



AUDITIONS, JOB POSTINGS AND SPECIAL OFFERS

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Jaap van Zweden Music Director Announces the following vacancy:

PRINCIPAL HORN

Resumes Due March 21, 2022 Recorded Prelims Due April 24, 2022

Live Prelims April 24-25, May 3, 7-9, 2022

Semi-finals June 5-6, 2022 **Finals** June 7, 2022

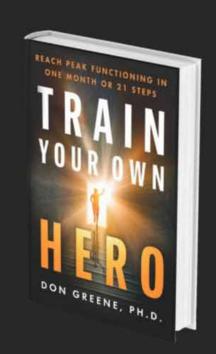
Please send your one-page resume to auditions@nyphil.org with 'Principal Horn' in the email subject line.

Visit our website at www.nyphil.org/auditions

The New York Philharmonic is an equal opportunity employer, and is proud to be a partner orchestra of the National Alliance for Audition Support (NAAS).

NAAS offers grants to support audition-related travel expenses. For more information, visit the NAAS website at

www.sphinxmusic.org/naas-grants



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- Michelle Kim, Assistant Concertmaster New York Philharmonic

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Dealing with Covid? Trying to get your performance career back together?

Mental health for musicians during a pandemic with Dr. Shara Sand

The pandemic has caused unprecedented stress in the lives of musicians and creative artists. But you can learn effective and helpful ways to feel better and regain control of your mental health and creative life.

Dr. Shara Sand is a member of Local 802 and an experienced therapist who has worked with musicians and other creative artists for many years. She has worked with members of the New York Philharmonic and Metropolitan Opera Young Artists Program as well as with faculty members from Juilliard, Manhattan School of Music and Mannes College of Music.

You can start to make changes now to feel more confident and in control of your life. I offer a wide-range of help, and here is a sample:

- Managing the needs for artistic satisfaction, financial stability and a viable personal life while sustaining a career as an artist
- Group work with chamber music ensembles to address relational conflicts that may be interfering with artistic performance.
- Issues relating to sexual orientation, sexual identity, gender identity, coming out, and establishing a positive identity.
- Life stage issues: dating, partnering, becoming a parent (or not!), and taking care of your own parents
- Living with a chronic illness (including HIV/AIDS), and the impact it has on one's friends and family.
- Dealing with depression, social phobias, low self-esteem and life dissatisfaction, as well as more serious problems of self-mutilation or suicidal feelings.

