 3. Behavioral Health Treatment. We Cover counseling and treatment programs that are necessary to develop, maintain, or restore, to the maximum extent practicable, the functioning of an individual. We will provide such Coverage when provided by a licensed Provider. We Cover applied behavior analysis when provided by a licensed or certified applied behavior analysis Health Care Professional. "Applied behavior analysis" means the design, implementation, and evaluation of environmental modifications, using behavioral stimuli and consequences, to produce socially significant improvement in human behavior, including the use of direct observation, measurement, and functional analysis of the relationship between environment and behavior. The treatment program must describe measurable goals that address the condition and functional impairments for which the intervention is to be applied and include goals from an initial assessment and subsequent interim assessments over the duration of the intervention in objective and measurable terms.
- 4. Psychiatric and Psychological Care. We Cover direct or consultative services provided by a psychiatrist, psychologist, or a licensed clinical social worker with the experience required by the New York Insurance Law, licensed in the state in which they are practicing.
- 5. Therapeutic Care. We Cover therapeutic services necessary to develop, maintain, or restore, to the greatest extent practicable, functioning of the individual when such services are provided by licensed or certified speech therapists, occupational therapists, physical therapists, and social workers to treat autism spectrum disorder and when the services provided by such Providers are

otherwise Covered under this Certificate. Except as otherwise prohibited by law, services provided under this paragraph shall be included in any visit maximums applicable to services of such therapists or social workers under this Certificate.

- 6. Pharmacy Care. We Cover Prescription Drugs to treat autism spectrum disorder that are prescribed by a Provider legally authorized to prescribe under Title 8 of the New York Education Law. Coverage of such Prescription Drugs is subject to all the terms, provisions, and limitations that apply to Prescription Drug benefits under this Certificate.
- 7. Limitations. We do not Cover any services or treatment set forth above when such services or treatment are provided pursuant to an individualized education plan under the New York Education Law. The provision of services pursuant to an individualized family service plan under Section 2545 of the New York Public Health Law, an individualized education plan under Article 89 of the New York Education Law, or an individualized service plan pursuant to regulations of the New York State Office for Persons With Developmental Disabilities shall not affect Coverage under this Certificate for services provided on a supplemental basis outside of an educational setting if such services are prescribed by a licensed Physician or licensed psychologist.

You are responsible for any applicable Copayment, Deductible or Coinsurance provisions under this Certificate for similar services. For example, any Copayment, Deductible or Coinsurance that applies to physical therapy visits will generally also apply to physical therapy services Covered under this benefit; and any Copayment, Deductible or Coinsurance for Prescription Drugs will generally also apply to Prescription Drugs Covered under this benefit. See the Schedule of Benefits section of this Certificate for the Cost-Sharing requirements that apply to applied behavior analysis services and assistive communication devices.

Nothing in this Certificate shall be construed to affect any obligation to provide coverage for otherwise-Covered Services solely on the basis that the services constitute early intervention program services pursuant to Section 3235-a of the New York Insurance Law or an individualized service plan pursuant to regulations of the New York State Office for Persons with Developmental Disabilities.

- B. Diabetic Equipment, Supplies and Self-Management Education. We Cover diabetic equipment, supplies, and self-management education if recommended or prescribed by a Physician or other licensed Health Care Professional legally authorized to prescribe under Title 8 of the New York Education Law as described below:
  - Equipment and Supplies. We Cover the following equipment and related supplies for the treatment of diabetes when prescribed by Your Physician or other Provider legally authorized to prescribe:
    - Acetone reagent strips
    - Acetone reagent tablets
    - Alcohol or peroxide by the pint
    - Alcohol wipes
    - All insulin preparations
    - · Automatic blood lance kit
    - Blood glucose kit
    - Blood glucose strips (test or reagent)
    - Blood glucose monitor with or without special features for visually impaired, control solutions, and strips for home blood glucose monitor

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- Cartridges for the visually impaired
- Diabetes data management systems
- Disposable insulin and pen cartridges
- Drawing-up devices for the visually impaired
- Equipment for use of the pump

- Glucagon for injection to increase blood glucose concentration
- · Glucose acetone reagent strips
- Glucose reagent strips
- Glucose reagent tape
- Injection aides
- Injector (Busher) Automatic
- Insulin
- Insulin cartridge delivery
- Insulin infusion devices
- Insulin pump
- Lancets
- Oral agents such as glucose tablets and gels
- Oral anti-diabetic agents used to reduce blood sugar levels
- Syringe with needle; sterile 1 cc box
- Urine testing products for glucose and ketones
- Additional supplies, as the New York State Commissioner of Health shall designate by regulation as appropriate for the treatment of diabetes.
- 2. Self-Management Education. Diabetes self-management education is education designed to educate persons with diabetes as to the proper self-management and treatment of their diabetic condition including information on proper diets. We Cover education on self-management and nutrition when: diabetes is initially diagnosed; a Physician diagnoses a significant change in Your symptoms or condition which necessitates a change in Your self-management education; or when a refresher course is necessary. It must be provided in accordance with the following:
  - By a Physician, other health care Provider authorized to prescribe under Title 8 of the New York Education Law, or their staff during an office visit;
  - Upon the Referral of Your Physician or other health care Provider authorized to prescribe under Title 8 of the New York Education Law to the following non-Physician, medical educators: certified diabetes nurse educators; certified nutritionists; certified dietitians; and registered dietitians in a group setting when practicable; and
  - Education will also be provided in Your home when Medically Necessary.
- 3. Limitations. The items will only be provided in amounts that are in accordance with the treatment plan developed by the Physician for You. We Cover only basic models of blood glucose monitors unless You have special needs relating to poor vision or blindness.
- C. Durable Medical Equipment and Braces. We Cover the rental or purchase of durable medical equipment and braces.
  - 1. Durable Medical Equipment. Durable Medical Equipment is equipment which is:
    - Designed and intended for repeated use;
    - Primarily and customarily used to serve a medical purpose;
    - Generally not useful to a person in the absence of disease or injury; and
    - Appropriate for use in the home.

Coverage is for standard equipment only. We Cover the cost of repair or replacement when made necessary by normal wear and tear. We do not Cover the cost of repair or replacement that is the result of misuse or abuse by You. We will determine whether to rent or purchase such equipment.

We do not Cover equipment designed for Your comfort or convenience (e.g., pools, hot tubs, air conditioners, saunas, humidifiers, dehumidifiers, exercise equipment), as it does not meet the definition of durable medical equipment.

- 2. Braces. We Cover braces, including orthotic braces that are worn externally and that temporarily or permanently assist all or part of an external body part function that has been lost or damaged because of an injury, disease or defect. Coverage is for standard equipment only. We Cover replacements when growth or a change in Your medical condition make replacement necessary. We do not Cover the cost of repair or replacement that is the result of misuse or abuse by You.
- D. Hospice. Hospice Care is available if Your primary attending Physician has certified that You have six (6) months or less to live. We Cover inpatient Hospice Care in a Hospital or hospice and home care and outpatient services provided by the hospice, including drugs and medical supplies. Coverage is limited to the number of days indicated on the Schedule of Benefits section of this Certificate. We also Cover five (5) visits for supportive care and guidance for the purpose of helping You and Your immediate family cope with the emotional and social issues related to Your death, either before or after Your death.

We Cover Hospice Care only when provided as part of a Hospice Care program certified pursuant to Article 40 of the New York Public Health Law. If care is provided outside New York State, the hospice must be certified under a similar certification process required by the state in which the hospice is located. We do not Cover: funeral arrangements; pastoral, financial, or legal counseling; homemaker, or caretaker.

- E. Medical Supplies. We Cover medical supplies that are required for the treatment of a disease or injury which is Covered under this Certificate. We also Cover maintenance supplies (e.g., ostomy supplies) for conditions Covered under this Certificate. All such supplies must be in the appropriate amount for the treatment or maintenance program in progress. We do not Cover over-the-counter medical supplies. See the Diabetic Equipment, Supplies and Self-Management Education section above for a description of diabetic supply Coverage.
- F. Orthotics. We Cover orthotics (e.g., shoe inserts) that are necessary to: support, restore or protect body function; redirect, eliminate or restrict motion of an impaired body part; or relieve or correct a condition caused by an injury or illness. We Cover replacements: due to a change in Your condition; when required repairs would exceed the cost of a replacement device or parts that need to be replaced; or when there has been an irreparable change in the condition of the device due to normal wear and tear. We do not Cover the cost of repair or replacement that is the result of misuse or abuse by You.

#### G. Prosthetics.

External Prosthetic Devices. We Cover prosthetic devices (including wigs) that are worn
externally and that temporarily or permanently replace all or part of an external body part that has
been lost or damaged because of an injury or disease.

We do not Cover dentures or other devices used in connection with the teeth unless required due to an accidental injury to sound natural teeth or necessary due to congenital disease or anomaly.

We Cover external breast prostheses following a mastectomy, which are not subject to any lifetime limit.

We do not Cover eyeglasses or contact lenses.

Coverage is for standard equipment only.

2. Internal Prosthetic Devices. We Cover surgically implanted prosthetic devices and special appliances if they improve or restore the function of an internal body part which has been removed or damaged due to disease or injury. This includes implanted breast prostheses following a mastectomy or partial mastectomy in a manner determined by You and Your attending Physician to be appropriate.

Coverage also includes repair and replacement due to normal growth or normal wear and tear.

Coverage is for standard equipment only.

## SECTION XI. INPATIENT SERVICES

(for other than Mental Health and Substance Use)

Please refer to the Schedule of Benefits section of this Certificate for Cost-Sharing requirements, day or visit limits, and any Preauthorization requirements that apply to these benefits.

- A. Hospital Services. We Cover inpatient Hospital services for Acute care or treatment given or ordered by a Health Care Professional for an illness, injury or disease of a severity that must be treated on an inpatient basis including:
  - Semiprivate room and board;
  - · General, special and critical nursing care;
  - Meals and special diets;
  - The use of operating, recovery, and cystoscopic rooms and equipment;
  - The use of intensive care, special care, or cardiac care units and equipment;
  - Diagnostic and therapeutic items, such as drugs and medications, sera, biologicals and vaccines, intravenous preparations and visualizing dyes and administration, but not including those which are not commercially available for purchase and readily obtainable by the Hospital;
  - Dressings and plaster casts;
  - Supplies and the use of equipment in connection with oxygen, anesthesia, physiotherapy, chemotherapy, electrocardiographs, electroencephalographs,x-ray examinations and radiation therapy, laboratory and pathological examinations;
  - Blood and blood products except when participation in a volunteer blood replacement program is available to You;
  - Radiation therapy, inhalation therapy, chemotherapy, pulmonary rehabilitation, infusion therapy and cardiac rehabilitation;
  - Short-term physical, speech and occupational therapy; and
  - Any additional medical services and supplies which are provided while You are a registered bed patient and which are billed by the Hospital.

The Cost-Sharing requirements in the Schedule of Benefits section of this Certificate apply to a continuous Hospital confinement, which is consecutive days of in-Hospital service received as an inpatient or successive confinements when discharge from and readmission to the Hospital occur within a period of not more than 90 days.