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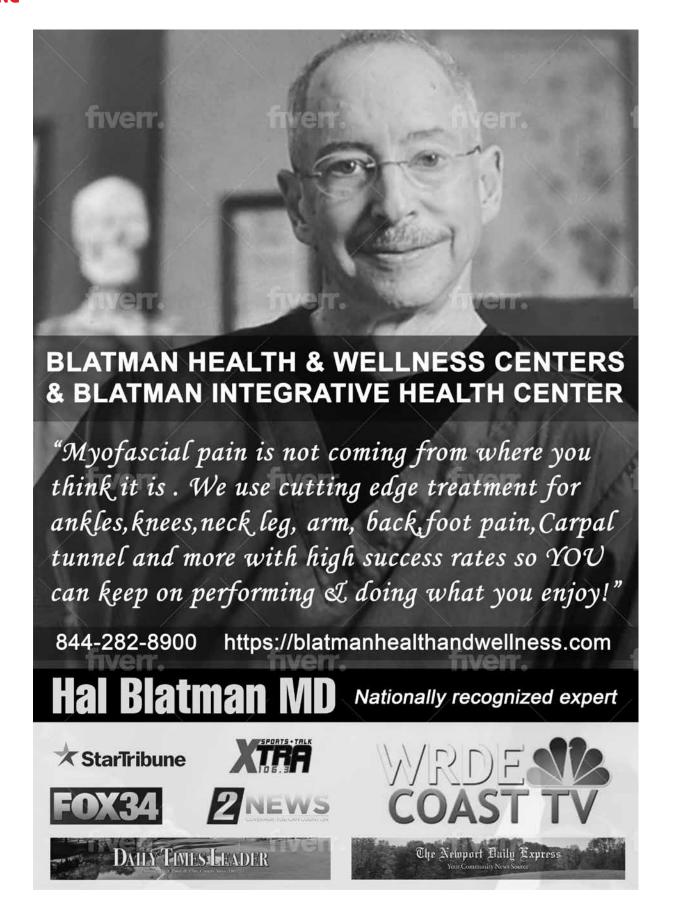
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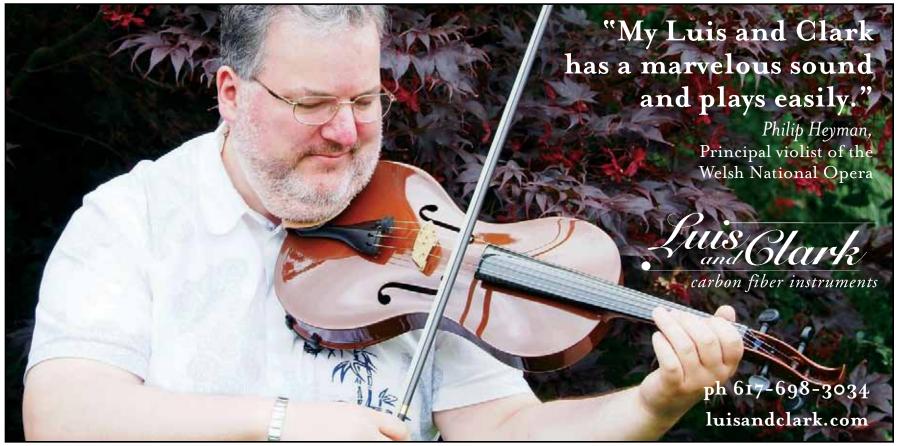
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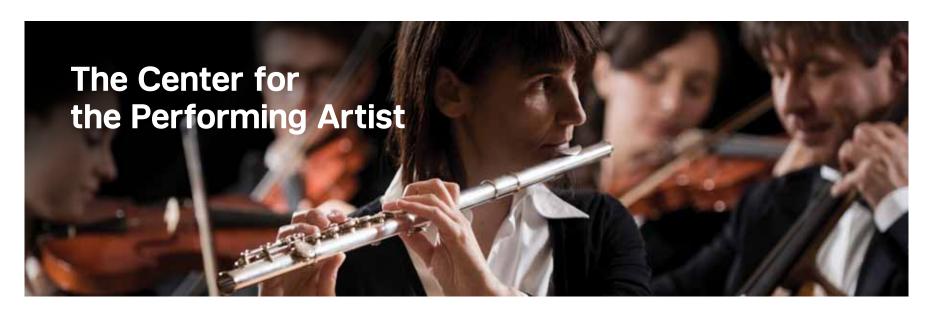
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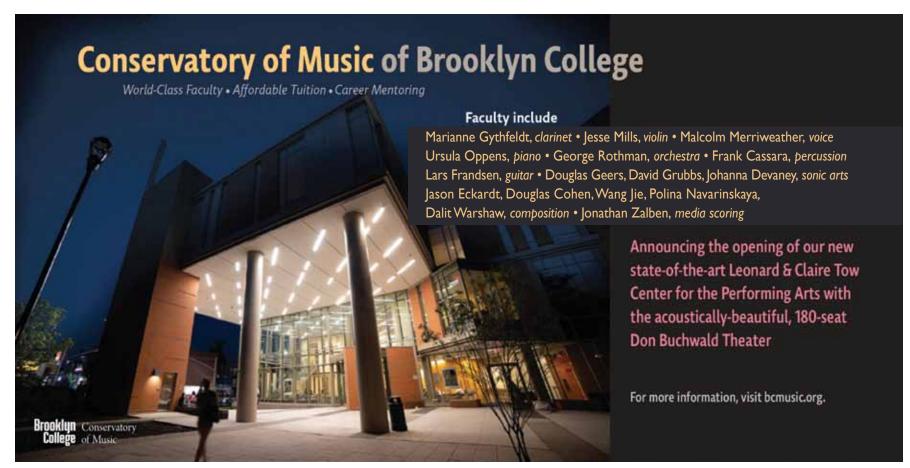
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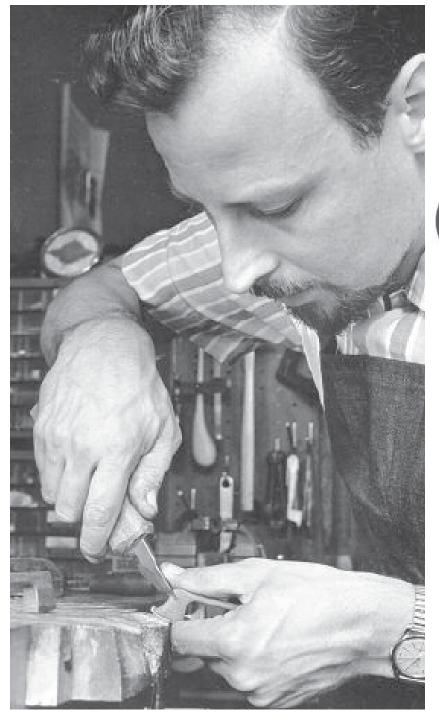
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After careful research, implementing strict cleaning and UV equipment sterilization protocol, following recommendations from both the Audio Engineering Society and Local 802, we are pleased to announce August 15, 2020, as our official "Re-Opening." Covid-19 has impacted us all personally, professionally, and for some, so much more. We are happy to be able to get back to what we love and do, and in a responsible way.