- **B.** Observation Services. We Cover observation services in a Hospital. Observation services are Hospital outpatient services provided to help a Physician decide whether to admit or discharge You. These services include use of a bed and periodic monitoring by nursing or other licensed staff.
- C. Inpatient Medical Services. We Cover medical visits by a Health Care Professional on any day of inpatient care Covered under this Certificate.
- D. Inpatient Stay for Maternity Care. We Cover inpatient maternity care in a Hospital for the mother, and inpatient newborn care in a Hospital for the infant, for at least 48 hours following a normal delivery and at least 96 hours following a caesarean section delivery, regardless of whether such care is Medically Necessary. The care provided shall include parent education, assistance, and training in breast or bottle-feeding, and the performance of any necessary maternal and newborn clinical assessments. We will also Cover any additional days of such care that We determine are Medically Necessary. In the event the mother elects to leave the Hospital and requests a home care visit before the end of the 48-hour or 96-hour minimum Coverage period, We will Cover a home care visit. The home care visit will be provided within 24 hours after the mother's discharge, or at the time of the mother's request, whichever is later. Our Coverage of this home care visit shall be in addition to home health care visits under this Certificate and shall not be subject to any Cost-Sharing amounts in the Schedule of Benefits section of this Certificate that apply to home care benefits.

- E. Inpatient Stay for Mastectomy Care. We Cover inpatient services for Members undergoing a lymph node dissection, lumpectomy, mastectomy or partial mastectomy for the treatment of breast cancer and any physical complications arising from the mastectomy, including lymphedema, for a period of time determined to be medically appropriate by You and Your attending Physician.
- F. Autologous Blood Banking Services. We Cover autologous blood banking services only when they are being provided in connection with a scheduled, Covered inpatient procedure for the treatment of a disease or injury. In such instances, We Cover storage fees for a reasonable storage period that is appropriate for having the blood available when it is needed.
- **G.** Rehabilitation Services. We Cover inpatient Rehabilitation Services consisting of physical therapy, speech therapy and occupational therapy. Coverage is limited to the number of days indicated on the Schedule of Benefits section of this Certificate.
- H. Skilled Nursing Facility. We Cover services provided in a Skilled Nursing Facility, including care and treatment in a semi-private room, as described in Hospital Services above. Custodial, convalescent or domiciliary care is not Covered (see the Exclusions and Limitations section of this Certificate). An admission to a Skilled Nursing Facility must be supported by a treatment plan prepared by Your Provider and approved by Us. Coverage for non-custodial care is limited to the number of days indicated on the Schedule of Benefits section of this Certificate.
- I. End of Life Care. If You are diagnosed with advanced cancer and You have fewer than 60 days to live, We will Cover Acute care provided in a licensed Article 28 Facility or Acute care Facility that specializes in the care of terminally ill patients. Your attending Physician and the Facility's medical director must agree that Your care will be appropriately provided at the Facility. If We disagree with Your admission to the Facility, We have the right to initiate an expedited external appeal to an External Appeal Agent. We will Cover and reimburse the Facility for Your care, subject to any applicable limitations in this Certificate until the External Appeal Agent renders a decision in Our favor.

We will reimburse Non-Participating Providers for this end of life care as follows:

- 1. We will reimburse a rate that has been negotiated between Us and the Provider.
- 2. If there is no negotiated rate, We will reimburse Acute care at the Facility's current Medicare Acute care rate.
- 3. If it is an alternate level of care, We will reimburse at 75% of the appropriate Medicare Acute care rate.
- J. Centers of Excellence. Centers of Excellence are Hospitals that We have approved and designated for certain services. We Cover the following Services when performed at Centers of Excellence:
  - Transplants.

#### K. Limitations/Terms of Coverage.

- 1. When You are receiving inpatient care in a Facility, We will not cover additional charges for special duty nurses, charges for private rooms (unless a private room is Medically Necessary), or medications and supplies You take home from the Facility. If You occupy a private room, and the private room is not Medically Necessary, Our Coverage will be based on the Facility's maximum semi-private room charge. You will have to pay the difference between that charge and the private room charge.
- 2. We do not Cover radio, telephone or television expenses, or beauty or barber services.
- 3. We do not Cover any charges incurred after the day We advise You it is no longer Medically Necessary for you to receive inpatient care, unless Our denial is overturned by an External Appeal Agent.

#### SECTION XII. MENTAL HEALTH CARE AND SUBSTANCE USE SERVICES

Please refer to the Schedule of Benefits section of this Certificate for Cost-Sharing requirements, day or visit limits, and any Preauthorization requirements that apply to these benefits.

#### A. Mental Health Care Services.

- 1. Inpatient Services. We Cover inpatient mental health care services relating to the diagnosis and treatment of mental, nervous and emotional disorders comparable to other similar Hospital, medical, and surgical coverage provided under this Certificate. Coverage for inpatient services for mental health care is limited to Facilities defined in New York Mental Hygiene Law Section 1.03(10), such as:
  - A psychiatric center or inpatient Facility under the jurisdiction of the New York State Office of Mental Health;
  - A state or local government run psychiatric inpatient Facility;
  - A part of a Hospital providing inpatient mental health care services under an operating certificate issued by the New York State Commissioner of Mental Health;
  - A comprehensive psychiatric emergency program or other Facility providing inpatient mental health care that has been issued an operating certificate by the New York State Commissioner of Mental Health;

and, in other states, to similarly licensed or certified Facilities.

We also Cover inpatient mental health care services relating to the diagnosis and treatment of mental, nervous and emotional disorders received at Facilities that provide residential treatment, including room and board charges. Coverage for residential treatment services is limited to Facilities defined in New York Mental Hygiene Law Section 1.03(33) and to residential treatment facilities that are part of a comprehensive care center for eating disorders identified pursuant to Article 27-J of the New York Public Health Law; and, in other states, to Facilities that are licensed or certified to provide the same level of treatment.

- 2. Outpatient Services. We Cover outpatient mental health care services, including but not limited to partial hospitalization program services and intensive outpatient program services, relating to the diagnosis and treatment of mental, nervous and emotional disorders. Coverage for outpatient services for mental health care includes Facilities that have been issued an operating certificate pursuant to Article 31 of the New York Mental Hygiene Law or are operated by the New York State Office of Mental Health and, in other states, to similarly licensed or certified Facilities; and services provided by a licensed psychiatrist or psychologist; a licensed clinical social worker; a licensed mental health counselor; a licensed marriage and family therapist; a licensed psychoanalyst; or a professional corporation or a university faculty practice corporation thereof.
- 3. Limitations/Terms of Coverage. We do not Cover:
  - Benefits or services deemed to be cosmetic in nature on the grounds that changing or improving an individual's appearance is justified by the individual's mental health needs;
  - Mental health benefits or services for individuals who are incarcerated, confined or committed to a local correctional facility or prison, or a custodial facility for youth operated by the New York State Office of Children and Family Services; or
  - · Services solely because they are ordered by a court.

#### B. Substance Use Services.

1. Inpatient Services. We Cover inpatient substance use services relating to the diagnosis and treatment of substance use disorder. This includes Coverage for detoxification and rehabilitation services as a consequence of chemical use and/or substance use. Inpatient substance use services are limited to Facilities in New York State which are certified by the Office of Alcoholism

and Substance Abuse Services ("OASAS"); and, in other states, to those Facilities that are licensed or certified by a similar state agency or which are accredited by the Joint Commission as alcoholism, substance abuse or chemical dependence treatment programs.

We also Cover inpatient substance use services relating to the diagnosis and treatment of substance use disorder received at Facilities that provide residential treatment, including room and board charges. Coverage for residential treatment services is limited to OASAS-certified Facilities that provide services defined in 14 NYCRR 819.2(a)(1) and Part 817; and, in other states, to those Facilities that are licensed or certified by a similar state agency or which are accredited by the Joint Commission as alcoholism, substance abuse or chemical dependence treatment programs to provide the same level of treatment.

2. Outpatient Services. We Cover outpatient substance use services relating to the diagnosis and treatment substance use disorder, including methadone treatment. Such Coverage is limited to Facilities in New York State that are certified by OASAS or licensed by OASAS as outpatient clinics or medically supervised ambulatory substance abuse programs, and, in other states, to those that are licensed or certified by a similar state agency or which are accredited by the Joint Commission as alcoholism, substance abuse or chemical dependence treatment programs. Coverage is also available in a professional office setting for outpatient substance use disorder services relating to the diagnosis and treatment of alcoholism, substance use and dependency or by Physicians who have been granted a waiver pursuant to the federal Drug Addiction Treatment Act of 2000 to prescribe Schedule III, IV and V narcotic medications for the treatment of opioid addiction during the Acute detoxification stage of treatment or during stages of rehabilitation.

We also Cover up to 20 outpatient visits per Benefit Period for family counseling. A family member will be deemed to be covered, for the purposes of this provision, so long as that family member: 1) identifies himself or herself as a family member of a person suffering from substance use disorder; and 2) is covered under the same family Certificate that covers the person receiving, or in need of, treatment for substance use disorder. Our payment for a family member therapy session will be the same amount, regardless of the number of family members who attend the family therapy session.

#### SECTION XIII. WELLNESS BENEFITS

- A. Voluntary Clinical Quality Programs. The purpose of these voluntary clinical quality programs is to promote good health and early detection of disease. They are designed to encourage eligible Members to obtain certain covered Preventive Care or other recommended care covered under this Certificate that was not received within the recommended timeframe. For instance, a program may be designed to encourage You to bring Your child to his or her PCP for a well-child or well-baby care visit if You missed a recommended check-up, or may encourage You to get certain screening tests such as a mammogram if You have not been tested within the recommended age range. Or, a program may encourage You to have a medical visit within a specific time period such as a postpartum checkup within a set number of days after delivery of a newborn, or a home visit so You can provide a blood sample for a recommended laboratory test.
  - 1. **Description.** These voluntary clinical quality programs are designed to encourage You to get certain preventive, wellness, or other recommended care when You need it based on recommended clinical guidelines. These programs are not guaranteed and Your participation is optional. We will give You the choice, and if You choose to participate in any program for which You qualify, and obtain the recommended care within the program's timeframe, You will receive an incentive. The incentive will take the form of:

a. a gift card in the amount of \$50 or retailer coupons, such as for discounts on eye glasses; or

b. a home test kit at no cost to allow You to conveniently collect a specimen for certain covered laboratory tests at home and mail it to the laboratory for processing. In this case, You may need to pay any cost shares that normally apply to covered laboratory tests under Your benefit plan, but the home test kit will be free to You.

c. a home visit to allow You to provide a specimen for certain covered laboratory tests, or for certain biometric screenings. In this case, You may need to pay any cost shares that normally

apply to covered laboratory tests, but the home visit will be free to You.

If You have any questions about whether receipt of a gift card or retail coupon results in taxable income to You, we recommend that you consult Your tax advisor.

2. Eligibility. You, the Subscriber, and the Subscriber's covered Spouse, and each covered Dependent can participate in the Voluntary Clinical Quality Program(s) if the targeted service applies, based on the recommended clinical guidelines the program promotes. These programs will be offered to Members who have certain conditions, who fall within certain age ranges, or who are due to receive certain recommended preventive or other care based on a recommended timeframe. For example:

a. Members age 50-75 years who have not undergone colorectal cancer screening as recommended by the American Cancer Society may be eligible to participate in a program designed to encourage these members to obtain a recommended preventive colorectal

cancer screening, such as a fecal occult blood screening test.

- b. Members age 50-74 years who have not had a mammography screening as recommended by the United States Preventive Services Task Force may be eligible to participate in a program designed to encourage these members to obtain the screening through the offer of a gift card awarded upon receipt of documentation that the screening was completed.
- 3. Participation. If You are eligible for a clinical quality program we offer, we will contact You by phone or mail to offer You the chance to participate. You may also call us at the phone number on Your ID card if You have any questions regarding program participation. We will explain to You the care You are recommended to receive and the timeframe within which You need to receive it to be eligible for the reward if applicable.

4. Rewards. Rewards for participation in a clinical quality program and completion of the identified services within the specified time rame include monetary rewards in the form of a gift card or retailer coupon such as for discounts on eyeglasses, so long as the recipient is encouraged to use the reward for a product or service that promotes good health. In other cases, You will receive a home test kit at no cost to make it more convenient for You to receive the recommended care.

# SECTION XIV. EXCLUSIONS AND LIMITATIONS

No coverage is available under this Certificate for the following:

- A. Aviation. We do not Cover services arising out of aviation, other than as a fare-paying passenger on a scheduled or charter flight operated by a scheduled airline.
- B. Convalescent and Custodial Care. We do not Cover services related to rest cures, custodial care or transportation. Custodial care means help in transferring, eating, dressing, bathing, toileting and other such related activities. Custodial care does not include Covered Services determined to be Medically Necessary.
- C. Cosmetic Services. We do not Cover cosmetic services, Prescription Drugs, or surgery, unless otherwise specified, except that cosmetic surgery shall not include reconstructive surgery when such service is incidental to or follows surgery resulting from trauma, infection or diseases of the involved part, and reconstructive surgery because of congenital disease or anomaly of a covered Child which has resulted in a functional defect. We also Cover services in connection with reconstructive surgery following a mastectomy, as provided elsewhere in this Certificate. Cosmetic surgery does not include surgery determined to be Medically Necessary. If a claim for a procedure listed in 11 NYCRR 56 (e.g., certain plastic surgery and dermatology procedures) is submitted retrospectively and without medical information, any denial will not be subject to the Utilization Review process in the Utilization Review and External Appeal sections of this Certificate unless medical information is submitted.
- D. Coverage Outside of the United States, Canada or Mexico. We do not Cover care or treatment provided outside of the United States, its possessions, Canada or Mexico except for Emergency Services, Pre-Hospital Emergency Medical Services and ambulance services to treat Your Emergency Condition.
- E. Dental Services. We do not Cover dental services except for: care or treatment due to accidental injury to sound natural teeth within 12 months of the accident; dental care or treatment necessary due to congenital disease or anomaly; or dental care or treatment specifically stated in the Outpatient and Professional Services section of this Certificate.
- F. Experimental or Investigational Treatment. We do not Cover any health care service, procedure, treatment, device, or Prescription Drug that is experimental or investigational. However, We will Cover experimental or investigational treatments, including treatment for Your rare disease or patient costs for Your participation in a clinical trial as described in the Outpatient and Professional Services section of this Certificate, or when Our denial of services is overturned by an External Appeal Agent certified by the State. However, for clinical trials We will not Cover the costs of any investigational drugs or devices, non-health services required for You to receive the treatment, the costs of managing the research, or costs that would not be Covered under this Certificate for non-investigational treatments. See the Utilization Review and External Appeal sections of this Certificate for a further explanation of Your Appeal rights.
- G. Felony Participation. We do not Cover any illness, treatment or medical condition due to Your participation in a felony, riot or insurrection. This exclusion does not apply to coverage for services involving injuries suffered by a victim of an act of domestic violence or for services as a result of Your medical condition (including both physical and mental health conditions).
- H. Foot Care. We do not Cover routine foot care in connection with corns, calluses, flat feet, fallen arches, weak feet, chronic foot strain or symptomatic complaints of the feet. However, We will Cover foot care when You have a specific medical condition or disease resulting in circulatory deficits or areas of decreased sensation in Your legs or feet.

- I. Government Facility. We do not Cover care or treatment provided in a Hospital that is owned or operated by any federal, state or other governmental entity, except as otherwise required by law unless You are taken to the Hospital because it is close to the place where You were injured or became ill and Emergency Services are provided to treat Your Emergency Condition.
- J. Medically Necessary. In general, We will not Cover any health care service, procedure, treatment, test, device or Prescription Drug that We determine is not Medically Necessary. If an External Appeal Agent certified by the State overturns Our denial, however, We will Cover the service, procedure, treatment, test, device or Prescription Drug for which coverage has been denied, to the extent that such service, procedure, treatment, test, device or Prescription Drug is otherwise Covered under the terms of this Certificate.
- K. Medicare or Other Governmental Program. We do not Cover services if benefits are provided for such services under the federal Medicare program or other governmental program (except Medicaid).
- L. Military Service. We do not Cover an illness, treatment or medical condition due to service in the Armed Forces or auxiliary units.
- M. No-Fault Automobile Insurance. We do not Cover any benefits to the extent provided for any loss or portion thereof for which mandatory automobile no-fault benefits are recovered or recoverable. This exclusion applies even if You do not make a proper or timely claim for the benefits available to You under a mandatory no-fault policy.
- N. Services Not Listed. We do not Cover services that are not listed in this Certificate as being Covered.
- O. Services Provided by a Family Member. We do not Cover services performed by a member of the covered person's immediate family. "Immediate family" shall mean a child, spouse, mother, father, sister or brother of You or Your Spouse.
- P. Services Separately Billed by Hospital Employees. We do not Cover services rendered and separately billed by employees of Hospitals, laboratories or other institutions.
- Q. Services with No Charge. We do not Cover services for which no charge is normally made.
- R. Vision Services. We do not Cover the examination or fitting of eyeglasses or contact lenses.
- S. War. We do not Cover an illness, treatment or medical condition due to war, declared or undeclared.
- T. Workers' Compensation. We do not Cover services if benefits for such services are provided under any state or federal Workers' Compensation, employers' liability or occupational disease law.

#### SECTION XV. CLAIM DETERMINATIONS

- A. Claims. A claim is a request that benefits or services be provided or paid according to the terms of this Certificate. When You receive services from a Participating Provider, You will not need to submit a claim form. However, if You receive services from a Non-Participating Provider either You or the Provider must file a claim form with Us. If the Non-Participating Provider is not willing to file the claim form, You will need to file it with Us. See the Coordination of Benefits section of this Certificate for information on how We coordinate benefit payments when You also have group health coverage with another plan.
- B. Notice of Claim. Claims for services must include all information designated by Us as necessary to process the claim, including, but not limited to: Member identification number; name; date of birth; date of service; type of service; the charge for each service; procedure code for the service as applicable; diagnosis code; name and address of the Provider making the charge; and supporting medical records, when necessary. A claim that fails to contain all necessary information will not be accepted and must be resubmitted with all necessary information. Claim forms are available from Us by calling the number on Your ID card or visiting Our website at <a href="https://www.empireblue.com">www.empireblue.com</a>. Completed claim forms should be sent to the address in the How Your Coverage Works section of this Certificate or on Your ID card. You may also submit a claim to Us electronically by sending it to the e-mail address in the How Your Coverage Works section of this Certificate, on Your ID card or visiting Our website at <a href="https://www.empireblue.com">www.empireblue.com</a>.
- C. Timeframe for Filing Claims. Claims for services must be submitted to Us for payment within 18 months after You receive the services for which payment is being requested. If it is not reasonably possible to submit a claim within the 18-month period, You must submit it as soon as reasonably possible.
- D. Claims for Prohibited Referrals. We are not required to pay any claim, bill or other demand or request by a Provider for clinical laboratory services, pharmacy services, radiation therapy services, physical therapy services or x-ray or imaging services furnished pursuant to a referral prohibited by Section 238-a(1) of the New York Public Health Law.
- E. Claim Determinations. Our claim determination procedure applies to all claims that do not relate to a medical necessity or experimental or investigational determination. For example, Our claim determination procedure applies to contractual benefit denials and Referrals. If You disagree with Our claim determination, You may submit a Grievance pursuant to the Grievance Procedures section of this Certificate.

For a description of the Utilization Review procedures and Appeal process for medical necessity or experimental or investigational determinations, see the Utilization Review and External Appeal sections of this Certificate.

## F. Pre-Service Claim Determinations.

 A pre-service claim is a request that a service or treatment be approved before it has been received.

If We have all the information necessary to make a determination regarding a pre-service claim (e.g., a covered benefit determination or Referral), We will make a determination and provide notice to You (or Your designee) within 15 days from receipt of the claim.

If We need additional information, We will request it within 15 days from receipt of the claim. You will have 45 calendar days to submit the information. If We receive the information within 45 days, We will make a determination and provide notice to You (or Your designee) in writing, within 15 days of Our receipt of the information. If all necessary information is not received within 45 days, We will make a determination within 15 calendar days of the end of the 45 day period.

- 2. Urgent Pre-Service Reviews. With respect to urgent pre-service requests, if We have all information necessary to make a determination, We will make a determination and provide notice to You (or Your designee) by telephone, within 72 hours of receipt of the request. Written notice will follow within three (3) calendar days of the decision. If We need additional information, We will request it within 24 hours. You will then have 48 hours to submit the information. We will make a determination and provide notice to You (or Your designee) by telephone within 48 hours of the earlier of Our receipt of the information or the end of the 48-hour period. Written notice will follow within three (3) calendar days of the decision.
- G. Post-Service Claim Determinations. A post-service claim is a request for a service or treatment that You have already received. If We have all information necessary to make a determination regarding a post-service claim, We will make a determination and notify You (or Your designee) within 30 calendar days of the receipt of the claim. If We need additional information, We will request it within 30 calendar days. You will then have 45 calendar days to provide the information. We will make a determination and provide notice to You (or Your designee) in writing within 15 calendar days of the earlier of Our receipt of the information or the end of the 45 day period.

## SECTION XVI. GRIEVANCE PROCEDURES

- A. Grievances. Our Grievance procedure applies to any issue not relating to a Medical Necessity or experimental or investigational determination by Us. For example, it applies to contractual benefit denials or issues or concerns You have regarding Our administrative policies or access to providers.
- **B.** Filing a Grievance. You can contact Us by phone at the number on Your ID card, in person, or in writing to file a Grievance. You may submit an oral Grievance in connection with a denial of a Referral or a covered benefit determination. We may require that You sign a written acknowledgement of Your oral Grievance, prepared by Us. You or Your designee has up to 180 calendar days from when You received the decision You are asking Us to review to file the Grievance.

When We receive Your Grievance, We will mail an acknowledgment letter within 15 business days. The acknowledgment letter will include the name, address, and telephone number of the person handling Your Grievance, and indicate what additional information, if any, must be provided.

We keep all requests and discussions confidential and We will take no discriminatory action because of Your issue. We have a process for both standard and expedited Grievances, depending on the nature of Your inquiry.