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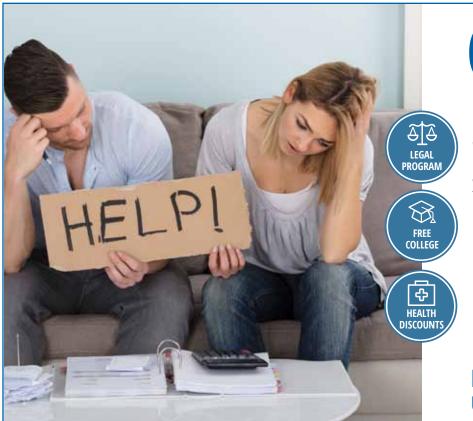








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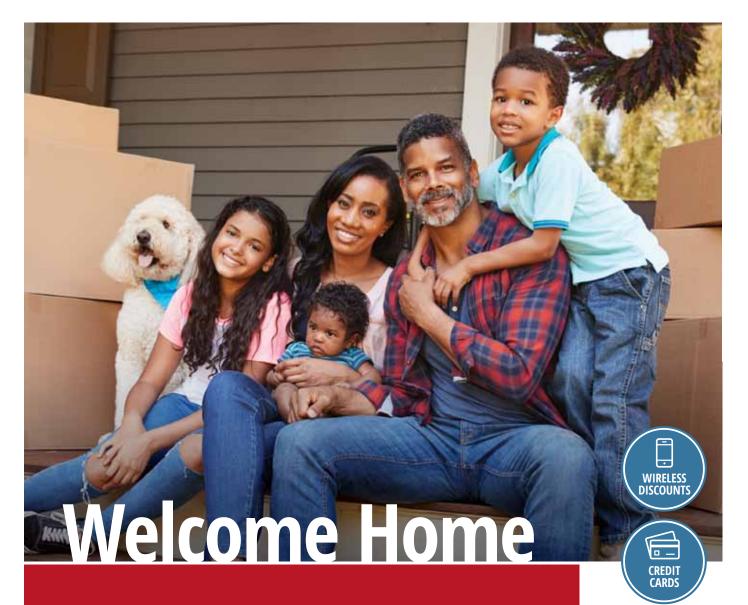
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