C. Grievance Determination. Qualified personnel will review Your Grievance, or if it is a clinical matter, a licensed, certified or registered Health Care Professional will look into it. We will decide the Grievance and notify You within the following timeframes:

# **Expedited/Urgent Grievances:**

By phone within the earlier of 48 hours of receipt of all necessary information or 72 hours of receipt of Your Grievance. Written notice will be provided within 72 hours of receipt of Your Grievance.

## Pre-Service Grievances:

(A request for a service or treatment that has not yet been provided.)

In writing, within 15 calendar days of receipt of Your Grievance.

## Post-Service Grievances:

(A claim for a service or treatment that has already been provided.)

In writing, within 30 calendar days of receipt of Your Grievance.

#### All Other Grievances:

(That are not in relation to a claim or request for a service or treatment.)

In writing, within 45 calendar days of receipt of all necessary information but no more than 60 calendar days of receipt of Your Grievance.

D. Grievance Appeals. If You are not satisfied with the resolution of Your Grievance, You or Your designee may file an Appeal by phone at the number on Your ID card, in person, or in writing. You have up to 60 business days from receipt of the Grievance determination to file an Appeal.

When We receive Your Appeal, We will mail an acknowledgment letter within 15 business days. The acknowledgement letter will include the name, address, and telephone number of the person handling Your Appeal and indicate what additional information, if any, must be provided.

One or more qualified personnel at a higher level than the personnel that rendered the Grievance determination will review it, or if it is a clinical matter, a clinical peer reviewer will look into it. We will decide the Appeal and notify You in writing within the following timeframes:

## **Expedited/Urgent Grievances:**

The earlier of 2 (2) business days of receipt of all necessary information or 72 hours of receipt of Your Appeal.

#### Pre-Service Grievances:

(A request for a service or treatment that has not yet been provided.)

15 calendar days of receipt of Your Appeal

#### Post-Service Grievances:

(A claim for a service or treatment that has already been provided.)

30 calendar days of receipt of Your Appeal

## All Other Grievances:

(That are not in relation to a claim or request for a service or treatment.)

30 business days of receipt of all necessary information to make a determination

E. Assistance. If You remain dissatisfied with Our Appeal determination or at any other time You are dissatisfied, You may:

# Call the New York State Department of Health at 1-800-206-8125 or write them at:

New York State Department of Health Office of Health Insurance Programs Bureau of Consumer Services - Complaint Unit Corning Tower - OCP Room 1609 Albany, NY 12237 Email: managedcarecomplaint@health.ny.gov

Website: www.health.ny.gov

If You need assistance filing a Grievance or Appeal, You may also contact the state independent Consumer Assistance Program at:

Community Health Advocates 633 Third Avenue, 10th Floor New York, NY 10017

Or call toll free: 1-888-614-5400, or e-mail cha@cssny.org

Website: www.communityhealthadvocates.org

## SECTION XVII. UTILIZATION REVIEW

A. Utilization Review. We review health services to determine whether the services are or were Medically Necessary or experimental or investigational ("Medically Necessary"). This process is called Utilization Review. Utilization Review includes all review activities, whether they take place prior to the service being performed (Preauthorization); when the service is being performed (concurrent); or after the service is performed (retrospective). If You have any questions about the Utilization Review process, please call the number on Your ID card. The toll-free telephone number is available at least 40 hours a week with an after-hours answering machine.

All determinations that services are not Medically Necessary will be made by: 1) licensed Physicians; or 2) licensed, certified, registered or credentialed Health Care Professionals who are in the same profession and same or similar specialty as the Provider who typically manages Your medical condition or disease or provides the health care service under review; or 3) with respect to substance use disorder treatment, licensed Physicians or licensed, certified, registered or credentialed Health Care Professionals who specialize in behavioral health and have experience in the delivery of substance use disorder courses of treatment. We do not compensate or provide financial incentives to Our employees or reviewers for determining that services are not Medically Necessary. We have developed guidelines and protocols to assist Us in this process. Specific guidelines and protocols are available for Your review upon request. For more information, call the number on Your ID card or visit Our website at www.empireblue.com.

#### B. Preauthorization Reviews.

1. Non-Urgent Preauthorization Reviews. If We have all the information necessary to make a determination regarding a Preauthorization review, We will make a determination and provide notice to You (or Your designee) and Your Provider, by telephone and in writing, within three (3) business days of receipt of the request.

If We need additional information, We will request it within three (3) business days. You or Your Provider will then have 45 calendar days to submit the information. If We receive the requested information within 45 days, We will make a determination and provide notice to You (or Your designee) and Your Provider, by telephone and in writing, within three (3) business days of Our receipt of the information. If all necessary information is not received within 45 days, We will make a determination within 15 calendar days of the end of the 45 day period.

- 2. Urgent Preauthorization Reviews. With respect to urgent Preauthorization requests, if We have all information necessary to make a determination, We will make a determination and provide notice to You (or Your designee) and Your Provider, by telephone, within 72 hours of receipt of the request. Written notice will be provided within three (3) business days of receipt of the request. If We need additional information, We will request it within 24 hours. You or Your Provider will then have 48 hours to submit the information. We will make a determination and provide notice to You (or Your designee) and Your Provider by telephone within 48 hours of the earlier of Our receipt of the information or the end of the 48-hour period. Written notification will be provided within the earlier of three (3) business days of Our receipt of the information or three (3) calendar days after the verbal notification.
- 3. Court Ordered Treatment. Effective on the date of issuance or renewal of this Certificate on or after April 1, 2016, with respect to requests for mental health and/or substance use disorder services that have not yet been provided, if You (or Your designee) certify, in a format prescribed by the Superintendent of Financial Services, that You will be appearing, or have appeared, before a court of competent jurisdiction and may be subject to a court order requiring such services, We will make a determination and provide notice to You (or Your designee) and Your Provider by telephone within 72 hours of receipt of the request. Written notification will be provided within three (3) business days of Our receipt of the request. Where feasible, the telephonic and written notification will also be provided to the court.

#### C. Concurrent Reviews.

- 1. Non-Urgent Concurrent Reviews. Utilization Review decisions for services during the course of care (concurrent reviews) will be made, and notice provided to You (or Your designee) and Your Provider, by telephone and in writing, within one (1) business day of receipt of all necessary information. If We need additional information, We will request it within one (1) business day. You or Your Provider will then have 45 calendar days to submit the information. We will make a determination and provide notice to You (or Your designee) and Your Provider, by telephone and in writing, within one (1) business day of Our receipt of the information or, if We do not receive the information, within 15 calendar days of the end of the 45-day period.
- 2. Urgent Concurrent Reviews. For concurrent reviews that involve an extension of Urgent Care, if the request for coverage is made at least 24 hours prior to the expiration of a previously approved treatment, We will make a determination and provide notice to You (or Your designee) and Your Provider by telephone within 24 hours of receipt of the request. Written notice will be provided within one (1) business day of receipt of the request.

If the request for coverage is not made at least 24 hours prior to the expiration of a previously approved treatment and We have all the information necessary to make a determination, We will make a determination and provide written notice to You (or Your designee) and Your Provider within the earlier of 72 hours or one (1) business day of receipt of the request. If We need additional information, We will request it within 24 hours. You or Your Provider will then have 48 hours to submit the information. We will make a determination and provide written notice to You (or Your designee) and Your Provider within the earlier of one (1) business day or 48 hours of Our receipt of the information or, if we do not receive the information, within 48 hours of the end of the 48-hour period.

- 3. Inpatient Substance Use Disorder Treatment Reviews. If a request for inpatient substance use disorder treatment is submitted to Us at least 24 hours prior to discharge from an inpatient substance use disorder treatment admission, We will make a determination within 24 hours of receipt of the request and We will provide coverage for the inpatient substance use disorder treatment while Our determination is pending.
- D. Retrospective Reviews. If We have all information necessary to make a determination regarding a retrospective claim, We will make a determination and notify You and Your Provider within 30 calendar days of the receipt of the request. If We need additional information, We will request it within 30 calendar days. You or Your Provider will then have 45 calendar days to provide the information. We will make a determination and provide notice to You and Your Provider in writing within 15 calendar days of the earlier of Our receipt of the information or the end of the 45-day period.

Once We have all the information to make a decision, Our failure to make a Utilization Review determination within the applicable time frames set forth above will be deemed an adverse determination subject to an internal Appeal.

- E. Retrospective Review of Preauthorized Services. We may only reverse a preauthorized treatment, service or procedure on retrospective review when:
  - The relevant medical information presented to Us upon retrospective review is materially different from the information presented during the Preauthorization review;
  - The relevant medical information presented to Us upon retrospective review existed at the time of the Preauthorization but was withheld or not made available to Us;
  - We were not aware of the existence of such information at the time of the Preauthorization review; and
  - Had We been aware of such information, the treatment, service or procedure being requested would not have been authorized. The determination is made using the same specific standards, criteria or procedures as used during the Preauthorization review.

- F. Reconsideration. If We did not attempt to consult with Your Provider who recommended the Covered Service before making an adverse determination, the Provider may request reconsideration by the same clinical peer reviewer who made the adverse determination or a designated clinical peer reviewer if the original clinical peer reviewer is unavailable. For Preauthorization and concurrent reviews, the reconsideration will take place within one (1) business day of the request for reconsideration. If the adverse determination is upheld, a notice of adverse determination will be given to You and Your Provider, by telephone and in writing.
- **G. Utilization Review Internal Appeals.** You, Your designee, and, in retrospective review cases, Your Provider, may request an internal Appeal of an adverse determination, either by phone, in person, or in writing.

You have up to 180 calendar days after You receive notice of the adverse determination to file an Appeal. We will acknowledge Your request for an internal Appeal within 15 calendar days of receipt. This acknowledgment will include the name, address, and phone number of the person handling Your Appeal and, if necessary, inform You of any additional information needed before a decision can be made. A clinical peer reviewer who is a Physician or a Health Care Professional in the same or similar specialty as the Provider who typically manages the disease or condition at issue and who is not subordinate to the clinical peer reviewer who made the initial adverse determination will perform the Appeal.

- 1. Out-of-Network Service Denial. You also have the right to Appeal the denial of a Preauthorization request for an out-of-network health service when We determine that the out-of-network health service is not materially different from an available in-network health service. A denial of an out-of-network health service is a service provided by a Non-Participating Provider, but only when the service is not available from a Participating Provider. You are not eligible for a Utilization Review Appeal if the service You request is available from a Participating Provider, even if the Non-Participating Provider has more experience in diagnosing or treating Your condition. (Such an Appeal will be treated as a Grievance.) For a Utilization Review Appeal of denial of an out-of-network health service, You or Your designee must submit:
  - A written statement from Your attending Physician, who must be a licensed, board-certified or board-eligible Physician qualified to practice in the specialty area of practice appropriate to treat Your condition, that the requested out-of-network health service is materially different from the alternate health service available from a Participating Provider that We approved to treat Your condition; and
  - Two (2) documents from the available medical and scientific evidence that the out-of-network service: 1) is likely to be more clinically beneficial to You than the alternate innetwork service; and 2) that the adverse risk of the out-of-network service would likely not be substantially increased over the in-network health service.
- 2. Out-of-Network Authorization Denial. You also have the right to Appeal the denial of a request for an authorization to a Non-Participating Provider when We determine that We have a Participating Provider with the appropriate training and experience to meet Your particular health care needs who is able to provide the requested health care service. For a Utilization Review Appeal of an out-of-network authorization denial, You or Your designee must submit a written statement from Your attending Physician, who must be a licensed, board-certified or board-eligible Physician qualified to practice in the specialty area of practice appropriate to treat Your condition:
  - That the Participating Provider recommended by Us does not have the appropriate training and experience to meet Your particular health care needs for the health care service; and
  - Recommending a Non-Participating Provider with the appropriate training and experience to meet Your particular health care needs who is able to provide the requested health care service.

#### H. Standard Appeal.

- 1. Preauthorization Appeal. If Your Appeal relates to a Preauthorization request, We will decide the Appeal within 30 calendar days of receipt of the Appeal request. Written notice of the determination will be provided to You (or Your designee), and where appropriate, Your Provider, within two (2) business days after the determination is made, but no later than 30 calendar days after receipt of the Appeal request.
- 2. Retrospective Appeal. If Your Appeal relates to a retrospective claim, We will decide the Appeal within 60 calendar days of receipt of the Appeal request. Written notice of the determination will be provided to You (or Your designee), and where appropriate, Your Provider within two (2) business days after the determination is made, but no later than 60 calendar days after receipt of the Appeal request.
- 3. Expedited Appeal. An Appeal of a review of continued or extended health care services, additional services rendered in the course of continued treatment, home health care services following discharge from an inpatient Hospital admission, services in which a Provider requests an immediate review, effective on the date of issuance or renewal of this Certificate on or after April 1, 2016 mental health and/or substance use disorder services that may be subject to a court order or any other urgent matter will be handled on an expedited basis. An expedited Appeal is not available for retrospective reviews. For an expedited Appeal, Your Provider will have reasonable access to the clinical peer reviewer assigned to the Appeal within one (1) business day of receipt of the request for an Appeal. Your Provider and a clinical peer reviewer may exchange information by telephone or fax. An expedited Appeal will be determined within the earlier of 72 hours of receipt of the Appeal or two (2) business days of receipt of the information necessary to conduct the Appeal.

If You are not satisfied with the resolution of Your expedited Appeal, You may file a standard internal Appeal or an external appeal.

Our failure to render a determination of Your Appeal within 60 calendar days of receipt of the necessary information for a standard Appeal or within two (2) business days of receipt of the necessary information for an expedited Appeal will be deemed a reversal of the initial adverse determination.

- 4. Substance Use Appeal. If We deny a request for inpatient substance use disorder treatment that was submitted at least 24 hours prior to discharge from an inpatient admission, and You or your Provider file an expedited internal Appeal of Our adverse determination, We will decide the Appeal within 24 hours of receipt of the Appeal request. If You or Your Provider file the expedited internal Appeal and an expedited external appeal within 24 hours of receipt of Our adverse determination, We will also provide coverage for the inpatient substance use disorder treatment while a determination on the internal Appeal and external appeal is pending.
- Appeal Assistance. If You need assistance filing an Appeal You may contact the state independent Consumer Assistance Program at:

Community Health Advocates 633 Third Avenue, 10<sup>th</sup> Floor New York, NY 10017

Or call toll free: 1-888-614-5400, or e-mail cha@cssny.org

Website: www.communityhealthadvocates.org

#### SECTION XVIII. EXTERNAL APPEAL

A. Your Right to an External Appeal. In some cases, You have a right to an external appeal of a denial of coverage. If We have denied coverage on the basis that a service is not medical necessary (including appropriateness, health care setting, level of care or effectiveness of a Covered benefit); or is an experimental or investigational treatment (including clinical trials and treatments for rare diseases); or is an out-of-network treatment, You or Your representative may appeal that decision to an External Appeal Agent, an independent third party certified by the State to conduct these appeals.

In order for You to be eligible for an external appeal You must meet the following two (2) requirements:

- The service, procedure, or treatment must otherwise be a Covered Service under this Certificate and
- In general, You must have received a final adverse determination through Our internal Appeal process. But, You can file an external appeal even though You have not received a final adverse determination through Our internal Appeal process if:
  - We agree in writing to waive the internal Appeal. We are not required to agree to Your request to waive the internal Appeal; or
  - You file an external appeal at the same time as You apply for an expedited internal Appeal; or
  - We fail to adhere to Utilization Review claim processing requirements (other than a minor violation that is not likely to cause prejudice or harm to You, and We demonstrate that the violation was for good cause or due to matters beyond Our control and the violation occurred during an ongoing, good faith exchange of information between You and Us).
- B. Your Right to Appeal a Determination that a Service is Not Medically Necessary. If We have denied coverage on the basis that the service is not medically necessary, You may appeal to an External Appeal Agent if You meet the requirements for an external appeal in paragraph "A" above.
- C. Your Right to Appeal a Determination that a Service is Experimental or Investigational. If We have denied coverage on the basis that the service is an experimental or investigational treatment (including clinical trials and treatments for rare diseases), You must satisfy the two (2) requirements for an external appeal in paragraph "A" above and Your attending Physician must certify that Your condition or disease is one for which:
  - 1. Standard health services are ineffective or medically inappropriate; or
  - 2. There does not exist a more beneficial standard service or procedure Covered by Us; or
  - 3. There exists a clinical trial or rare disease treatment (as defined by law).

In addition, Your attending Physician must have recommended one (1) of the following:

- A service, procedure or treatment that two (2) documents from available medical and scientific evidence indicate is likely to be more beneficial to You than any standard Covered Service (only certain documents will be considered in support of this recommendation – Your attending Physician should contact the State for current information as to what documents will be considered or acceptable); or
- A clinical trial for which You are eligible (only certain clinical trials can be considered); or
- A rare disease treatment for which Your attending Physician certifies that there is no standard treatment that is likely to be more clinically beneficial to You than the requested service, the requested service is likely to benefit You in the treatment of Your rare disease, and such benefit outweighs the risk of the service. In addition, Your attending Physician must certify that Your condition is a rare disease that is currently or was previously subject to a research study by the National Institutes of Health Rare Disease Clinical Research Network or that it affects fewer than 200,000 U.S. residents per year.

For purposes of this section, Your attending Physician must be a licensed, board-certified or board eligible Physician qualified to practice in the area appropriate to treat Your condition or disease. In addition, for a rare disease treatment, the attending Physician may not be Your treating Physician.

D. Your Right to Appeal a Determination that a Service is Out-of-Network. If We have denied coverage of an out-of-network treatment because it is not materially different than the health service available in-network, You may appeal to an External Appeal Agent if You meet the two (2) requirements for an external appeal in paragraph "A" above, and You have requested Preauthorization for the out-of-network treatment.

In addition, Your attending Physician must certify that the out-of-network service is materially different from the alternate recommended in-network health service, and based on two (2) documents from available medical and scientific evidence, is likely to be more clinically beneficial than the alternate innetwork treatment and that the adverse risk of the requested health service would likely not be substantially increased over the alternate in-network health service.

For purposes of this section, Your attending Physician must be a licensed, board-certified or board eligible Physician qualified to practice in the specialty area appropriate to treat You for the health service.

E. Your Right to Appeal an Out-of-Network Authorization Denial to a Non-Participating Provider. If We have denied coverage of a request for an authorization to a Non-Participating Provider because We determine We have a Participating Provider with the appropriate training and experience to meet Your particular health care needs who is able to provide the requested health care service, You may appeal to an External Appeal Agent if You meet the two (2) requirements for an external appeal in paragraph "A" above.

In addition, Your attending Physician must: certify that the Participating Provider recommended by Us does not have the appropriate training and experience to meet Your particular health care needs; and recommend a Non-Participating Provider with the appropriate training and experience to meet Your particular health care needs who is able to provide the requested health care service.

For purposes of this section, Your attending Physician must be a licensed, board certified or board eligible Physician qualified to practice in the specialty area appropriate to treat You for the health service.

F. The External Appeal Process. You have four (4) months from receipt of a final adverse determination or from receipt of a waiver of the internal Appeal process to file a written request for an external appeal. If You are filing an external appeal based on Our failure to adhere to claim processing requirements, You have four (4) months from such failure to file a written request for an external appeal.

We will provide an external appeal application with the final adverse determination issued through Our internal Appeal process or Our written waiver of an internal Appeal. You may also request an external appeal application from the New York State Department of Financial Services at 1-800-400-8882. Submit the completed application to the Department of Financial Services at the address indicated on the application. If You meet the criteria for an external appeal, the State will forward the request to a certified External Appeal Agent.

You can submit additional documentation with Your external appeal request. If the External Appeal Agent determines that the information You submit represents a material change from the information on which We based Our denial, the External Appeal Agent will share this information with Us in order for Us to exercise Our right to reconsider Our decision. If We choose to exercise this right, We will have three (3) business days to amend or confirm Our decision. Please note that in the case of an expedited external appeal (described below), We do not have a right to reconsider Our decision.

In general, the External Appeal Agent must make a decision within 30 days of receipt of Your completed application. The External Appeal Agent may request additional information from You, Your Physician, or Us. If the External Appeal Agent requests additional information, it will have five (5) additional business days to make its decision. The External Appeal Agent must notify You in writing of its decision within two (2) business days.

If Your attending Physician certifies that a delay in providing the service that has been denied poses an imminent or serious threat to Your health; or if Your attending Physician certifies that the standard external appeal time frame would seriously jeopardize Your life, health or ability to regain maximum function; or if You received Emergency Services and have not been discharged from a Facility and the denial concerns an admission, availability of care, or continued stay, You may request an expedited external appeal. In that case, the External Appeal Agent must make a decision within 72 hours of receipt of Your completed application. Immediately after reaching a decision, the External Appeal Agent must notify You and Us by telephone or facsimile of that decision. The External Appeal Agent must also notify You in writing of its decision.

If the External Appeal Agent overturns Our decision that a service is not Medically Necessary or approves coverage of an experimental or investigational treatment or an out-of-network treatment We will provide coverage subject to the other terms and conditions of this Certificate. Please note that if the External Appeal Agent approves coverage of an experimental or investigational treatment that is part of a clinical trial, We will only Cover the cost of services required to provide treatment to You according to the design of the trial. We will not be responsible for the costs of investigational drugs or devices, the costs of non-health care services, the costs of managing the research, or costs that would not be Covered under this Certificate for non-investigational treatments provided in the clinical trial.

The External Appeal Agent's decision is binding on both You and Us. The External Appeal Agent's decision is admissible in any court proceeding.

G. Your Responsibilities. It is Your responsibility to start the external appeal process. You may start the external appeal process by filing a completed application with the New York State Department of Financial Services. You may appoint a representative to assist You with Your application; however, the Department of Financial Services may contact You and request that You confirm in writing that You have appointed the representative.

Under New York State law, Your completed request for external appeal must be filed within four (4) months of either the date upon which You receive a final adverse determination, or the date upon which You receive a written waiver of any internal Appeal, or Our failure to adhere to claim processing requirements. We have no authority to extend this deadline.

# SECTION XIX. COORDINATION OF BENEFITS

This section applies when you also have group health coverage with another plan. When You receive a Covered service, We will coordinate benefit payments with any payment made by another plan. The primary plan will pay its full benefits and the other plan may pay secondary benefits, if necessary, to cover some or all of the remaining expenses. This coordination prevents duplicate payments and overpayments.

#### A. Definitions.

- 1. "Allowable expense" is the necessary, reasonable, and customary item of expense for health care, when the item is covered at least in part under any of the plans involved, except where a statute requires a different definition. When a plan provides benefits in the form of services, the reasonable cash value of each service will be considered as both an allowable expense and a benefit paid.
- "Plan" is other group health coverage with which We will coordinate benefits. The term "plan" includes:
  - Group health benefits and group blanket or group remittance health benefits coverage, whether insured, self-insured, or self-funded. This includes group HMO and other prepaid group coverage, but does not include blanket school accident coverage or coverages issued to a substantially similar group (e.g., Girl Scouts, Boy Scouts) where the school or organization pays the premiums.
  - Medical benefits coverage, in group and individual automobile "no-fault" and traditional liability "fault" type contracts.
  - Hospital, medical, and surgical benefits coverage of Medicare or a governmental plan offered, required, or provided by law, except Medicaid or any other plan whose benefits are by law excess to any private benefits coverage.
- 3. "Primary plan" is one whose benefits must be determined without taking the existence of any other plan into consideration. A plan is primary if either: 1) the plan has no order of benefits rules or its rules differ from those required by regulation; or 2) all plans which cover the person use the order of benefits rules required by regulation and under those rules the plan determines its benefits first. More than one plan may be a primary plan (for example, two plans which have no order of benefit determination rules).
- 4. "Secondary plan" is one which is not a primary plan. If a person is covered by more than one secondary plan, the order of benefit determination rules decide the order in which their benefits are determined in relation to each other.
- B. Rules to Determine Order of Payment. The first of the rules listed below in paragraphs 1-6 that applies will determine which plan will be primary:
  - 1. If the other plan does not have a provision similar to this one, then the other plan will be primary.
  - 2. If the person receiving benefits is the Subscriber and is only covered as a Dependent under the other plan, this Certificate will be primary.
  - 3. If a child is covered under the plans of both parents and the parents are not separated or divorced, the plan of the parent whose birthday falls earlier in the year shall be primary. If both parents have the same birthday, the plan which covered the parent longer will be primary. To determine whose birthday falls earlier in the year, only the month and day are considered. However, if the other plan does not have this birthday rule, but instead has a rule based on the sex of the parent and as a result the plans do not agree on which is primary, then the rule in the other plan will determine which plan is primary.

- **4.** If a child is covered by both parents' plans, the parents are separated or divorced, and there is no court decree between the parents that establishes financial responsibility for the child's health care expenses:
  - The plan of the parent who has custody will be primary;
  - If the parent with custody has remarried, and the child is also covered as a child under the step-parent's plan, the plan of the parent with custody will pay first, the step-parent's plan will pay second, and the plan of the parent without custody will pay third; and
  - If a court decree between the parents says which parent is responsible for the child's health care expenses, then that parent's plan will be primary if that plan has actual knowledge of the decree.
- 5. If the person receiving services is covered under one plan as an active employee or member (i.e., not laid-off or retired), or as the spouse or child of such an active employee, and is also covered under another plan as a laid-off or retired employee or as the spouse or child of such a laid-off or retired employee, the plan that covers such person as an active employee or spouse or child of an active employee will be primary. If the other plan does not have this rule, and as a result the plans do not agree on which will be primary, this rule will be ignored.
- **6.** If none of the above rules determine which plan is primary, the plan that covered the person receiving services longer will be primary.
- C. Effects of Coordination. When this plan is secondary, its benefits will be reduced so that the total benefits paid by the primary plan and this plan during a claim determination period will not exceed Our maximum available benefit for each Covered Service. Also, the amount We pay will not be more than the amount We would pay if We were primary. As each claim is submitted, We will determine Our obligation to pay for allowable expenses based upon all claims that have been submitted up to that point in time during the claim determination period.
- D. Right to Receive and Release Necessary Information. We may release or receive information that We need to coordinate benefits. We do not need to tell anyone or receive consent to do this. We are not responsible to anyone for releasing or obtaining this information. You must give Us any needed information for coordination purposes, in the time frame requested.
- E. Our Right to Recover Overpayment. If We made a payment as a primary plan, You agree to pay Us any amount by which We should have reduced Our payment. Also, We may recover any overpayment from the primary plan or the Provider receiving payment and You agree to sign all documents necessary to help Us recover any overpayment.
- F. Coordination with "Always Excess," "Always Secondary," or "Non-Complying" Plans. We will coordinate benefits with plans, whether insured or self-insured, that provide benefits that are stated to be always excess or always secondary or use order of benefit determination rules that are inconsistent with the rules described above in the following manner:
  - 1. If this Certificate is primary, as defined in this section, We will pay benefits first.
  - 2. If this Certificate is secondary, as defined in this section, We will pay only the amount We would pay as the secondary insurer;
  - 3. If We request information from a non-complying plan and do not receive it within 30 days, We will calculate the amount We should pay on the assumption that the non-complying plan and this Certificate provide identical benefits. When the information is received, We will make any necessary adjustments.

# SECTION XX. TERMINATION OF COVERAGE

Coverage under this Certificate will automatically be terminated on the first of the following to apply:

- 1. The Group and/or Subscriber has failed to pay Premiums within 30 days of when Premiums are due. Coverage will terminate as of the last day for which Premiums were paid.
- 2. The date on which the Subscriber ceases to meet the eligibility requirements as defined by the Group.
- 3. Upon the Subscriber's death, coverage will terminate unless the Subscriber has coverage for Dependents. If the Subscriber has coverage for Dependents, then coverage will terminate as of the last day of the month for which the Premium has been paid.
- 4. For Spouses in cases of divorce, the date of the divorce.
- 5. For Children, until the Child turns the maximum age indicated on the Schedule of Benefits section of this Certificate.
- 6. For all other Dependents, the date in which the Dependent ceases to be eligible.
- 7. The end of the month during which the Group or Subscriber provides written notice to Us requesting termination of coverage, or on such later date requested for such termination by the notice.
- 8. If the Subscriber or the Subscriber's Dependent has performed an act that constitutes fraud or the Subscriber has made an intentional misrepresentation of material fact in writing on his or her enrollment application, or in order to obtain coverage for a service, coverage will terminate immediately upon written notice of termination delivered by Us to the Subscriber and/or the Subscriber's Dependent, as applicable. However, if the Subscriber makes an intentional misrepresentation of material fact in writing on his or her enrollment application we will rescind coverage if the facts misrepresented would have led Us to refuse to issue the coverage. Rescission means that the termination of Your coverage will have a retroactive effect of up to Your enrollment under the Certificate. If termination is a result of the Subscriber's action, coverage will terminate for the Dependents. If termination is a result of the Dependent's action, coverage will terminate for the Dependent.
- 9. The date that the Group Contract is terminated. If We terminate and/or decide to stop offering a particular class of group contracts, without regard to claims experience or health related status, to which this Certificate belongs, We will provide the Group and Subscribers at least 90 days' prior written notice.
- 10. If We elect to terminate or cease offering all hospital, surgical and medical expense coverage in the large group market, in this state, We will provide written notice to the Group and Subscriber at least 180 days prior to when the coverage will cease.
- 11. The Group has performed an act or practice that constitutes fraud or made an intentional misrepresentation of material fact under the terms of the coverage.
- 12. The Group ceases to meet the statutory requirements to be defined as a group for the purposes of obtaining coverage. We will provide written notice to the Group and Subscriber at least 30 days prior to when the coverage will cease.
- 13. The date there is no longer any enrollee who lives, resides, or works in Our Local Network Area.

No termination shall prejudice the right to a claim for benefits which arose prior to such termination.

See the Continuation of Coverage section of this Certificate for Your right to continuation of this coverage. See the Conversion Right to a New Contract After Termination section of this Certificate for Your right to conversion to an individual Contract.

## SECTION XXI. EXTENSION OF BENEFITS

When Your coverage under this Certificate ends, benefits stop. But, if You are totally disabled on the date the Group Contract terminates, or on the date Your coverage under this Certificate terminates, continued benefits may be available for the treatment of the injury or sickness that is the cause of the total disability.

For purposes of this section, total disability means You are prevented because of injury or disease from engaging in any work or other gainful activity. Total disability for a minor means that the minor is prevented because of injury or disease from engaging in substantially all of the normal activities of a person of like age and sex who is in good health.

A. When You May Continue Benefits. When Your coverage under this Certificate ends, We will provide benefits during a period of total disability for a Hospital stay commencing, or surgery performed, within 31 days from the date Your coverage ends. The Hospital stay or surgery must be for the treatment of the injury, sickness, or pregnancy causing the total disability.

If Your coverage ends because You are no longer employed, We will provide benefits during a period of total disability for up to 12 months from the date Your coverage ends for Covered services to treat the injury, sickness, or pregnancy that caused the total disability, unless these services are covered under another group health plan.

- B. Termination of Extension of Benefits. Extended benefits will end on the earliest of the following:
  - · The date You are no longer totally disabled;
  - The date the contractual benefit has been exhausted;
  - 12 months from the date extended benefits began (if Your benefits are extended based on termination of employment); or
  - With respect to the 12 month extension of coverage, the date You become eligible for benefits under any group policy providing medical benefits.
- C. Limits on Extended Benefits. We will not pay extended benefits:
  - For any Member who is not totally disabled on the date coverage under this Certificate ends;
  - Beyond the extent to which We would have paid benefits under this Certificate if coverage had not ended.

#### SECTION XXII. CONTINUATION OF COVERAGE

Under the continuation of coverage provisions of the federal Consolidated Omnibus Budget Reconciliation Act of 1985 ("COBRA"), most employer-sponsored group health plans must offer employees and their families the opportunity for a temporary continuation of health insurance coverage when their coverage would otherwise end. If You are not entitled to temporary continuation of coverage under COBRA, You may be entitled to temporary continuation coverage under the New York Insurance Law as described below. Call or write Your employer to find out if You are entitled to temporary continuation of coverage under COBRA or under the New York Insurance Law. Any period of continuation of coverage will terminate automatically at the end of the period of continuation provided under COBRA or the New York Insurance Law.

- A. Qualifying Events. Pursuant to federal COBRA and state continuation coverage laws, You, the Subscriber, Your Spouse and Your Children may be able to temporarily continue coverage under this Certificate in certain situations when You would otherwise lose coverage, known as qualifying events.
  - 1. If Your coverage ends due to voluntary or involuntary termination of employment or a change in Your employee class (e.g., a reduction in the number of hours of employment), You may continue coverage. Coverage may be continued for You, Your Spouse and any of Your covered Children.
  - 2. If You are a covered Spouse, You may continue coverage if Your coverage ends due to:
    - Voluntary or involuntary termination of the Subscriber's employment;
    - Reduction in the hours worked by the Subscriber or other change in the Subscriber's class;
    - Divorce or legal separation from the Subscriber: or
    - · Death of the Subscriber.
  - 3. If You are a covered Child, You may continue coverage if Your coverage ends due to:
    - Voluntary or involuntary termination of the Subscriber's employment;
    - Reduction in the hours worked by the Subscriber or other change in the Subscriber's class:
    - Loss of covered Child status under the plan rules; or
    - Death of the Subscriber.

If You want to continue coverage You must request continuation from the Group in writing and make the first Premium payment within the 60-day period following the later of:

- 1. The date coverage would otherwise terminate; or
- 2. The date You are sent notice by first class mail of the right of continuation by the Group.

The Group may charge up to 102% of the Group Premium for continued coverage.

Continued coverage under this section will terminate at the earliest of the following:

- 1. The date 36 months after the Subscriber's coverage would have terminated because of termination of employment;
- 2. If You are a covered Spouse or Child the date 36 months after coverage would have terminated due to the death of the Subscriber, divorce or legal separation, the Subscriber's eligibility for Medicare, or the failure to qualify under the definition of "Children";
- 3. The date You become covered by an insured or uninsured arrangement that provides group hospital, surgical or medical coverage;
- 4. The date You become entitled to Medicare;
- 5. The date to which Premiums are paid if You fail to make a timely payment; or
- 6. The date the Group Contract terminates. However, if the Group Contract is replaced with similar coverage, You have the right to become covered under the new Group Contract for the balance of the period remaining for Your continued coverage.

When Your continuation of coverage ends, You may have a right to conversion. See the Conversion Right to a New Contract after Termination section of this Certificate.

- B. Supplementary Continuation, Conversion, and Temporary Suspension Rights During Active Duty. If You, the Subscriber are a member of a reserve component of the armed forces of the United States, including the National Guard, You have the right to continuation, conversion, or a temporary suspension of coverage during active duty and reinstatement of coverage at the end of active duty if Your Group does not voluntarily maintain Your coverage and if:
  - Your active duty is extended during a period when the president is authorized to order units of the
    reserve to active duty, provided that such additional active duty is at the request and for the
    convenience of the federal government; and
  - 2. You serve no more than four (4) years of active duty.

When Your Group does not voluntarily maintain Your coverage during active duty, coverage under this Certificate will be suspended unless You elect to continue coverage in writing within 60 days of being ordered to active duty and You pay the Group the required Premium payment but not more frequently than on a monthly basis in advance. This right of continuation extends to You and Your eligible Dependents. Continuation of coverage is not available for any person who is eligible to be covered under Medicare; or any person who is covered as an employee, member or dependent under any other insured or uninsured arrangement which provides group hospital, surgical or medical coverage, except for coverage available to active duty members of the uniformed services and their family members.

Upon completion of active duty:

- Your coverage under this Certificate may be resumed as long as You are reemployed or restored
  to participation in the Group upon return to civilian status. The right of resumption extends to
  coverage for Your covered Dependents. For coverage that was suspended while on active duty,
  coverage under the Group plan will be retroactive to the date on which active duty terminated.
- 2. If You are not reemployed or restored to participation in Your Group upon return to civilian status, You will be eligible for continuation and conversion as long as You apply to Us for coverage within 31 days of the termination of active duty or discharge from a Hospitalization resulting from active duty as long as the Hospitalization was not in excess of one (1) year.
- C. Availability of Age 29 Dependent Coverage Extension Young Adult Option. The Subscriber's Child may be eligible to purchase his or her own individual coverage under the Group's Contract through the age of 29 if he or she:
  - 1. Is under the age of 30;
  - 2. Is not married;
  - 3. 'Is not insured by or eligible for coverage under an employer-sponsored health benefit plan covering him or her as an employee or member, whether insured or self-insured;
  - 4. Lives, works or resides in New York State or Our Local Network Area; and
  - 5. Is not covered by Medicare.

The Child may purchase coverage even if he or she is not financially dependent on his or her parent(s) and does not need to live with his or her parent(s).

The Subscriber's Child may elect this coverage:

- 1. Within 60 days of the date that his or her coverage would otherwise end due to reaching the maximum age for Dependent coverage, in which case coverage will be retroactive to the date that coverage would otherwise have terminated;
- 2. Within 60 days of newly meeting the eligibility requirements, in which case coverage will be prospective and start within 30 days of when the Group or the Group's designee receives notice and We receive Premium payment; or

3. During an annual 30-day open enrollment period, in which case coverage will be prospective and will start within 30 days of when the Group or the Group's designee receives notice of election and We receive Premium payment.

The Subscriber or Subscriber's Child must pay the Premium rate that applies to individual coverage. Coverage will be the same as the coverage provided under this Certificate. The Child's children are not eligible for coverage under this option.

## SECTION XXIII. CONVERSION RIGHT TO A NEW CONTRACT AFTER TERMINATION

- A. Circumstances Giving Rise to Right to Conversion. You have the right to convert to a new Contract if coverage under this Certificate terminates under the circumstances described below.
  - Termination of the Group Contract. If the Group Contract between Us and the Group is terminated as set forth in the Termination of Coverage section of this Certificate, and the Group has not replaced the coverage with similar and continuous health care coverage, whether insured or self-insured, You are entitled to purchase a new Contract as a direct payment member.
  - 2. If You Are No Longer Covered in a Group. If Your coverage terminates under the Termination of Coverage section of this Certificate because You are no longer a member of a Group, You are entitled to purchase a new Contract as a direct payment member.
  - 3. On the Death of the Subscriber. If coverage terminates under the Termination of Coverage section of this Certificate because of the death of the Subscriber, the Subscriber's Dependents are entitled to purchase a new Contract as direct payment members.
  - 4. Termination of Your Marriage. If a Spouse's coverage terminates under the Termination of Coverage section of this Certificate because the Spouse becomes divorced from the Subscriber or the marriage is annulled, that former Spouse is entitled to purchase a new Contract as a direct payment member.
  - 5. Termination of Coverage of a Child. If a Child's coverage terminates under the Termination of Coverage section of this Certificate because the Child no longer qualifies as a Child, the Child is entitled to purchase a new Contract as a direct payment member.
  - 6. Termination of Your Temporary Continuation of Coverage. If coverage terminates under the Termination of Coverage section of this Certificate because You are no longer eligible for continuation of coverage, You are entitled to purchase a new Contract as a direct payment member.
  - 7. Termination of Your Young Adult Coverage. If a Child's young adult coverage terminates under the Termination of Coverage section of this Certificate, the Child is entitled to purchase a new Contract as a direct payment member.
- B. When to Apply for the New Contract. If You are entitled to purchase a new Contract as described above, You must apply to Us for the new Contract within 60 days after termination of coverage under this Certificate. You must also pay the first Premium of the new Contract at the time You apply for coverage.
- C. The New Contract. We will offer You an individual direct payment Contract at each level of coverage (i.e., bronze, silver, gold or platinum) that Covers all benefits required by state and federal law. You may choose among any of the four (4) Contracts offered by Us. The coverage may not be the same as Your current coverage.

## SECTION XXIV. GENERAL PROVISIONS

- 1. Agreements Between Us and Participating Providers. Any agreement between Us and Participating Providers may only be terminated by Us or the Providers. This Certificate does not require any Provider to accept a Member as a patient. We do not guarantee a Member's admission to any Participating Provider or any health benefits program.
- 2. Assignment. You cannot assign any benefits under this Certificate to any person, corporation or other organization. You cannot assign any monies due under this Certificate to any person, corporation or other organization unless it is an assignment to Your Provider for a surprise bill for Covered Services. See the How Your Coverage Works section of this Certificate for more information about surprise bills. Any assignment by You other than for monies due for a surprise bill will be void. Assignment means the transfer to another person or to an organization of Your right to the services provided under this Certificate or Your right to collect money from Us for those services.
- 3. Changes in this Certificate. We may unilaterally change this Certificate upon renewal, if We give the Group 30 days' prior written notice.
- 4. Choice of Law. This Certificate shall be governed by the laws of the State of New York.
- 5. Clerical Error. Clerical error, whether by the Group or Us, with respect to this Certificate, or any other documentation issued by Us in connection with this Certificate, or in keeping any record pertaining to the coverage hereunder, will not modify or invalidate coverage otherwise validly in force or continue coverage otherwise validly terminated.
- 6. Conformity with Law. Any term of this Certificate which is in conflict with New York State law or with any applicable federal law that imposes additional requirements from what is required under New York State law will be amended to conform with the minimum requirements of such law.
- 7. Continuation of Benefit Limitations. Some of the benefits in this Certificate may be limited to a specific number of visits, and/or subject to a Deductible. You will not be entitled to any additional benefits if Your coverage status should change during the year. For example, if Your coverage status changes from covered family member to Subscriber, all benefits previously utilized when you were a covered family member will be applied toward your new status as a Subscriber.
- 8. Enrollment ERISA. The Group will develop and maintain complete and accurate payroll records, as well as any other records of the names, addresses, ages, and social security numbers of all Group Members covered under this Certificate, and any other information required to confirm their eligibility for coverage. The Group will provide Us with this information upon request.

The Group may also have additional responsibilities as the "plan administrator" as defined by the Employee Retirement Income Security Act of 1974 ("ERISA"), as amended. The "plan administrator" is the Group, or a third party appointed by the Group. We are not the ERISA plan administrator.

The Group will provide Us with the enrollment form including Your name, address, age, and social security number and advise Us in writing when You are to be added to or subtracted from Our list of covered persons, on a monthly basis, on or before the same date of the month as the effective date of the Group's Contract with Us. If the Group fails to so advise Us, the Group will be responsible for the cost of any claims paid by Us as a result of such failure. In no event will retroactive additions to or deletions from coverage be made for periods in excess of thirty (30) days.

- **9. Entire Agreement.** This Certificate, including any endorsements, riders and the attached applications, if any, constitutes the entire Certificate.
- Fraud and Abusive Billing. We have processes to review claims before and after payment to detect fraud and abusive billing.

Members seeking services from Non-Participating Providers could be balance billed by the Non-Participating Provider for those services that are determined to be not payable as a result of a reasonable belief of fraud or other intentional misconduct or abusive billing.

- 11. Furnishing Information and Audit. The Group and all persons covered under this Certificate will promptly furnish Us with all information and records that We may require from time to time to perform Our obligations under this Certificate. You must provide Us with information over the telephone for reasons such as the following: to allow Us to determine the level of care You need; so that We may certify care authorized by Your Physician; or to make decisions regarding the Medical Necessity of Your care. The Group will, upon reasonable notice, make available to Us, and We may audit and make copies of, any and all records relating to Group enrollment at the Group's New York office.
- 12. Identification Cards. Identification ("ID") cards are issued by Us for identification purposes only. Possession of any ID card confers no right to services or benefits under this Certificate. To be entitled to such services or benefits Your Premiums must be paid in full at the time the services are sought to be received.
- 13. Incontestability. No statement made by You will be the basis for avoiding or reducing coverage unless it is in writing and signed by You. All statements contained in any such written instrument shall be deemed representations and not warranties.
- 14. Independent Contractors. Participating Providers are independent contractors. They are not Our agents or employees. We and Our employees are not the agent or employee of any Participating Provider. We are not liable for any claim or demand on account of damages arising out of, or in any manner connected with, any injuries alleged to be suffered by You, Your covered Spouse or Children while receiving care from any Participating Provider or in any Participating Provider's Facility.
- 15. Input in Developing Our Policies. Subscribers may participate in the development of Our policies by calling or writing to Member Services. We encourage You to send suggestions about how We may improve Our products or Our policies and procedures. Also, We regularly conduct customer satisfaction surveys that permit You to share Your suggestions and opinions with Us.
- **16. Material Accessibility.** We will give the Group and the Group will give You ID cards, Certificates, riders, and other necessary materials.
- 17. More Information about Your Health Plan. You can request additional information about Your coverage under this Certificate. Upon Your request, We will provide the following information:
  - A list of the names, business addresses and official positions of Our board of directors, officers and members; and Our most recent annual certified financial statement which includes a balance sheet and a summary of the receipts and disbursements.
  - The information that We provide the State regarding Our consumer complaints.
  - A copy of Our procedures for maintaining confidentiality of Member information.
  - A copy of Our drug formulary. You may also inquire if a specific drug is Covered under this Certificate.
  - · A written description of Our quality assurance program.
  - A copy of Our medical policy regarding an experimental or investigational drug, medical device or treatment in clinical trials.

- Provider affiliations with participating Hospitals.
- A copy of Our clinical review criteria, and where appropriate, other clinical information.
   We may consider regarding a specific disease, course of treatment or Utilization Review guidelines.
- Written application procedures and minimum qualification requirements for Providers.
- 18. Notice. Any notice that We give You under this Certificate will be mailed to Your address as it appears in Our records or to the address of the Group. You agree to provide Us with notice of any change of Your address. If You have to give Us any notice, it should be sent by U.S. mail, first class, postage prepaid to: Empire Member Services, P.O. Box 1407, Church Street Station, New York, NY 10008.
- 19. Premium Refund. We will give any refund of Premiums, if due, to the Group.
- 20. Recovery of Overpayments. On occasion a payment will be made to You when You are not covered, for a service that is not Covered, or which is more than is proper. When this happens We will explain the problem to You and You must return the amount of the overpayment to Us within 60 days after receiving notification from Us. However, We shall not initiate overpayment recovery efforts more than 24 months after the original payment was made unless We have a reasonable belief of fraud or other intentional misconduct.
- 21. Renewal Date. The renewal date for this Certificate is the anniversary of the effective date of the Group Contract of each year. This Certificate will automatically renew each year on the renewal date, unless otherwise terminated by Us as permitted by this Certificate or by the Group upon 30 days' prior written notice to Us.
- 22. Right to Develop Guidelines and Administrative Rules. We may develop or adopt standards that describe in more detail when We will or will not make payments under this Certificate. Examples of the use of the standards are to determine whether: Hospital inpatient care was Medically Necessary; surgery was Medically Necessary to treat Your illness or injury; or certain services are skilled care. Those standards will not be contrary to the descriptions in this Certificate. If You have a question about the standards that apply to a particular benefit, You may contact Us and We will explain the standards or send You a copy of the standards. We may also develop administrative rules pertaining to enrollment and other administrative matters. We shall have all the powers necessary or appropriate to enable Us to carry out Our duties in connection with the administration of this Certificate.
- 23. Right to Offset. If We make a claim payment to You or on Your behalf in error or You owe Us any money, You must repay the amount You owe Us. Except as otherwise required by law, if We owe You a payment for other claims received, We have the right to subtract any amount You owe Us from any payment We owe You.
- 24. Service Marks. Empire HealthChoice HMO, Inc. ("Empire") is an independent corporation organized under the New York Insurance Law. Empire also operates under licenses with the Blue Cross and Blue Shield Association, which licenses Empire to use the Blue Cross and/or Blue Shield service marks in a portion of New York State. Empire does not act as an agent of the Blue Cross and Blue Shield Association. Empire is solely responsible for the obligations created under this agreement.
- **25. Severability.** The unenforceability or invalidity of any provision of this Certificate shall not affect the validity and enforceability of the remainder of this Certificate.
- 26. Significant Change in Circumstances. If We are unable to arrange for Covered Services as provided under this Certificate as the result of events outside of Our control, We will make a good faith effort to make alternative arrangements. These events would include a major disaster, epidemic, the complete or partial destruction of facilities, riot, civil insurrection, disability of a

significant part of Participating Providers' personnel or similar causes. We will make reasonable attempts to arrange for Covered Services. We and Our Participating Providers will not be liable for delay, or failure to provide or arrange for Covered Services if such failure or delay is caused by such an event.

27. Subrogation and Reimbursement. These paragraphs apply when another party (including any insurer) is, or may be found to be, responsible for Your injury, illness or other condition and We have provided benefits related to that injury, illness or condition. As permitted by applicable state law, unless preempted by federal law, We may be subrogated to all rights of recovery against any such party (including Your own insurance carrier) for the benefits We have provided to you under this Certificate. Subrogation means that We have the right, independently of you, to proceed directly against the other party to recover the benefits that We have provided.

Subject to applicable state law, unless preempted by federal law, We may have a right of reimbursement if you or anyone on your behalf receives payment from any responsible party (including Your own insurance carrier) from any settlement, verdict or insurance proceeds, in connection with an injury, illness, or condition for which We provided benefits. Under Section 5-335 of the New York General Obligations Law, Our right of recovery does not apply when a settlement is reached between a plaintiff and defendant, unless a statutory right of reimbursement exists. The law also provides that, when entering into a settlement, it is presumed that You did not take any action against Our rights or violate any contract between You and Us. The law presumes that the settlement between You and the responsible party does not include compensation for the cost of health care services for which We provided benefits.

We request that You notify Us within 30 days of the date when any notice is given to any party, including an insurance company or attorney, of Your intention to pursue or investigate a claim to recover damages or obtain compensation due to injury, illness or condition sustained by You for which we have provided benefits. You must provide all information requested by Us or Our representatives including, but not limited to, completing and submitting any applications or other forms or statements as We may reasonably request.

- 28. Third Party Beneficiaries. No third party beneficiaries are intended to be created by this Certificate and nothing in this Certificate shall confer upon any person or entity other than You or Us any right, benefit, or remedy of any nature whatsoever under or by reason of this Certificate. No other party can enforce this Certificate's provisions or seek any remedy arising out of either Our or Your performance or failure to perform any portion of this Certificate, or to bring an action or pursuit for the breach of any terms of this Certificate.
- 29. Time to Sue. No action at law or in equity may be maintained against Us prior to the expiration of 60 days after written submission of a claim has been furnished to Us as required in this Certificate. You must start any lawsuit against Us under this Certificate within two (2) years from the date the claim was required to be filed.
- 30. Translation Services. Translation services are available under this Certificate for non-English speaking Members. Please contact Us at the number on Your ID card to access these services. TTY/TDD services are also available by dialing 711. A special operator will get in touch with Us to help with Your needs.
- 31. Venue for Legal Action. If a dispute arises under this Certificate, it must be resolved in a court located in the State of New York. You agree not to start a lawsuit against Us in a court anywhere else. You also consent to New York State courts having personal jurisdiction over You. That means that, when the proper procedures for starting a lawsuit in these courts have been followed, the courts can order You to defend any action We bring against You.

- **32. Waiver.** The waiver by any party of any breach of any provision of this Certificate will not be construed as a waiver of any subsequent breach of the same or any other provision. The failure to exercise any right hereunder will not operate as a waiver of such right.
- 33. Who May Change This Certificate. This Certificate may not be modified, amended, or changed, except in writing and signed by Our President or a person designated by the President. No employee, agent, or other person is authorized to interpret, amend, modify, or otherwise change this Certificate in a manner that expands or limits the scope of coverage, or the conditions of eligibility, enrollment, or participation, unless in writing and signed by the President or person designated by the President.
- **34.** Who Receives Payment Under This Certificate. Payments under this Certificate for services provided by a Participating Provider will be made directly by Us to the Provider. If You receive services from a Non-Participating Provider, We reserve the right to pay either the Subscriber or the Provider regardless of whether an assignment has been made.
- **35. Workers' Compensation Not Affected.** The coverage provided under this Certificate is not in lieu of and does not affect any requirements for coverage by workers' compensation insurance or law.
- 36. Your Medical Records and Reports. In order to provide Your coverage under this Certificate, it may be necessary for Us to obtain Your medical records and information from Providers who treated You. Our actions to provide that coverage include processing Your claims, reviewing Grievances, Appeals or complaints involving Your care, and quality assurance reviews of Your care, whether based on a specific complaint or a routine audit of randomly selected cases. By accepting coverage under this Certificate, You automatically give Us or Our designee permission to obtain and use Your medical records for those purposes and You authorize each and every Provider who renders services to You to:
  - Disclose all facts pertaining to Your care, treatment, and physical condition to Us or to a
    medical, dental, or mental health professional that We may engage to assist Us in
    reviewing a treatment or claim, or in connection with a complaint or quality of care
    review:
  - Render reports pertaining to Your care, treatment, and physical condition to Us, or to a
    medical, dental, or mental health professional that We may engage to assist Us in
    reviewing a treatment or claim; and
  - Permit copying of Your medical records by Us.

We agree to maintain Your medical information in accordance with state and federal confidentiality requirements. However, You automatically give Us permission to share Your information with the New York State Department of Health, quality oversight organizations, and third parties with which We contract to assist Us in administering this Certificate, so long as they also agree to maintain the information in accordance with state and federal confidentiality requirements.

37. Your Rights. You have the right to obtain complete and current information concerning a diagnosis, treatment and prognosis from a Physician or other Provider in terms You can reasonably understand. When it is not advisable to give such information to You, the information shall be made available to an appropriate person acting on Your behalf.

You have the right to receive information from Your Physician or other Provider that You need in order to give Your informed consent prior to the start of any procedure or treatment.

You have the right to refuse treatment to the extent permitted by law and to be informed of the medical consequences of that action.

You have the right to formulate advance directives regarding Your care.

#### SECTION XXV. OTHER COVERED SERVICES

- A. Retail Health Clinic Care: Basic health care services provided to Members on a "walk-in" basis. Retail Health Clinics are normally found in major pharmacies or retail stores. Health care services are typically given by Physician's Assistants or Nurse Practitioners. Services are limited to routine care and treatment of common illnesses for adults and children.
- B. Your Rights and Responsibilities. As a Member, You have certain rights and responsibilities when receiving health care. As Your health care partner, We want to make sure Your rights are respected while providing Your health benefits. That also means giving You access to Our Participating Providers and the information You need to make the best decisions for Your health and welfare. As a Member, You should also take an active role in Your care.

#### We encourage You to:

- Understand Your health problems as well as You can and work with Your health care Providers to make a treatment plan that You all agree on.
- Follow the health care plan that You have agreed on with Your doctors or health care Providers.
- Give Us, Your doctors and other health care Providers the information needed to help You
  get the care You need and all the benefits You are eligible for under Your health plan. This
  may include information about other health and insurance benefits You have along with Your
  coverage with Us.
- Inform Member Service if You have any changes to Your name, address or family members covered under Your plan.

If You need more information or would like to contact Us, please go to www.empireblue.com and select Customer Support > Contact Us. Or call the number on Your ID card.

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Process Date: 05/12/2016



LOCAL 802 MUSICIANS
HEALTH FUND
TO:BENEFIT ADMINISTRATOR
OR/MRS GLORIA MCCORMICK
322 WEST 48TH ST
NEW YORK, NY 10036



An Anthem Company

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